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Hommage to Bacchanalia Andrea Alberto Dutto

In the shadow of institutions, in the darkness of underground passages and caves dug into the guts of the city, the dark side of classicism manifested itself.



fig. A: Peter Paul Rubens, «Bacchanal», 1615

What do we know about (Bacchanalia)? Actually, almost nothing outside the fact that it was a Roman festival of Hellenistic origin, and that it was banned in 186 BC with the famous «Senatus consultum de Bacchanalibus». Compared to other Roman festivals, «Bacchanalia» brought everything to excess: orgies, inebriation and unconstrained euphoria alike. This kind of an extremely immoral attitude is widely acknowledged as the crucial factor behind its ban. Unfortunately, we have no precise information on this festival; Tito Livio describes an extremely violent scene, made of sex and alcoholic excess, which finds a valid pictorial description in the paintings that Rubens or Auguste Leveque dedicate to the subject of Bacchanalia (fig. A). However, this is not the whole story or, at least it is not as evident as it seems. This was not only due to the excessive nature of orgies, as orgiastic rituals were practiced at other festivals, like Saturnalia. Nor was it simply banned due to drunkenness as many other festivals whose Dionysian origin implied alcoholic inebriation. The reason for the ban was not the ritual itself but most probably the surprising level of popularity it reached. Tito Livio refers to at least 7000 members, including both plebeians and aristocrats, whose meetings gradually increased from three to five ceremonies per month. Evidently, this amount of participants could have appeared scary to the Roman Senate, for whom rather than simply a conventional festival, (Bacchanalia) seemed a sort of secret organization that could threaten the institutional mechanics.

At first this festival finds a diffusion in the countryside and only later it extends to the city, namely the (Urbs)¹. In the eyes of the (Bacchanalia) members from the countryside, the most hidden corners of Republican Rome appeared as artificial caves where the rite could be sheltered from the (panoptic) eye of the institutions. For this reason, several historians have associated the (Bacchanalia) with the concept of (mundus), or a dark place most probably sited underground, through which a connection between the earthly (Urbs) and the frightening underground world was made possible.

Moreover, unlike other festivals, the Senate did not consider adapting the Bacchanalia> to other purposes. It was simply banned and blatantly eradicated. In the pragmatic mentality of the Romans, these exuberant orgiastic gatherings could not be translated into a useful purpose already performed by brothels where prostitution was legalized and taxed.

Therefore, the prohibition undertaken by the Senate was supposed to be exemplary so that further attempts to establish a non-legitimized organization would be nipped in the bud. In this



fig. B: Sir Lawrence Alma-Tadema, ‹A Dedication to Bacchus›, 1889

law, there was no possibility of architecture and of Bacchanalia, emerge at different historic moments. more generally there was no possibility of founding a system of conventions that could be as universal as classicism claimed to be. Outside the law, everything was thought to be an uncontrolled domain of useless It is common knowledge that in ancient Rome festivals things and unproductive immorality.

sense, it is no surprise that there is a complete absence Therefore, rather than going deeper into the subject of architecture to sanctify the site of Bacchanalia itself, I propose to examine the reason for which this (probably located in the area of the Aventine hill). In phenomenon reappears later on in history, in relation fact, it is widely known that Roman architecture had a to different and sometimes conflicting purposes. public meaning which complied with their laws. The We outlined several essential components of the normative character of Roman architecture (praised by Bacchanalia) among which are institutions, citizens, authors like Adolf Loos and Giorgio Grassi) essentially deities, places, and architecture. I will now take four derived from the abstract character of law. Outside the different perspectives through which specific features

Fake classic

could be public or private, depending on who financed This is more or less what we know about them. Although it is unclear to which category the the «Bacchanalia» festival from historical sources. «Bacchanalia» belonged, like all other festivals, it was the (Urbs), therefore belonging to the public side of the archaeological discoveries of his time met with great city. However, almost two thousand years afterwards, acclaim in the bourgeois market. Simply put, this was the 'publicness' of Roman festivals loses its impotance. due to the fact that the bourgeoisie reflected them-At least this is particularly evident in the domain of arts selves in an ancient model that could act as an ideal and, for this reason, I would like to refer to Sir type and Pompei, the site that Tadema used most Lawrence Alma-Tadema (1836–1912) an English paint- widely, appeared particularly suitable. eroftheVictorianperiod.Inhispaintingshereconstructed settings, monuments, costumes, and poses of the Bacchanalia. This painting has nothing to do with ancients creating a consistent whole. The painter's what we might nowadays think of as the ancient technical abilities emerged in hyperrealism, through narratives of this festival on the excess of obscenity and which Mediterranean lights and colors were accurately excitement described there (fig. B). Excess is literally reproduced. However, even though this rendering of (domesticated), in the sense that it is reduced to a colors triggered surprise and aesthetic pleasure in the domestic fact, namely to a dwelling-like condition. observer, Tadema's paintings were deeply anchored to Nevertheless, it is also pretty evident that in a painting the bourgeois ideology of his time. His obsessive like this, the 19th century bourgeoisie could finally

generally intended as an expression of the multitude of erudition and hyper-accurate reproduction of the

In 1889 Tadema dedicated a painting to the

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represent themselves, without undermining their in which the erudition hid a darker side based on orthodox moral dogmas. Tadema's artistic moves were blasphemous rituals undertaken in the true fashion twofold; on the one hand, he transformed an obscene of (Bacchanalia) festivals. festival into a choreography for good-looking girls; on the other hand, he transformed the background of the Cistercian abbey of Medmenham. Here, once through crowded Roman (Urbs) into a Victorian theatre set. the entrance threshold (portraying a famous Rabelais Briefly, rather than a (Bacchanalia), Tadema represent- quotation (Do what you will)), guests abandoned their ed a sort of Toga Party (a theme he actually devoted institutional role and became libertines. The gatherings himself to), namely a fake classic, complete with took place at night in a grotto, under the hill of good-looking red-haired models dancing in the fore- West Wycombe, which Dashwood had restored and ground of an idyllic landscape. This picture shows us expanded. Here, in a state of drunkenness, participants very well what painting meant for Tadema, namely to undertook orgies and initiation rites which, without domesticate by means of adapting the public to the their knowledge, put them at the risk of being accused private, and thus the savage spirit of the city to the of scandal by the owner, namely Sir Dashwood. Hence calm bourgeois apartment. At the time of the these gatherings hid a misleading political strategy Bacchanalia, painting, Tadema had already applied his thanks to which Dashwood finally achieved an painting strategy to architecture, in the form of his outstanding political position, and finally succeeded in own house in Grove End Road. The interior of this appointing himself as Chancellor of the Exchequer. The house was arranged according to an imaginative contrast between grotto and house, thus between the classicist idea, with Pompeian-style decorations, and legal and illegal, brilliantly represents the contradicopenings that reproduced the Mediterranean light. tion of Dashwood, who, not surprisingly, is portrayed To the extent that everything, even the wicked in a painting by William Hogart as dressed like Bacchanalia, could finally be domesticated, the St. Francis while reading an erotic book. Similarly, problem for Tadema was purely quantitative: his main in the eyes of the people Sir Dashwood was a task became to domesticate as much as he could. benefactor, employing architectural refurbishments as Therefore, in order to re-enact ancient references he an instrument to provide temporary employment to first had to dismantle their disturbing (publicness); poor people. By digging caves and paving roads, he was then, it had to exalt the vices (and not the virtues) of apparently an ideal classicist, voted for and by the the bourgeoisie, its thirst for self-representation public. In this sense, the grotto had a paradigmatic role through accumulation. Briefly, he had to reawaken the of conjunction; it established a connection between savage side of Victorian morality, the bulimic side of the ethic of the good politician above the ground, production and consumption.

Grotto

Which place better than a grotto could represent the event of «Bacchanalia»? As previously mentioned, Narratives on the origins of «Bacchanalia» are historians have proposed the concept of «mundus», particularly intriguing. It is generally agreed that their that is not necessarily related to a physical place but to diffusion in Republican Rome were enhanced by the a mysterious condition that stands for an antithesis of Hellenistic cult of Dionysus in the 2nd century BC. the (Urbs) rational layout; however, it could also have Hence the origin is not generally acknowledged as a the meaning of an underground site, like a grotto. historical event but rather as a mythological narrative. Surely, to a Grand Tour traveler, the discovery of This kind of mythology was inevitably instrumental for Rome's underground subverted the pureness of the artists who throughout the centuries pursued the idea eternal city together with its laws and monuments. In that classical heritage could be put at stake for different the shadow of institutions, in the darkness of under- purposes. An interesting example is provided by ground passages and caves dug into the guts of the city, the rococo painter par excellence Antoine Watteau the dark side of classicism manifested itself. In partic- (1684-1721), inventor of the pictorial theme of the ular, these places must have exercised particular (fête galante). This theme stood for a scene, set in a influence over Sir Francis Dashwood (1708–1781) who, garden where young, stylish comedy characters, stood once returned to his home country England, became in unequivocal poses and postures. The matrices of one of the founders of the Hellfire Clubs.

of prestigious personalities of enlightened England, Watteau's from them, was a detachment from the soaked in classicist ideology (in the sense that being historical events themselves and the choice to translate drunk in Rome was an essential requirement to be them into the present condition in order to confer to invited to the club), gathering, in secret caves and the aristocrats a sort of cultural legitimacy of their basements, for evening parties of pure dibertinage éru- idleness, inspired by mythology. dit>, which often resulted in alcoholic excess and orgies. Though it may seem absurd, these secret festivals acknowledged by the aristocracy; it had to be newly took place at the sum of British neoclassical revival, experienced. For this reason, Watteau acted like an

In 1748 Dashwood began renovating the old with the underground politics of manipulation and libertinage.

Arcadia

these works were Rubens and Poussin's paintings of This denomination stood for clubs made up mythological subjects; however, what distinguished

The myth was not supposed to be simply



fig. C: Jean-Antoine Watteau, «The Embarkation for Cythera», 1717

what he was doing (i.e. which was precisely the mean- of rococo aristocracy, the attitude of Watteau is still ing of his paintings) but rather how the spectator pretty alive and fully operating in the contemporary perceived the effect and identified himself with it. The intellectual milieu. Let us not deceive ourselves. famous painting entitled «Pilgrimage to the Isle of Cythera> (1717) is particularly significant from this point of view (fig. C). The composition is inspired by the theme of the Bacchus festival painted by Poussin, If we now return back to Tito Livio's passage, we see but it is further declined in a natural and non-historical that the fear of the Roman Senate was that the manner. Instead of Bacchus, Watteau shifted the (Bacchanalia) could establish itself as a conspiratorial viewer's attention to an actually existing place, namely social order, with subjects and rules that differed from the Isle of Cythera, also known as a legendary place of institutional ones. In a way, it forecasted the broadly the birth of Aphrodite (the goddess of love). The scene diffused tendency of the subsequent centuries, to is that of an aristocratic party in which several couples deploy antagonistic social formations in opposition to entertain amorous encounters under the shadow of religious and political orders. Among these, a trees. Setting and costumes were painted resembling particularly original theory of an alternative social the conventional dressing codex of the time; yet all of order is outlined by Charles Fourier (1772–1837) in it was simultaneously portrayed in the form of an (Le Nouveau Monde amoureux) (1816). In this book anachronistic and mythical model. In this way, the he outlined a new society based on the concept of love, tragic was replaced by the delightful and so the aristo- meant as a search for bodily pleasure (hence as a crat's idleness finally came into mythology. The festival sexual and non-platonic relationship). In his theory climate transferred reality and the ordinary to a kind of nothing was really utopian, nor divine, or eschatologianachronistic and self-referential limbo. With this cal. Fourier proposed an extremely accurate time move, Watteau joined two goals; on the one hand, he schedule for this society so that desire would become was accredited as a cultured artist, legitimizing himself the highest achievement of a new civilization, called with classicist erudition; on the other hand, he filled Harmony. All members of this society should be able to the ideological void of the aristocracy, by misleading express their desire of love, at all ages, and at its highest them with the idea that everything was good, thus degree of development, in Harmony there would be supporting their lazy and inevitable suicidal choice. sexual freedom and only very little frustration. Indeed, Nevertheless, we should not be disappointed that engagement in sexual activity would put into the all this simply concerns rococo and stops there. background the weight of work, essentially reduced to

illusionist, so that it was not really crucial to understand Indeed, after more than two centuries after the decline

Prophecy

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agricultural activities. To start this process, Fourier had 1 devised a typology of living: the *Phalanstère*, in which a wide range of festive celebrations was planned, including the (Bacchanalia) itself.

Actually, the *(Phalanstère)* was nothing really new from an architectural point of view. Its plan was arranged on the baroque typology of the Palace (i.e. the Palace of Versailles) with the innovative addition of a system of distributional galleries, inspired by the Passages of Paris; in particular, these galleries were heated and sized in order to allow gatherings and collective social events. Nevertheless, we are motivated to think that the strong point of Fourier's theory was not the invention of the (Phalanstère), but rather the reconfiguration of an already existing world, together with its institutions and buildings. The social order of the loving world was intrinsically based on a correction of the moral values of both the aristocracy and the bourgeoisie, respectively hence of the Palace and the Passage. Without this conscious intellectual distinction, the «Phalanstère» as a typology was not enough to provide an interface for change. Several American communities (i.e. The Brook Farm in Massachusetts) who had the illusion that the (Phalanstère) was a sufficient device for their collective utopia to take place, even without a draft revision of their moral values, miserably failed. In this sense, Fourier's theory needed the city as a starting point, from which it was possible to retrieve those gradually marginalized values that could be ultimately promoted. In his view, Harmony should look like the illegitimate son of the capitalist society, and not merely a utopian alternative to it, as we have been made to believe.

Concluding note

The examples of (Bacchanalia) revival we could cite, far exceed the four case studies chosen for this essay. Nevertheless all the examples that might be mentioned display a common matrix: «Bacchanalia» represents a side of Roman culture that was kept outside the law. In other words, it represents an excess of freedom and pleasure that cannot be regulated or restricted to social conventions, both in terms of ethics and economics. In this sense, (Bacchanalia) cannot be considered right or wrong, neither good nor bad; it expresses the dark side of institutions and the exalted expression of vices and delights: the deeper instincts of the body. Hence a serious judgment of (Bacchanalia) would inevitably imply judgement of the human nature and this is certainly not the goal of this essay. Instead it is crucial and seemingly more purposeful to understand the true spirit of (Bacchanalia) with a good sense of humour and its cultural representations, towards science, social and political conventions. Indeed, as Bertolt Brecht once said, «it is all because we have decided that humour belongs in hell, whereas we should not doubt that, in fact, it reigns in heaven. [...] Humour is a sense of distance. [...] Humourless people are ridiculous».²

urbs lat. - die Stadt.

2

Bertolt Brecht, «Brecht on Theatre: The Development of an Aesthetic» (third edition), London, 2014.