

Zeitschrift: The Swiss observer : the journal of the Federation of Swiss Societies in the UK

Herausgeber: Federation of Swiss Societies in the United Kingdom

Band: - (1983)

Heft: 1802

Artikel: Roam free, the youth hostel way

Autor: [s.n.]

DOI: <https://doi.org/10.5169/seals-687143>

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

Download PDF: 10.08.2025

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>

Roam free, the youth hostel way

NO matter what the famous Swiss cities have to offer, they cannot compare with the beauties of the Swiss countryside. And what better way to see that than on foot?

If you really can forsake the trappings of luxury and sophistication for a week or so – and limit your luggage to what can be carried in a back-pack – then a youth hostelling holiday in Switzerland might be right for you.

The idea of roaming freely through the countryside may be appealing but in practice it does help to have a little organisation.

First, hostels can be very popular during the summer months so it's good to know that when you arrive, tired and hungry, there will be a place for you.

Second, there's the question of motivation. When so much of our lives is structured, there is a very real danger that if you woke up in the morning with nowhere to go, you simply would not travel.

The Swiss Youth Hostel Federation has got around this problem very nicely by organising hiking tours in Switzerland which suggest attractive routes between guaranteed hostel beds – yet leave the walker completely free during the day.

For example, one tour takes walkers through the beautiful Bernese Oberland, alongside clear mountain lakes and through flower filled alpine meadows.

The price, which is based on arrival in Interlaken on any Saturday, is Sfr. 200. This covers six accommodation vouchers for specified hostels, breakfasts, dinners and some useful extras such as maps and entrance fees.

The longest walk on this particular tour comes on the second day (when you are pre-

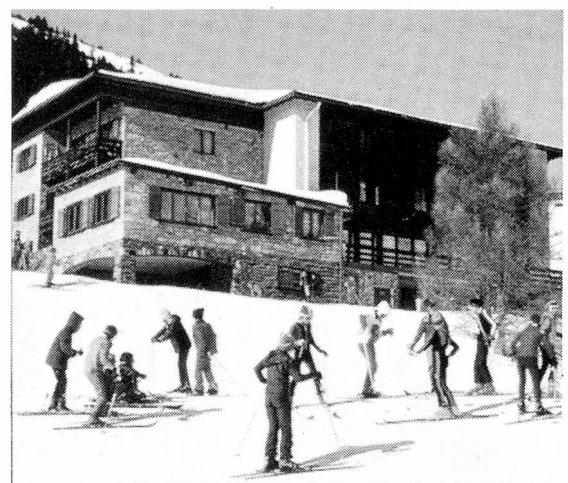
sumably fresh and keen) and takes about seven hours.

Generally, the tours are recommended only to well trained mountain hikers with some experience in the high mountains. The self guided hikes are mainly along established paths, but peaks and ridges are encountered with altitudes up to 1500 metres.

Further information is available from Jugi Tours, PO Box 201, CH-8957 Spreitenbach, Switzerland.



Hiking in the Swiss Alps



Valbella-Lenzerheide



Winterthur-Hegi



Grindelwald