

**Zeitschrift:** The Swiss observer : the journal of the Federation of Swiss Societies in the UK

**Herausgeber:** Federation of Swiss Societies in the United Kingdom

**Band:** - (1978)

**Heft:** 1739

**Artikel:** So you think you can cook, do you?

**Autor:** [s.n.]

**DOI:** <https://doi.org/10.5169/seals-687277>

#### **Nutzungsbedingungen**

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

#### **Conditions d'utilisation**

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

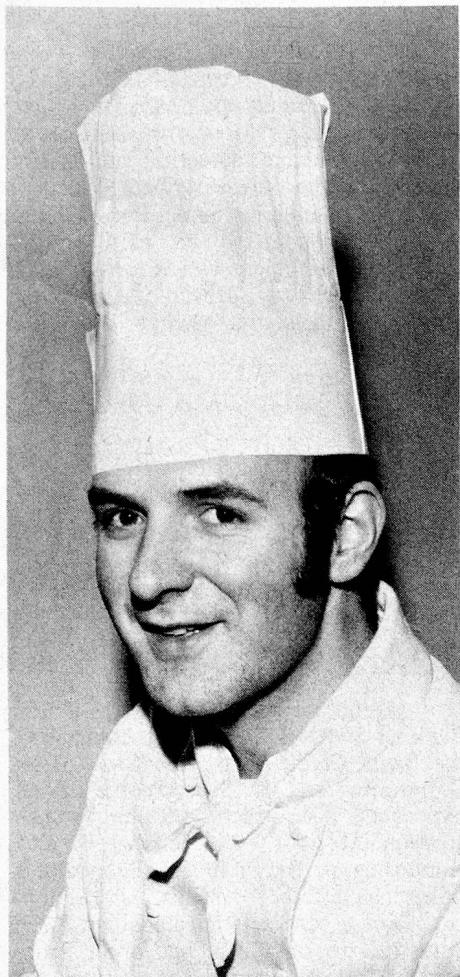
#### **Terms of use**

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

**Download PDF:** 13.01.2026

**ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>**

# So you think you can cook, do you?



Anton Mosiman.

So you think you can cook, do you? Many of you certainly can, some of you probably cook very well indeed. Even your editor likes to dabble in the kitchen when his wife lets him. But about one thing most people who like good

food are agreed — real cooking is hard work.

With that in mind let's meet a man who has devoted his life to fine cooking, who regards cooking as the creative art it is and a way of life and who has reached the pinnacle of his career at the age of 29.

Just such a man is Anton Mosiman, Maitre Chef des Cuisines at London's prestigious Dorchester Hotel.

Born in Kt Solothurn on 23rd February, 1947, Anton Mosiman is the son of a family of restaurateurs. From the age of seven he knew he wanted to be chef and nothing else. To achieve his aim and his phenomenal successes, Anton underwent apprenticeships and training in some of the best establishments in the world including Lucerne's hotel school, the Swiss Pavillion in Osaka, Japan during Expo '70, the Palace in Gstaad and the Rome Hilton to name but a very few.

But about one thing Anton Mosiman is adamant. He has never worked at a hotel just because of its name or reputation. The only possible reason for him to go anywhere was because there was a chef, a maitre, there who could teach him something and from whom he wanted to learn.

Surprisingly perhaps, this good humoured man likes to eat out whenever possible, actually enjoying good food — might there not be a danger that he might see too much of a good thing. And what about his weight? No problem there fortunately, although Anton does indulge in the odd run in the park just to keep in trim.

His busy life precludes him from having any other outside interests — except perhaps his big collection of old books — well over 2,000 of them. Not surprisingly, many of them are on the subject of cooking.

"What they prove" says Mosiman, "is that there really is nothing new in cooking. It has all been done before, under a different name or using different ingredients."

But let us return to what can only be called a busy life. He usually starts work at about 8.30 in the morning and

often does not finish until midnight or even later. With luck he might sometimes manage a few hours off in the afternoon.

Dealing with over 100 chefs as he does might be difficult for an older man so how does this youthful man cope? Quite simply, he says, he tries to motivate. He devotes a lot of his time to developing a meaningful teamwork in the Dorchester's huge and gleaming kitchens — kitchens which are spotless, as one might expect, under the watchful eye of a perfectionist such as Mosiman.

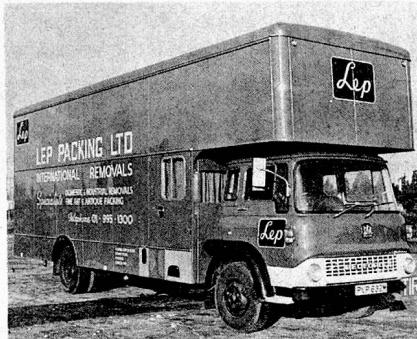
On one subject Mosiman does feel strongly — training. He regards it as part of his job to help the apprentices as much as he can, often by motivation. In the same vein, he compiled the "Lehrbuch der Küche", the main cookery training book now used in Switzerland. He also has further literary aspirations, admitting that he would like to write a book one day but as yet has not clarified his ideas.

His other main hobby is worth mentioning. Quite simply he likes entering and winning international culinary competitions. To date he has won no fewer than six international gold medals and, along with his team, achieved the almost impossible by winning gold medals for all 12 dishes they cooked — created is probably a better word — at a Frankfurt competition.

So what better way could there be of thanking Anton Mosiman for talking to the *Swiss Observer* than by publishing (with acknowledgement to the *Caterer and Hotelkeeper*, 28th July, 1977) the menu for the meal which stands out most in his mind — the one which won him a German gold medal in 1972?

WGS

**Delice de Fruits de Mer en Surprise**  
**Suprême de Volaille Maitre Albert**  
*(Named after a chef in Montreal)*  
**Fonds D'Artichauts Jacqueline** (stuffed  
with leaf spinach)  
**Pommes Soufflées** (served in a potato  
basket)  
**Crepes sans Rival** (filled with creme  
patisserie and Chinese gooseberries)



## TRAVEL WEEKLY TO AND FROM SWITZERLAND AND ENGLAND

Providing DOOR TO DOOR SERVICES  
with vans specially equipped to carry

- HOUSEHOLD REMOVALS
- EXHIBITION GOODS
- WORKS OF ART — MACHINERY

For full information contact:—

LEP PACKING LTD., CORNEY ROAD, CHISWICK, LONDON W4  
TEL: 01-995 1300 (Ext. 110) TELEX: 23944