

**Zeitschrift:** The Swiss observer : the journal of the Federation of Swiss Societies in the UK

**Herausgeber:** Federation of Swiss Societies in the United Kingdom

**Band:** - (1951)

**Heft:** 1150

  

**Rubrik:** Unione Ticinese

### **Nutzungsbedingungen**

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

### **Conditions d'utilisation**

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

### **Terms of use**

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

**Download PDF:** 04.04.2026

**ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>**

**THE TECHNIQUE OF SKI-ING.****"Power Ski-ing Illustrated."**

By TYLER MICOLEAU.

Published by Nicolas Kaye 12/6 net.

"When you drive an automobile and you come to a corner, you turn the wheel. It is as simple as that. The rest is judgment; you judge how far and how fast to turn. Then there is experience. You learn what to expect. . . . When you are an Expert, ski-ing is as simple as that."

With these words the author introduces to the reader his handbook on Ski-ing. It is the latest addition to the Kaye Sports Library to which Experts in every kind of sport, football, golf, boxing and so forth, have contributed.

"It is as simple as that"! This is the keynote of Mr. Micoleau's teaching. It runs through the whole of his course of instruction. The art of ski-ing, he says, is simpler than most people will have you believe, you make appropriate and power-giving motions with your shoulders, the rest follows naturally. Once you have mastered the exercises, he adds, you will suddenly find yourself emancipated from them and you wonder, as others have wondered before you, why people have to learn so labouriously these motions which, once learned, seem so easy and instinctive.

The book, illustrated by the author himself, has the merit of providing mainly visual demonstration, the reading matter is reduced to a minimum. Every aspect of the art of ski-ing is made clear by means of

several hundreds of beautifully drawn pen-and-ink sketches. These sketches and the appropriate explanations which accompany them convey in no uncertain fashion the principles that underlie the sport, the principles, as the author describes them, of the dynamic technique. Step by step, from walking, climbing and turning, he takes the learner through every phase of this fascinating motion until he reaches the point where "powering" and controlling your flight and the "stunts" can be attempted.

Useful and practical hints are given on the construction of the ski from hickory wood, the accepted material for its manufacture, on the most suitable type of boot, the way to test it and the correct method of fastening it to the ski, on how to hold the pole and such matters. In the subsequent sections the timing and rhythm of the motions are developed and the final chapter deals with some of the things you must not do.

To the novice and to the expert alike this should be a most valuable handbook. It brings out the beauty and the exhilaration of ski-ing and illustrates the vibrant, wild rhythm that is its essence and its charm.

*J.J.F.S.***UNIONE TICINESE TEA DANCE.**

A report of the Tea Dance of the above Society, which took place on Sunday, December 10th, 1950, at the Dorchester Hotel, Park Lane, W.1, will appear in our next issue.

**YOU** know the joy and pleasure of a holiday in Switzerland. Perhaps your English friends do not. Please put them wise, and ask them to apply for full information, also travel tickets by Rail or Air to :—



Ch. Dubost, Montana.

**THE SWISS NATIONAL TOURIST OFFICE AND  
OFFICIAL AGENCY FOR THE SWISS FEDERAL RAILWAYS**

458/9, STRAND LONDON, W.C.2