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TRAUMDEUTUNG, TRAVEL, TRANSLATION.

«In previous decades I frequently had travel dreams in which the most
marvellous landscapes followed one another; since I began travelling (1895),
they have become rare.» (Siehe Freud, Meine individuelle Traumcharakteristik,
Kopie im Freud Museum, London)

Previous «decades», not «years». This sets the phenomenon in
a wide time scale. Freud is looking back over his whole adult
life from the vantage point of his mid-fifties. Those landscapes
represented the future of his past, his past desires, now lost
because subsequently fulfilled.

If those dream landscapes
are the form of that future in the past,
space representing time, what are we to
make of this other landscape which we
find in a letter written on 6th August 1899
to Wilhelm Fliess:

«The whole thing [i.e. «The Interpretation of Dreams»]
is planned on the model of an imaginary walk. At
the beginning, the dark forest of authors (who do not
see the trees), hopelessly lost on wrong tracks. Then a
concealed pass through which I lead the reader —
my specimen dream with its peculiarities, details,
discrepancies, bad jokes — and then suddenly
the high ground and the view and the question: which
way do you wish to go now?»

At first sight this is evidently mytholo-
gico-metaphorical territory, the future and
desired book laid out as if it were a land-
scape. And it is something like an echo of
Dante’s Inferno. The dark forest here is not
only an equivalent of the «selva oscura» of
Dante’s opening lines, it is also the pathless
wood of the 13th canto, in which the trees
were once human, for this is a «dark forest
of authors». Curiously, these hapless author-
ities of the dream cannot see the trees,
that is, they cannot see themselves, since
they themselves are the trees which form
this wood. This is a reversal of the proverb
about those «who cannot see the wood for
the trees». These early writers have, it
seems, all made a similar mistake, of being
unselfconscious. They have sought a system
but disregarded the part played by the self.
Though many have used their own dreams
as evidence, none of them have followed
the devious tracks leading from the waking
self that describes the dream to the desires
it expresses. What Freud followed and the
others had neglected is the form of the ex-
pression, since the only evidence of that
devious connection between sleeper and
conscious self is encoded in the language of
the description.

Five days before the letter to Fliess
which I have just quoted, on 1st August
1899, Freud wrote to his friend of another
landscape, and a real one this time — the
scenery around Berchtesgaden:

«Things are incomparably beautiful here; we take
walks, long and short, and all of us are very well, ex-
cept for my occasional symptoms. I am working on
the completion of the dream book in a large, quiet,
ground-floor room with a view of the mountains.»

Like a quattrocento narrative painting,
these sentences depict the scholar at work
in his beautiful study and through its win-
dows a view of the mountains, where, at
the same time in the background, we also
see the same figure walking in those
mountains. Here the working and the
walking are connected (as is the dreamed
image to the waking reconstruction of the
dream).

Following our guide out of the meta-
phorical dark wood of the book’s opening
chapters, we are lead through «a concealed
pass» (the specimen dream). Having read
the letter above, we might even be tempted
to look for its original source in the land-
scape near Berchtesgaden, but perhaps it
would be better to restrict the search to
Freud’s study. On the wall hangs a print of
Ingres’ famous painting «Oedipus and the
Sphinx», showing the narrow path be-
tween overhanging cliffs where the hero
confronts the monster. This is certainly
«ein verdeckter Hohlweg», as Freud called it.
And since the parable of the guided walk
was recuperated from the letter to Fliess for
the opening of chapter 3 of «The Interpre-
tation of Dreams», the pass not only shows
us the path we have followed so far, it also
serves, in the context of the book as a whole, as an imagistic hint at what is to come, namely the first appearance of the Oedipus complex which we will not reach until part D of chapter 5.

Returning to the characterisation of his own early dreams, Freud notes that the «most marvellous landscapes followed one another». Each landscape was different, but each was another expression of the general desire to travel. But in 1895 they became rare, for Freud began travelling in reality. Now strictly speaking, he had already been travelling for years before 1895 — to England in 1875, to France in 1886 and 1889, many times to Germany and to various parts of the Austrian Alps for the summer holidays. However 1895 remained a key date for him as far as travel was concerned and for one reason — because that was the first holiday in Italy. Obviously real travel meant the Mediterranean world. In the summer of 1895 he travelled only to Venice. Rome was to remain the main object of his Italian desires and he did not reach it until 1901: there is a series of dreams in «The Interpretation of Dreams» related to this still unfulfilled longing for the Eternal City. But 1895 is also a key date for other reasons. In later years it was the date Freud chose as the founding year of psychoanalysis. It was the year that Breuer and Freud published the «Studies on Hysteria» with Freud’s seminal chapter «The Psychotherapy of Hysteria». It was also the year during which he generated the unfinished, so-called «Project for a Scientific Psychology». And as far as the dreams were concerned, 1895 is the year in which he dreamt the dream of Irma’s injection, the first dream he analysed to his own satisfaction: the key specimen that figures in his landscape metaphor as the «concealed pass» through which he leads the reader.

Language’s Inadequacy

Travelling back, then, to the beginning of travels and the beginning of psychoanalysis, we return to another, metapsychological, dimension to the trope of the concealed pass, namely as a visual analogy for the phenomenon of consciousness. Near the culmination of his chapter on the «Psychotherapy of Hysteria» in the «Studies on Hysteria» Freud discusses the complexity of the hysterical symptom:

«If it were possible, after the case had been completely cleared up, to demonstrate the pathogenic material to a third person in what we now know is its complicated and multi-dimensional organization, we should rightly be asked how a camel like this got through the eye of the needle. For there is some justification for speaking of the «defile» of consciousness.»

Instead of Greek myth, this version of the mountain pass [«Enge des Bewusstseins»] hints at the famous Biblical camel parable. But in common with the Oedipus story, this parable also carries the connotations of a paradoxical riddle, a seeming impossibility. Many of Freud’s similes and analogies seem to be improvised on the spur of the moment and this is one of the attractions of his style, but in the case of this «defile» it recurs in several places. And on first use here it is self-consciously introduced:

«For there is some justification for speaking of the «defile» of consciousness. The term gains meaning and liveliness for a physician who carries out an analysis like this. Only a single memory at a time can enter ego-consciousness. A patient who is occupied in working through such a memory [a pathogenic one] sees nothing of what is pushing after it and forgets what has already pushed its way through.... The whole spatially extended mass of psychogenic material is in this way drawn through a narrow cleft and thus arrives in consciousness cut up, as it were, into pieces or strips.»

And it is important to note that the casual phrase «as it were» (in German simply the word «wie») is there to remind us, in case we forgot, that we are all the time dealing in analogies, similes, images.

At this point it might be useful to glance at the role of simile in Freud’s theoretical formulations at this period, since it relates closely to his, highly significant, embarrassment about his literary style. He is at this time self-consciously concerned about his inability to describe the concepts he has conjured up. No single image is suitable: he repeatedly refers to his, or the language’s, inadequacy. Earlier on in the «Studies on Hysteria», in his theoretical discourse on the arrangement of pathogenic memories, having introduced a basic linear and chronological sequence like «a dossier kept in good order», he then overlays that metaphor with a secondary geometrical pattern. This is where the embarrassment
begins to intrude. *Freud* elaborates the description as follows:

> «I have described such groupings of similar memories into collections arranged in linear sequences (like a file of documents, a packet, etc.) as constituting themes. These themes exhibit a second kind of arrangement. Each of them is – I cannot express it in any other way – stratified concentrically round the pathogenic nucleus.»

This explicit unease about style is not the embarrassment of a novice. Even as a teenager *Freud* was a consummate letter writer and by the mid-1890s he had been publishing a stream of scientific papers, translations and reviews for the past twenty years. What concerns *Freud* here, what causes his unease, is uncertainty how he will be read. He is worried that readers may take his images too literally, as descriptions of physical facts. So in this same convoluted passage, in which he is trying to conceptualize the devious pathways of the pathogenic memories leading to hysteria, *Freud* introduces layer after layer of schema. First the straight line of the chronological sequence, then the concentric strata of conscious and unconscious memories, finally the broken and zigzag pathways of the logical thread. At the end he admits:

> «I am making use here of a number of similes, all of which have only a very limited resemblance to my subject and which, moreover, are incompatible with one another. I am aware that this is so, and I am in no danger of over-estimating their value. But my purpose in using them is to throw light from different directions on a highly complicated topic which has never yet been represented. I shall therefore venture to continue in the following pages to introduce similes in the same manner, though I know this is not free from objection.»

Here a discrepancy between the original and the English translation is worth mentioning. The English words «topic» and «represented» lack the force of the German
which is more concrete: «ein höchst kompliziertes und noch niemals dargestelltes Denkobjekt von verschiedenen Seiten her zu veranschaulichen.» The crux is in that final verb «zu veranschaulichen» and the hitherto unknown «Denkobjekte». Mental processes are «thought-objects», but ones that cannot be visualized in their entirety, only illuminated from various angles. Still photographs are inadequate. The best that can be achieved is the cinematic effect of travelling, the eye of the mind circling the representation. No single viewpoint or simile can capture the whole thing and subsequent similes will appear incompatible if we try to visualize the whole thing as a flat object or even as a three-dimensional structure. Our movement round the object—the different viewpoints or analogies—and the multiplicity of images are part of the «topic».

«Defile of consciousness»

Metaphorical travelling continues through the following pages: «Whenever we have opened a new path... we may expect him to advance some distance», «We undertake the opening of the inner strata, advancing radically...», «We must get hold of a piece of the logical thread, by whose guidance alone we may hope to penetrate to the interior...» etc. The last of these images shows that we have entered new mythological territory, namely the labyrinth.

The description of mental phenomena results in a confused picture and only logic can simplify it. But the language of the description is itself part of the confusion. And this problem of adequate expression continues inevitably into the «Interpretation of Dreams» five years later. In a subsequent letter to his friend Fliess, of 11 September 1899, Freud speaks regretfully of his stylistic uncertainties:

«The dream material itself is, I believe, unassailable. What I dislike about it is the style, which was quite incapable of noble, simple expression and lapsed into facetious circumlocutions straining after metaphors. I know that, but the part of me that knows it and knows how to evaluate it is unfortunately the part that does not produce.»

This passage betrays a longing for a scientific description not implicated in the undtiness of the object. Yet the image of the «defile of consciousness» through which

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the unconscious material must pass, cut up and strung out in single line, had already shown that this is no longer possible, given the four-dimensional and unvisualisable nature of the object.

In the conducted walk that began this paper, the guide took us to a metaphorical hilltop and then asked where we wanted to go from there. This scenario recurs in another form, in one of Freud’s Rome dreams: «...someone led me to the top of a hill and showed me Rome half-shrouded in mist; it was so far away that I was surprised at my view of it being so clear. ... the theme of the promised land seen from afar was obvious in it. » Moses is, of course, doomed never to enter the promised land he glimpses from afar. Freud’s longing for Rome, on the other hand, was satisfied a year and a half after the dream book was completed.

But the relation between reality and the life of the mind remains «half-shrouded in mist.» At the end of the dream book Freud poses the rhetorical question: «But what of the practical value of this study...? Have not the unconscious impulses brought out by dreams the importance of real forces in mental life? » And he responds to his own queries: «I do not feel justified in answering these questions.» The pathways by which psychical interacted with physical reality could not be traced in the abandoned 1895 «Psychology for the Neurologist» and Freud was not going to lose himself on a similarly futile mission only four years later. The two spheres remain segregated, as they still do today, and will be for as long as our present secular Weltanschauung prevails. Freud does not attempt to redefine the borders of the real. This is a philosophical task and therefore one he would habitually avoid. So in the last pages of his book he affirms:

«Whether we are to attribute reality to unconscious wishes, I cannot say. It must be denied, of course, to any transitional and intermediate thoughts. If we look at unconscious wishes reduced to their most fundamental and truest shape, we shall have to conclude, no doubt, that psychical reality is a particular form of existence not to be confused with material reality.»

Material and psychical reality are separate domains, and both are differentiated from the status of the «transitional and intermediate thoughts» which have no claim to any type of reality. In one stroke Freud has, like Shakespeare’s Prospero, «buried his
DREAM ANALYSIS


Michael Wirth