

Zeitschrift: Helvetia : magazine of the Swiss Society of New Zealand
Herausgeber: Swiss Society of New Zealand
Band: 81 (2015)
Heft: [4]

Rubrik: Funtips

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

Download PDF: 06.01.2026

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>

Funtips



Tête aux Chamois - Via Ferrata - Les Diablerets

What a sport: Via Ferrata "à la française" is running through the drops on the north side of the Tête aux Chamois: numerous extremely exposed traverses and in between you encounter shorter vertical passages. The essence of a modern via ferrata is a steel cable which runs along the mountain route and is periodically (every 3 to 10 metres) fixed to the rock. Using a via ferrata kit, climbers can secure themselves to the cable, limiting any fall. Essentially, it follows a series of natural ledges, comfortably wide in places, but often narrowing. Until just wide enough to take a foot; the traverse of the "Rocher Jaune" is guaranteed to set your hair standing on end. An unusual feature is that you climb down to the start, and from the finish you climb up to the cable car. The Via Ferrata extends over about 800 metres. Region: The Alps of Vaud, Les Diablerets Peak: Tête aux Chamois (2,525 m) Time required: in total 3 hours (via ferrata 2 1/4 hours.)

<http://www.myswitzerland.com/en-us/tete-aux-chamois-pure-adrenalin.html>

Salt Mines – History of White Gold – Bex

For centuries the ownership of salt mines meant wealth and power. The salt deposits at Bex, discovered in the

15th century, are still mined today. The salt mines are accessible to visitors. A museum depicts the mining of salt from 1684 to the present. A visit to the Mines can be enjoyed whatever the weather (18° in the dry)!

www.mines.ch/en Photo: <http://www.myswitzerland.com>

Paléo Festival Nyon



Since 1976 – and the «First Folk Festival» that drew an audience of some 1,800 people in the town assembly rooms in Nyon –, the Paléo Festival is today one of Europe's most important musical events. Since its creation, the festival has been growing in a regular and managed way, gaining steadily in professionalism during this period of development. Each year, more than 250 concerts and shows are on offer to the 230,000 members of the public who fill the festival's 84-hectare site (car parks included), situated above the town of Nyon. To this day, nearly 6 million people have contributed to this unwavering popular success. For more than twelve years, the festival has been sold out before it even started and enjoys an ever-growing reputation. In 2014, over 600 media professionals covered an edition that was noted for some unforgettable shows and a variety of architectural and artistic structures inviting dreamlike contemplation.

<http://yeah.paleo.ch>

Photo: <http://doubl3cream.com/2015/04/paleo-2015-le-programme-de-la-40eme-edition/>

The Grangettes Nature Reserve - Noville

The Rhône Delta on the eastern shore of Lake Geneva is an internationally significant resting place for migrating songbirds and an important habitat for water and wading birds. So far over 250 species have been observed here.

How to get there:

By car: take the motorway, exit at Villeneuve and follow the edge of the lake and cross the bridge at Eau-Froide.

<http://www.tem-navigation.com/>

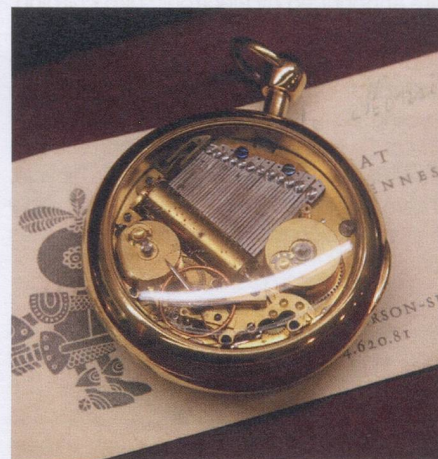
Mountain bike tour Bretaye – Ollon

Enjoy the wonderful views of Lake Geneva and its environs on the 20 km route. At the end of the trail you will arrive in Ollon, a village with magnificent vineyards.

The trail leads you past the quarry of Les Tailles and Les Ecoverts, along the famous salt trail through the old village of Panex and past the magnificent vineyards of Ollon.

The route is marked with red markers in one direction only: Bretaye – Ollon

<http://www.myswitzerland.com/en-us/mountain-bike-tour-bretaye-ollon.html>



Museum of Music Boxes and Automaton - Sainte-Croix

The clockmaker Antoine Favre-Salomon, a native of Geneva, invented a musical pocket watch in 1796. Since then he is considered to be the inventor of the music box and Sainte-Croix became the world capital of mechanical music. Music automatons are still produced here. Sainte-Croix welcomes visitors with a sign-post stating: "Welcome to the land of mechanical dreams".

<http://www.myswitzerland.com/en-us/cima-museum-centre-international-de-la-mecanique-d-art.html>

