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## Swiss News

Feel free to stay in a cabin or bring your own tent if you prefer that.

### ACTIVITIES

We will organise long and short walks that will suit all ages and simply enjoy a fun weekend away. If you're not too keen on the walks itself but still want to join us, Long Bay Motor Camp has an on-site boat ramp, fishing charter, playground, kayak hire, easy access to fishing, water sports, safe swimming for all ages, kauri tracks and is only 3km away from Coromandel Town.

### PRICES

Still to be confirmed, but will be very reasonable and include breakfast and dinner, similar to our Tongariro and Whatipu weekends.

### TO GET THERE

We will carpool or if you prefer you can take the ferry from Auckland to Coromandel. We could organise to pick you up from the wharf there.

If you would like to book your accommodation or have any questions, please call Tanja on 021 101 4432 or email Tanja.Latham@swiss.org.nz

We're looking forward to a fantastic and memorable weekend away together with the Hamiltonians!

### We welcome the following new members to the Auckland Swiss Club:

Helena Moors and Caleb Rosamund, with Saskia  
Valeria and Malcolm Andrews, with Larissa and Clara  
Alex and Kylie Hasler, with Ollie and Ellie  
Lina Saysongkham  
Claude Pertusati Bruna and Clemens Martinoli with Yannick and Ryan  
Peter and Andrea Mathis.

## Nestlé's milk boom in China

Nestlé sales in the China region grew 29.3% to CHF6.618 billion in 2013. 90% of products sold are manufactured in China. China is Nestlé's second-biggest market behind the United States (25.3% of sales). As of June 2014, the company employed 53,000 people in the region, in 33 factories and four research and development centres. Each year, the Chinese milk market grows by about the equivalent of the entire Swiss market.

As in Switzerland, the number of small dairy farms in China is declining, says Hans Jöhr, Nestlé's director of agriculture. It's estimated that by 2020 some 100 million Chinese will move from the country to the cities. If such estimates are borne out, it would be the largest migration from country to city in the history of humanity.

In this context, the number of dairy farmers in the Shuangcheng district has fallen from 32,000 in the early 1990s to just 6,500 today.

Fresh milk consumption in the China region has grown by 5% a year since 2011. While Nestlé still has just three Nespresso stores in the region – in Beijing, Shanghai and Hong Kong – the potential of the coffee market is huge. Just 20 years ago, the drink was practically unknown. Today, 50 million of 1.3 billion Chinese are coffee drinkers.

Extract from [www.swissinfo.ch](http://www.swissinfo.ch)  
by Tanja Latham-Zurbrugg

## Summer Herbs: Borage



This is an annual plant with stems up to 1m in height and width. It grows in most conditions but prefers moist and sunny places. It seeds and self sows freely. It will die back at the end of summer but new plants seeded in late summer will survive winter. The leaves are hairy and can be irritating to some but the bees love the pretty star blue flowers that are edible and taste like cucumber. Young leaves can be used in salads, the flowers in drinks or frozen in ice blocks or candied for garnishing. You can also make a borage drink using the young leaves steeped in fresh water until the flavour is released then strain and add sugar to taste. Add white wine and decorate with thin slices of lemon and borage flowers to make a pretty party drink.

By Melissa Lanz

Reference: The New Zealand Herb calendar A season by season guide.  
Beatrice Hale & Elizabeth Hinds

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