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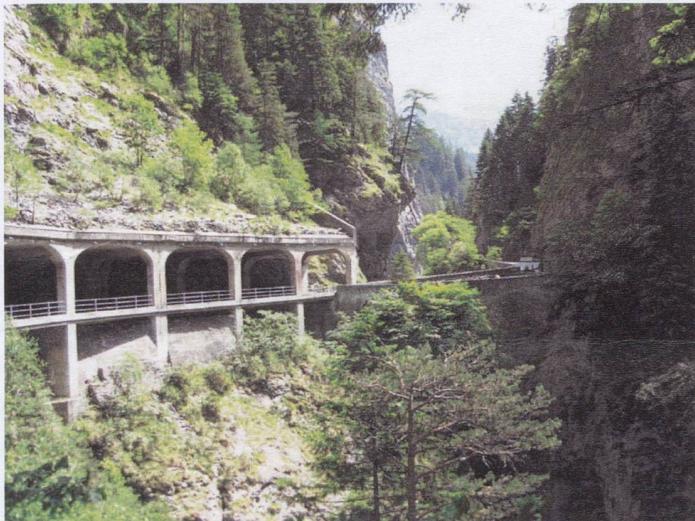
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## Via Mala

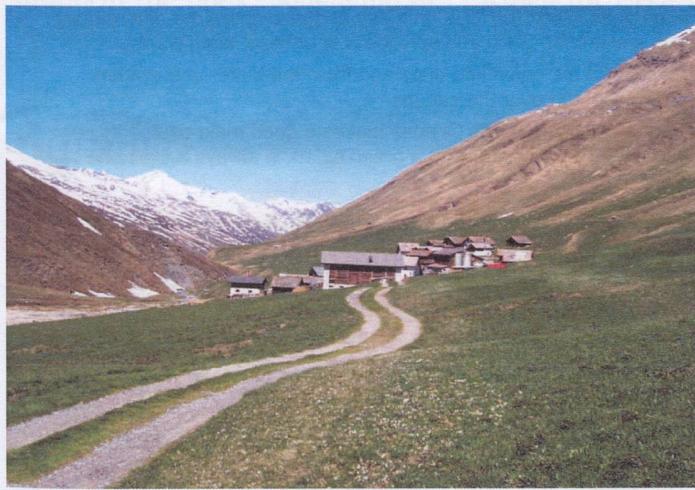
To experience the Via Mala in full, don't miss out on descending 321 'safe' steps to the Rhine, admiring the potholes and the old bridge dating from 1739, and hiking along the old pack trail.



Via Mala

You can walk through the Viamala (Via Mala) from Thusis on the old pack trail. In May 1788, Goethe travelled to Italy through the Via Mala. Although he didn't leave any literary records of the trip, he did make some pen-and-ink and pencil sketches to document his route.

## Juf



Juf

Juf, at 2126 m above sea level, is the highest village with permanent residents in Switzerland and in Europe. It has a population of about 24 inhabitants divided over 6 families. They were 20 in 1991 and 30 in 2001. The first inhabitants were immigrant Walser who arrived in 1292.

## Zillis

The earliest preserved, figuratively painted wooden ceiling in Europe can be seen above the nave of St Martin's Church in Zillis. Today only three other painted ceilings from the Middle Ages remain.



St Martin's church in Zillis

The Zillis ceiling comprises 153 painted panels, arranged as on a medieval map of the world. There is a border representing the ocean surrounding the Continent, on which the Life of Christ and the legend of St Martin are portrayed.



Ceiling of St Martin church in Zillis

In winter the parishioners do without heating in the church for the sake of the paintings and hold their services in the parish hall. Only funeral services and the school Christmas celebrations on Christmas Eve take place in the moderately heated church during the cold season. *from the internet*