

Zeitschrift: Helvetia : magazine of the Swiss Society of New Zealand
Herausgeber: Swiss Society of New Zealand
Band: 76 (2010)
Heft: [2]

Artikel: Appenzell Innerrhoden
Autor: [s.n.]
DOI: <https://doi.org/10.5169/seals-944125>

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

Download PDF: 19.08.2025

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>

Appenzell Innerrhoden

With a population of just over 15,000 and an area of 172 km², Appenzell Innerrhoden is the smallest canton of Switzerland by population and the second smallest by area; only Basel-City is even smaller.

constitution of its own. Repeated attempts of the abbots to bring Appenzell under a stricter rule were defeated in the battles of Vögelinsegg (1403), and of the Stoss (1405). In 1411 Appenzell was placed under the protection

(general assembly) in a square in Appenzell, vote on laws and elect the Governing Council.

In 1991, following a decision by the Federal Supreme Court of Switzerland, Appenzell Innerrhoden became the last Swiss canton to grant women the vote on local issues.

Due to the split of Appenzell into two half cantons along religious lines in 1595, the population is still nearly all Roman Catholic (81%), with a small Protestant minority (10%).

Cattle breeding and dairy farming are the main agricultural activities. Appenzeller cheese is widely available throughout Switzerland.

By the early 2000s, the idyllic countryside of Appenzell Innerrhoden apparently became popular with nudists, but at the 2009 Landsgemeinde the canton's residents voted to prohibit naked hiking. Violators will be fined.

from Wikipedia



Pastoral landscape of Appenzell Innerrhoden

The name Appenzell means "cell (i.e. estate) of the abbot". This refers to the Abbey of St. Gall, which exerted a great influence on the area. By the middle of the 11th century the abbots of St Gall had established their power in the land later called Appenzell, which, too, became thoroughly germanized; its earlier inhabitants were probably romanized Raetians.

As early as 1377, this portion of the abbots' domains formed an alliance with the Swabian free imperial cities and adopted a

of the Swiss Confederation, of which, in 1452, it became an allied member, and in 1513 a full member.

Most of the canton is pastoral, this despite being mountainous. The Säntis peak in the Appenzell Alps is one of the main attractions of the canton. There are three small mountain lakes in the canton: Seealpsee, Sämtisersee and Fälensee.

Appenzell is the capital of Appenzell Innerrhoden. Its citizens assemble every last Sunday of April for the Landsgemeinde

INSIDE THIS ISSUE

Editorial/Poem	2
Carolyn Lane	3
Talerschwingen/Wildkirchli Albert Manser	4
Appenzeller cheese/The Fälensee	5
Where is Switzerland's cheapest place to live/Recipe/Witze	6
Children's page	7
Swiss club news/Obituary	8-10
Swiss news	11-15
Hufflattich - Coltsfoot	16