

Zeitschrift: Helvetia : magazine of the Swiss Society of New Zealand
Herausgeber: Swiss Society of New Zealand
Band: 69 (2003)
Heft: [6]

Artikel: For all you chocoholics out there
Autor: [s.n.]
DOI: <https://doi.org/10.5169/seals-945620>

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

Download PDF: 21.01.2026

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>

If undelivered please return to:

The Secretary of the Swiss Society of New Zealand (Inc)
Silvia Schuler
Skinner Rd, RD 23
STRATFORD

Permit Post 
New Zealand
Permit 93966

(Registered at the GPO Wellington as a Magazine)
Monthly Publication of the Swiss Society of New Zealand (Inc)

For all you chocoholics out there

Chocolate is a vegetable!!!

Chocolate is derived from cocoa beans.

Beans = vegetable.

Sugar is derived from either sugar cane or sugar BEETS.

Both of them are plants, in the vegetable category.

Thus, chocolate is a vegetable.

To go one step further, chocolate candy bars also contain milk,
which is dairy.

So candy bars are a health food.

Chocolate-covered raisins, cherries, orange slices and strawberries
all count as fruit, so eat as many as you want.

Remember:

'STRESSED' spelled backward is **'DESSERTS'**

I Remember

I remember the cheese of my childhood
and the bread that we cut with a knife
When the children helped with housework
And the men went to work - not
the wife

The cheese never needed an icebox
The bread was so crusty and hot
The children were seldom unhappy
And the wife was content with her lot

I remember the milk in the billy
With yummy rich cream on the top
Our dinner came from the oven
Not from the fridge or the shop
The kids were a lot more contented
They didn't need money for kicks
But a game with their mates in the
paddock

And sometimes the Saturday flicks
I remember the shop on the corner
Where a pennyworth of lollies were
sold

Do you think I'm a bit too nostalgic
Or is it I'm just getting old?



I am fine thank you

There is nothing the matter with me

I am as healthy as I can be.

I have arthritis in both my knees

And when I talk, I talk with a wheeze.

My pulse is weak, and my blood is thin,
But I am awfully well for the shape I am in.

Arch supports I have for my feet

Or I wouldn't be able to be on the street.

Sleep is denied me night after night.

But every morning I find I am all right.

My memory is failing, my head's in a spin
But I am awfully well for the shape I am in.

The moral is this as my tale I unfold

That for you and me who are growing old,

It's better to say "I am fine" with a grin

Than to let folks know the shape I am in.

How do I know that my youth is all spent?

Well my "Get up and go" has got up and went

But I really don't mind when I think with a grin
Of all the grand places my "Get up has bin!!"

Old age is golden I've heard it said.

But sometimes I wonder as I get into bed
with my ears in the drawer, my teeth in a cup,
my eyes on the table, until I wake up.

When sleep overtakes me, I say to myself
"Is there anything else I could lay on the shelf?"

When I was young my slippers were red

I could kick my heels over my head.

When I was older my slippers were blue
But still I could dance the whole night through.

Now I am old my slippers are black,
I walk to the store and puff my way back.

I get up each morning and dust off my Wits
and pick up the paper and read the "obits".
If my name is still missing I know I am not dead,
So I have a good breakfast and go back to bed!!!

Answers to names of birds

- | | | |
|----------------|----------------|------------------|
| 1. Eagle. | 2. Cuckoo. | 3. Chook. |
| 4. Swallow. | 5. Morepork. | 6. Magpie. |
| 7. Liar. | 8. Moa. | 9. Humming Bird. |
| 10. Crow. | 11. Lark. | 12. Tem. |
| 13. Flamingo. | 14. Falcon. | 15. Wren. |
| 16. Stilt. | 17. Crane. | 18. Penguin. |
| 19. Pelican. | 20. Partridge. | 21. Dove. |
| 22. Bellbird. | 23. Thrush. | 24. Turkey. |
| 25. Blackbird. | 26. Stork. | 27. Shag. |
| 28. Skewer | | |