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### For all you chocoholics out there

Chocolate is a vegetable!!!

Chocolate is derived from cocoa beans.

Beans = vegetable.

Sugar is derived from either sugar cane or sugar BEETS.

Both of them are plants, in the vegetable category.

Thus, chocolate is a vegetable.

To go one step further, chocolate candy bars also contain milk, which is dairy.

So candy bars are a health food.

Chocolate-covered raisins, cherries, orange slices and strawberries all count as fruit, so eat as many as you want.

**Remember:**

**'STRESSED'** spelled backward is **'DESSERTS'**

### I Remember

I remember the cheese of my childhood  
and the bread that we cut with a knife  
When the children helped with housework

And the men went to work - not  
the wife

The cheese never needed an icebox  
The bread was so crusty and hot  
The children were seldom unhappy  
And the wife was content with her lot

I remember the milk in the billy  
With yummy rich cream on the top  
Our dinner came from the oven  
Not from the fridge or the shop  
The kids were a lot more contented  
They didn't need money for kicks  
But a game with their mates in the  
paddock

And sometimes the Saturday flicks  
I remember the shop on the corner  
Where a pennyworth of lollies were  
sold

Do you think I'm a bit too nostalgic  
Or is it I'm just getting old?



### Answers to names of birds

1. Eagle.	2. Cuckoo.	3. Chook.
4. Swallow.	5. Morepork.	6. Magpie.
7. Liar.	8. Moa.	9. Humming Bird.
10. Crow.	11. Lark.	12. Tem.
13. Flamingo.	14. Falcon.	15. Wren.
16. Stilt.	17. Crane.	18. Penguin.
19. Pelican.	20. Partridge.	21. Dove.
22. Bellbird.	23. Thrush.	24. Turkey.
25. Blackbird.	26. Stork.	27. Shag.
28. Skewer.		