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Mother's Day

I Love You Forever, Mom.

You have shown me how to give of myself

You have shown me leadership
You have taught me the importance of the family

You have demonstrated unconditional love

You have demonstrated a sensitivity to people's needs

You have handed down to me the important values in life

You have handed down to me the idea of achieving one's goals

You have set an example, throughout your life

of what a mother and woman should be like

I am so proud of you
and I love you
forever.

Susan Polis Schutz

My Mother Taught Me

My mother taught me about **CONTORTIONISM** - "Will you look at the dirt on the back of your neck?"

My mother taught me **RELIGION** - "You better pray that that will come out of the carpet".

My mother taught me about **STAMINA** - "You will sit there until all that spinach is eaten".

My mother taught me **TO APPRECIATE A JOB WELL DONE** - "If you are going to kill each other, do it outside, I've just finished cleaning".

My mother taught me about **WEATHER** - "It looks as if a tornado has swept through your room".

My mother taught me about **TIME TRAVEL** - "If you don't straighten up, I'm going to knock you into the middle of next week".

My mother taught me how to solve **PHYSICS PROBLEMS** - "If I yelled because I saw a meteor coming towards you, would you listen to me?"

My mother taught me about **LOGIC** - "Because I said so, that's why".

My mother taught me about **HYPOCRISY** - "If I've told you once, I've told you a million times - don't exaggerate".

My mother taught me about **FORESIGHT** - "Make sure you wear clean underwear in case you're in an accident".

My mother taught me **BEHAVIOUR MODIFICATION** - "Stop acting like your father".

My mother taught me **IRONY** - "Keep laughing and I'll give you something to cry about".

My mother taught me about **ENVY** - "There are millions of less fortunate children in the world who don't have wonderful parents like you do".

My mother taught me about the science of **OSMOSIS** - "Shut your mouth and eat your supper".

Thanks Mum.

HUGS

It's wondrous what a hug can do,
A hug can cheer you when you're blue.

A hug can say "I love you so" or
"Gee I hate to see you go".

A hug is "Welcome back again" and,
"Great to see you!" or "Where've you been?"

A hug can soothe a small child's pain
and bring a rainbow after rain.

The Hug!!! There's just no doubt about it,
We scarcely could survive without it
A hug delights and warms and charms,
It must be why God gave us arms.

Hugs are great for fathers and mothers,
sweet for sisters, swell for brothers,
and chances are some favourite aunts
love them more than potted plants.

Kittens crave them. Puppies love them.
Heads of State are not above them.
A hug can break the language barrier,
and make the dullest day seem merrier.

No need to fret about the store of 'em
The more you give, the more there are of 'em.
So stretch those arms without delay
and give someone a hug today!!!

HUGS

No moving parts, no batteries
No monthly payments and no fees;

Inflation-proof, non-taxable,

In fact, it's quite reliable.

It can't be stolen, won't pollute,
One size fits all, will not dilute.

It uses little energy
but yields enormously.

Relieves your tension and your stress,
Invigorates your happiness

Combats depression, makes you beam
And elevates your self-esteem!!!

Your circulation it corrects,
without unpleasant side-effects.

It is, I think, the perfect drug:

May I prescribe, my friend, the HUG!!!