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Josy's Corner

"As I walked I drank in the joys of being,
Being in one great harmony with nature itself.
In wonder I found on winged feet
Whence I knew not, but
I drank in the joys of being
And in ecstasy gave thanks to the Giver of all things.
Things we as mortals cannot comprehend.

As I wandered in my joy,
My eyes were opened to all around.
I listened, I heard the stillness, the calm,
I saw, and perceived the small birds in command of great flight.
A tiny child passed by with its mother
So trusting, so innocent,
And in ecstasy I gave thanks to the Giver of all things.
Things we as mortals cannot comprehend."

Dear Readers, once in a while do try and gain a little "solitude". It is very important to our very existence. In life's busy tempo try to set aside just half an hour each day in which to allow yourself time to relax and discover the real meaning to existence. Half an hour you say!! I can't spare the time. I said the same, but it is not true, of course you can. You will find yourself able to cope ten-fold better with everything and indeed life's burdens will become suddenly much lighter. Try it and see.

Sincerely yours,

JOSY.

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