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## THOUGHTS

A lot has been written about the power of a person's thinking and it seems well nigh superfluous to add to it any more. However, if we realise the factor that a man by his thinking either makes or destroys himself — when we realise that everything around us, the house we live in, the comforts we enjoy, the every-day humdrum of our environment are all of our own making, and this is only the short term of our lives — the long term assumes entirely different angles if we think a little further about what we want to be and what we want others to be towards us.

Merely thinking on its own is not enough if we don't act according to our thoughts, because men do not attract that which they want, but which they are. Their wishes are only gratified when they harmonise with their thoughts and actions.

Thoughts are like seeds — nothing can grow from sweetcorn but sweetcorn, nothing from nettles but nettles, and it is well to remember that in harbouring bad thoughts against our neighbours must reflect back to us. the pigeons are coming back home to roost either way or the other; think well of all — patiently learning to find the good in all is the only sure way towards attaining peace of mind.

W.R.

The happiness of your life depends upon the quality of your thoughts, therefore guard accordingly; and take care that you entertain no notions unsuitable to virtue and reasonable nature.—Marcus Antonius.

Thinking leads man to knowledge. He may see and hear, and read and learn whatever he pleases; he will never know anything of it, except that which he has thought over, that which by thinking has made the property of his own mind. Is it then saying too much if I say that man, by thinking only, becomes truly man? Take away thought from a man's life, and what remains?—Pestalozzi.