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# SOLIDARITY FUND FOR SWISS ABROAD

The Solidarity Fund is a self-help co-operative in the service of our compatriots abroad. Its aim is:

1. To secure the existence of the Swiss abroad against a loss caused by war, civil disturbance or general coercive measures of a political nature.
2. Accumulation of personal savings deposit in the home country.

Each member can choose between annual savings deposit or one single savings deposit. The savings deposit made remain the property of each co-operator. They can be reimbursed any time (single savings deposit to 100% after three years, annual savings deposit between 60% and 100% depending on the time they are left in the Fund). The Fund invests the money in the Swiss Confederation. With its interest the needs of the indemnity fund are covered to pay out lump-sums to co-operators who suffered loss as stated above. This lump-sum will be of help to the co-operator building up a new existence. You entrust us your savings deposit without any interest and as a return the Fund overtakes the risk of a loss of livelihood which is not little in our actual world. If the number of co-operators increases, the Fund grows stronger to the benefit of all.

This year we are having a contest: members enlist new members. We are rewarding their trouble by attractive prizes sponsored by important Swiss firms. At the Congress for the Swiss Abroad in Berne in 1972 the winners will be selected by a lottery. Members who are not yet in the possession of a form of contest or who need some more, may apply for them at the Embassy. Our Embassy is able to give full information on the Solidarity Fund. Of course you may also turn directly to the "Solidaritätsfonds der Auslandschweizer, Schosshaldenstrasse 14, CH - 3006 Bern.

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## HEDY'S CORNER:

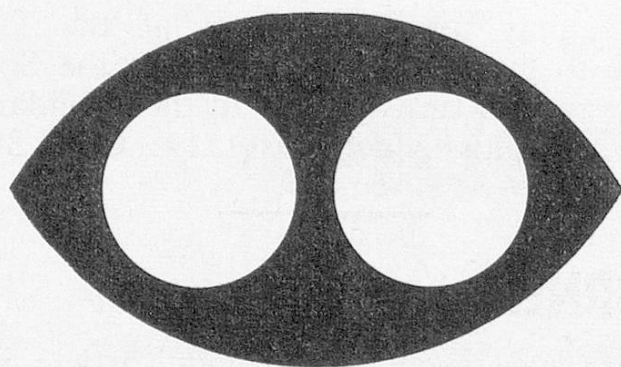
Recently there was such an excellent article in the weekly edition of the Tagesanzeiger that it warrants some translated excerpts:

### 30 Tips for Keeping Our World Beautiful and Clean —

- Use cleaning agents sparingly! Follow the instructions on the containers, as by doing so you will assist in helping to reduce water pollution by one third.
- If you have to use your own transport for going to work, arrange to work in with some neighbours. One car with four passengers creates less air pollution than four cars with only the driver.

- Do not use coloured toilet paper. The paper is soluble, but the colour remains even after sewerage treatment. Equally do not throw cigarette filter tips into the toilet. These tips are well nigh indestructible and will block the sewerage pumps.
- Care when disposing of paper napkins. If you do not tear them they clog sewerage pipes and sewerage plants.
- Purchase only the most expensive heating diesel fuel. It costs only a little more, but produces less air pollution.
- Be sparing with insect sprays in the house. With these sprays you poison yourself far more than with unwashed sprayed fruit.
- Take along your own shopping bag and refuse too much wrapping. Wrapping, particularly synthetic materials, is very difficult to dispose of.
- Avoid as much as possible purchasing liquids in synthetic containers. Choose those bottled in returnable containers.
- Rubbish bins made of plastic are easier to clean and make less noise.
- Refrain from making noise at night time. It has been proved that even if the noise is too low to wake up a sleeper, it may interfere with the sleep and dream cycle. This will cause the sleeper to wake up tired and irritable in the morning.

—Compiled by Rosmarie Waldner (Switzerland)



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