

Zeitschrift: Helvetia : magazine of the Swiss Society of New Zealand
Herausgeber: Swiss Society of New Zealand
Band: 28 (1965)
Heft: [5]

Rubrik: [Impressum]

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

Download PDF: 19.08.2025

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>

CHANGE FOR PROGRESS OR BE DESTROYED BY CHANGE

It is said that the Chinese have a proverb: "Nothing is permanent in life except change." Change is part of the law of life. We must grow physically from childhood to adulthood, and mentally from ignorance to knowledge, and emotionally from insecurity to stability.

We must grow, also, in keeping with our environment. Complexity of living has come upon us with our progress in science and technical knowledge. It's impossible to close our eyes and ears to changing facts, directing our actions on the ideas already inside our heads.

In fact it is well to have a sort of spring clean in our minds every now and again. We can add many hours of peace to our lives if we are willing to throw away some old ideas and let bygones be bygones. We invite worry when we dwell upon the past, reproduce old differences of opinion, and painfully retrace the steps of an old quarrel.

A man who is obstinate in a changing world is not showing signs of willpower, he is deceiving himself, he makes himself a nuisance by carrying his firmness beyond the dictates of reason or right. He is bound to feel himself misunderstood and unwanted and left behind by progress.

—W.R.