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The Value Of Good Resolutions

It is safe to say that our journey into the year 1965 will not have progressed very far, before many of the good intentions we made will either have been broken or forgotten, and by the time Easter-time comes along, many of the remainder will have gone with the wind also.

Having good intentions and making good resolutions and then slip up on them is a common human failure and must pose the question of the value of making them at all. However, the fact that we bring our minds to fostering good thoughts and good moral behaviour towards people and causes, is proof that we recognise our social obligations, and have a proper sense of what is right and what is wrong.

"Thoughts are Things," it is said. Thoughts drive us to do things, not only on the instant or the immediate future, for the essence of thoughts, good or bad, will sink into our subconscious mind, there to remain, maybe for many years, until such time as they are called upon to exert their influence upon our lives.

By making good resolutions which after some common human failings still retain even a small part of our original good intentions, and passing them on to society, we have contributed to the building of a better world for humanity to live in. We may plead guilty to breaking some of our New Year resolutions, but better to make good resolutions backed by sincerity and fall down on some of them, than make no resolutions at all.

—W.R.

Thought is the seed of action; but action is as much its second form as thought is its first. It rises in thought, to the end that it may be uttered and acted. Always in proportion to the depth of its sense does it knock importunately at the gates of the soul, to be spoken, to be done.

—Emerson