

Zeitschrift: Helvetia : magazine of the Swiss Society of New Zealand
Herausgeber: Swiss Society of New Zealand
Band: 28 (1965)
Heft: [2]

Rubrik: [Impressum]

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

Download PDF: 17.01.2026

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>

The Value Of Good Resolutions

It is safe to say that our journey into the year 1965 will not have progressed very far, before many of the good intentions we made will either have been broken or forgotten, and by the time Easter-time comes along, many of the remainder will have gone with the wind also.

Having good intentions and making good resolutions and then slip up on them is a common human failure and must pose the question of the value of making them at all. However, the fact that we bring our minds to fostering good thoughts and good moral behaviour towards people and causes, is proof that we recognise our social obligations, and have a proper sense of what is right and what is wrong.

"Thoughts are Things," it is said. Thoughts drive us to do things, not only on the instant or the immediate future, for the essence of thoughts, good or bad, will sink into our subconscious mind, there to remain, maybe for many years, until such time as they are called upon to exert their influence upon our lives.

By making good resolutions which after some common human failings still retain even a small part of our original good intentions, and passing them on to society, we have contributed to the building of a better world for humanity to live in. We may plead guilty to breaking some of our New Year resolutions, but better to make good resolutions backed by sincerity and fall down on some of them, than make no resolutions at all.

—W.R.

Thought is the seed of action; but action is as much its second form as thought is its first. It rises in thought, to the end that it may be uttered and acted. Always in proportion to the depth of its sense does it knock importunately at the gates of the soul, to be spoken, to be done.

—Emerson