

**Zeitschrift:** Helvetia : magazine of the Swiss Society of New Zealand  
**Herausgeber:** Swiss Society of New Zealand  
**Band:** 25 (1962)  
**Heft:** [9]  
  
**Rubrik:** Recipe : carrot torte

### **Nutzungsbedingungen**

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

### **Conditions d'utilisation**

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

### **Terms of use**

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

**Download PDF:** 26.07.2025

**ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>**

3. The growth of regular consultation between the heads of States or of Governments has led the Six to adopt, on 18th July, 1961, a solemn declaration—called the "Bonn Declaration"—whereby they announced their intention to hold periodic meetings with a view to reaching common attitudes on political issues and decided that a Committee should study ways and means of giving "the unity of their peoples a statutory character." This Committee, named after its Chairman the "Fouchet Committee," has now formulated precise proposals for the formal establishment of a permanent European political Union amongst them which are considered as the culmination of the activities of the EEC in the political field. At least some of the Six refuse to admit Britain to the deliberations of the Committee or to agree to her participation in the formalised political union until the negotiations for her entry into the Common Market have been completed. This demonstrates the links which exist between the Treaty of Rome and what can be considered as its direct political superstructure.

Enough has been said, I think, to convince even the most sceptical that the Rome Treaty is an economic instrument to achieve political objectives.

This conclusion has been recently confirmed by Mr Hallstein, who, as you know, is the President of the Commission of the Community, in a speech made in Zurich. The Swiss authorities have been given to understand that, the Common Market being a political construction, the prerequisite of Switzerland's participation would be a change in her present political status, an adaptation of her political objectives to those of the Six. Although this was expressed in diplomatic terms, the demand was no less clear. The pre-condition of Switzerland's association to the EEC seems to be, to Mr Hallstein's way of thinking, the giving up of her neutrality. Mind you, this is not the personal opinion of Mr Hallstein only, but also of many personalities in France and in the United States.

---

## ● RECIPE

### *CARROT TORTE*

$\frac{1}{2}$  lb. sugar, 5 eggs,  $\frac{1}{4}$  lb. ground almonds, 7 ozs. raw, grated carrots,  $\frac{1}{4}$  lb. butter,  $\frac{1}{2}$  lb. flour, finely grated rind of half a lemon and its juice. Beat till creamy sugar and egg yolks, add other ingredients and lastly whipped egg whites. Bake in medium oven. If fancied, decorate with whipped cream before serving. —H.B.