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Middle dimensional symplectic rigidity and its effect on Hamiltonian PDEs

Jaime Bustillo

Abstract. In the first part of the article we study Hamiltonian diffeomorphisms of \mathbb{R}^{2n} which are generated by sub-quadratic Hamiltonians and prove a middle dimensional rigidity result for the image of coisotropic cylinders. The tools that we use are Viterbo's symplectic capacities and a series of inequalities coming from their relation with symplectic reduction. In the second part we consider the nonlinear string equation and treat it as an infinite-dimensional Hamiltonian system. In this context we are able to apply Kuksin's approximation by finite dimensional Hamiltonian flows and prove a PDE version of the rigidity result for coisotropic cylinders. As a particular example, this result can be applied to the sine-Gordon equation.

Mathematics Subject Classification (2010). 37J10, 37K25, 53D20.

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1. Introduction

Consider $\mathbb{C}^n = \mathbb{R}^{2n}$ with coordinates given by $(q_1, p_1, \dots, q_n, p_n)$ and let $\omega = \sum_i dq_i \wedge dp_i$ be the standard symplectic form. Gromov's non-squeezing theorem [7] states that symplectic diffeomorphisms of (\mathbb{C}^n, ω) cannot send balls of radius r into symplectic cylinders of radius R unless $r \leq R$. For example if ϕ is a symplectic diffeomorphism, B_r^{2n} is the ball of radius r in \mathbb{C}^n and $B_R^2 \subseteq \mathbb{C}$ is the two dimensional disc of radius R then

$$\phi(B_r^{2n}) \subseteq B_R^2 \times \mathbb{C}^{n-1} \quad \text{implies } r \leq R.$$

The original proof relied on the technique of pseudo-holomorphic curves which was later used to prove a wide range of results in symplectic geometry. Shortly after, several authors [5, 10, 22] gave independent proofs of Gromov's theorem using the concept of symplectic capacities. A symplectic capacity is a function

$$c: \mathcal{P}(\mathbb{C}^n) \rightarrow [0, +\infty]$$

that verifies the following properties:

- (1) (monotonicity) If $U \subseteq V$ then $c(U) \leq c(V)$.
- (2) (conformality) $c(\lambda U) = \lambda^2 c(U)$ for all $\lambda \in \mathbb{R}$.
- (3) (symplectic invariance) If $\phi: \mathbb{C}^n \rightarrow \mathbb{C}^n$ is a symplectic diffeomorphism then $c(\phi(U)) = c(U)$.
- (4) (non-triviality + normalization) $c(B_1^{2n}) = \pi = c(B_1^2 \times \mathbb{C}^{n-1})$.

Together, the existence of a function with these properties implies Gromov's theorem. In this article we are going to work with Viterbo's capacities in order to prove a rigidity result for a particular type of Hamiltonian diffeomorphisms. More precisely we are interested in the middle dimensional symplectic rigidity problem.

One of the first questions regarding this problem appeared in [9] where Hofer asked about the generalization of capacities to middle dimensions. He asked if there exists a k -intermediate symplectic capacity c^k satisfying monotonicity, k -conformality, symplectic invariance, and

$$c^k(B_1^{2k} \times \mathbb{C}^{n-k}) < +\infty \quad \text{but} \quad c^k(B_1^{2k-2} \times \mathbb{C} \times \mathbb{C}^{n-k}) = +\infty?$$

In [8] Guth gave a partial answer to this question. He studied embeddings of polydisks and proved that k -capacities that verify the following continuity property:

$$\lim_{R \rightarrow \infty} c^k(B_1^{2k} \times B_R^{2n-2k}) < +\infty \quad \text{but} \quad \lim_{R \rightarrow \infty} c^k(B_1^{2k-2} \times B_R^{2n-2k+2}) = +\infty?$$

do not exist. The question of less regular capacities was recently answered in the negative by Pelayo and Vũ Ngoc in [16] using in part the ideas in [8]. In their article they proved that if $n \geq 2$ then $B_1^2 \times \mathbb{C}^{n-1}$ can be symplectically embedded into the product $B_R^{2n-2} \times \mathbb{C}$ for $R = \sqrt{2^{n-1} + 2^{n-2} - 2}$. In particular, by monotonicity and homogeneity, the value of the capacity on the left has to be greater than or equal to a constant times the value on the right.

Another point of view for the middle dimensional problem comes from a reformulation of Gromov's non-squeezing theorem. In dimension 2 symplectomorphisms are the same as area preserving maps so in [6] Eliashberg and Gromov pointed out that (using a theorem of Moser about the existence of area preserving diffeomorphisms) Gromov's theorem is equivalent to

$$\text{area}(\Pi_1 \phi(B_r^{2n})) \geq \pi r^2 \quad \text{for every symplectomorphism } \phi.$$

Denote by Π_k the projection on the first $2k$ coordinates. A possible generalization of this statement to higher dimensions is

$$\text{Vol}(\Pi_k \phi(B_r^{2n})) \geq \text{Vol}(\Pi_k B_r^{2n}) = \text{Vol}(B_r^{2k}) \quad \text{for every symplectomorphism } \phi.$$

This problem was studied by Abbondandolo and Matveyev in [2]. In their article they proved that the volume with respect to ω^k of $\Pi_k \phi(B_r^{2n})$ can be made arbitrarily

small using symplectomorphisms. This ruled out the existence of middle dimensional volume symplectic rigidity for the ball. Nevertheless they proved that the rigidity exists in the linear case and, shortly after, several local results appeared: In [17] Rigolli proved that there is local middle dimensional volume rigidity if one restricts the class of symplectomorphisms to analytic ones, and in [4] Abbondandolo, Bramham, Hryniewicz and Salomão proved that the same kind of local rigidity appears for smooth symplectomorphisms in the case $k = 2$.

We would like to point out another possible middle dimensional generalization of the squeezing problem. In dimension 2 the value of any symplectic capacity on topological discs coincides with the area, so one may also rewrite Gromov's theorem as

$$c(\Pi_1 \phi(B_r^{2n})) \geq \pi r^2 \quad \text{for every symplectomorphism } \phi,$$

where c is a symplectic capacity. One can then ask if this inequality is true with Π_1 replaced by Π_k , and more generally look at subsets Z different from B_r^{2n} and replace πr^2 with the capacity of $\Pi_k Z$. We prove that this type of inequality is true for $Z = X \times \mathbb{R}^{n-k} \subseteq \mathbb{C}^k \times \mathbb{C}^{n-k}$ provided that we restrict the class of symplectomorphisms. The maps we consider are Hamiltonian diffeomorphisms $\psi = \psi_1^H$ generated by sub-quadratic Hamiltonians H , that is, by functions H that verify

$$\lim_{|z| \rightarrow +\infty} \frac{|\nabla H_t(z)|}{|z|} = 0 \quad \text{uniformly in } t.$$

More precisely, if we denote by c and γ the two symplectic capacities defined by Viterbo in [22], we have the following theorem:

Theorem 1.1 (Coisotropic camel theorem). *Let $X \subset \mathbb{C}^k$ be a compact set. Consider $X \times \mathbb{R}^{n-k} \subseteq \mathbb{C}^k \times \mathbb{C}^{n-k}$ and let $\psi = \psi_1^H$ be a Hamiltonian diffeomorphism of \mathbb{C}^n generated by a sub-quadratic Hamiltonian H . Then*

$$c(X) \leq \gamma(\Pi_k(\psi(X \times \mathbb{R}^{n-k}) \cap \mathbb{C}^k \times i\mathbb{R}^{n-k})).$$

Using the monotonicity of the capacity γ we get as an immediate consequence that

$$c(X) \leq \gamma(\Pi_k \psi(X \times \mathbb{R}^{n-k})).$$

For example if we take $X = B_r^{2k}$ we get the inequality

$$\gamma(\Pi_k \psi(B_r^{2k} \times \mathbb{R}^{n-k})) \geq \pi r^2.$$

We want to point out that the subset on the right hand side of the inequality in Theorem 1.1 is the symplectic reduction of $\psi(X \times \mathbb{R}^{n-k})$ by the transverse coisotropic subspace $\mathbb{C}^k \times i\mathbb{R}^{n-k}$. More precisely, recall that by definition a coisotropic subspace $W \subseteq \mathbb{C}^n$ verifies $W^\omega \subseteq W$ where W^ω stands for symplectic orthogonal. One can then consider the space W/W^ω which is symplectic by construction. Denote

by $\pi_W: W \rightarrow W/W^\omega$ the quotient map. The symplectic reduction of a subset $Z \subseteq \mathbb{C}^n$ by W is defined as $\text{Red}_W(Z) = \pi_W(Z \cap W)$. If we set $W = \mathbb{C}^k \times i\mathbb{R}^{n-k}$ then the inequality in Theorem 1.1 can be rewritten as:

$$c(X) \leq \gamma(\text{Red}_W(\psi(X \times \mathbb{R}^{n-k}))).$$

Note that this reduction is the projection of a bounded set so in particular Theorem 1.1 is not trivial for compactly supported Hamiltonians (see Figure 1).

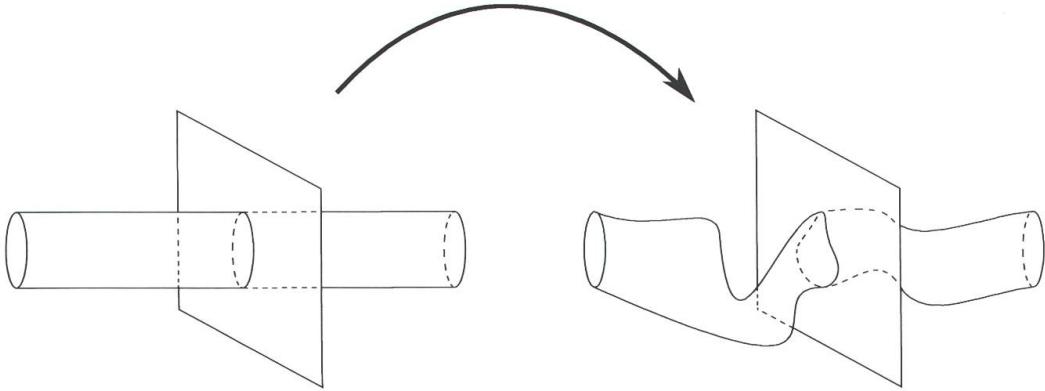


Figure 1. This figure represents the image of the coisotropic cylinder $X \times \mathbb{R}^{n-k}$ by a compactly supported Hamiltonian diffeomorphism ψ . The transverse plane represents the complementary coisotropic subspace $W = \mathbb{C}^k \times i\mathbb{R}^{n-k}$. Theorem 1.1 gives information about the capacity of the projection of the intersection with W .

Remark 1.2. Theorem 1.1 is related to the classical camel theorem which states that there is no symplectic isotopy ψ_t with support in $(\mathbb{C}^n \setminus (\mathbb{C}^{n-1} \times \mathbb{R})) \cup B_\epsilon^{2n}$, such that $\psi_0 = \text{Id}$ and ψ_1 sends a ball of radius $r > \epsilon$ contained in one component of $\mathbb{C}^n \setminus (\mathbb{C}^{n-1} \times \mathbb{R})$ to the other. In [22] Viterbo proved that if ψ_t sends a ball from one connected component of $\mathbb{C}^n \setminus (\mathbb{C}^{n-1} \times \mathbb{R})$ to the other then for $V = \bigcup_{t \in [0,1]} \psi_t(B_r^{2n})$ and $W = \mathbb{C}^{n-1} \times \mathbb{R}$ we have

$$\gamma(\text{Red}_W(V)) \geq \pi r^2.$$

As an intuition of what these capacities are, if K is a convex smooth body then $c(K)$ coincides with the minimal area of a closed characteristic on ∂K . On the other hand γ is defined using Viterbo's distance on $\text{Ham}^c(\mathbb{C}^n)$; the energy of a diffeomorphism is then defined to be the distance to the identity and $\gamma(U)$ measures the minimal energy that one needs to displace U from itself. Both capacities are always related by the inequality $c(X) \leq \gamma(X)$ which is recovered by Theorem 1.1 when $\psi = \text{Id}$.

For general sets the construction of Viterbo's capacities (cf. [22]) starts by defining for the time-1 map $\psi = \psi_1^H$ of the flow of a compactly supported Hamiltonian H_t two values: $c(1, \psi)$ and $c(\mu, \psi)$. These values correspond to the action value of

certain 1-periodic orbits of the flow obtained by variational methods. The bi-invariant metric on $\text{Ham}^c(\mathbb{C}^n)$ is then defined as $d(\psi, \text{Id}) = \gamma(\psi) = c(\mu, \psi) - c(1, \psi)$. All these quantities are invariant by symplectic conjugation so they can be used to define symplectic invariants on open bounded sets as:

$$c(U) = \sup \{c(\mu, \psi), \psi \in \text{Ham}^c(U)\},$$

$$\gamma(U) = \inf \{\gamma(\psi), \psi \in \text{Ham}^c(\mathbb{C}^n), \psi(U) \cap U = \emptyset\}.$$

If V is an open (not necessarily bounded) subset of \mathbb{C}^n then $c(V)$ (resp. $\gamma(V)$) is defined as the supremum of the values of $c(U)$ (resp. $\gamma(U)$) for all open bounded U contained in V . If X is an arbitrary subset of \mathbb{C}^n then its capacity $c(X)$ (resp. $\gamma(X)$) is defined as the infimum of all the values $c(V)$ (resp. $\gamma(V)$) for all open V containing X .

If $k > 0$ one can prove that $c(\mathbb{C}^k \times \mathbb{R}^{n-k}) = 0 = \gamma(\mathbb{C}^k \times \mathbb{R}^{n-k})$ for the coisotropic subspace $\mathbb{C}^{2k} \times \mathbb{R}^{n-k} \subseteq \mathbb{C}^k \times \mathbb{C}^{n-k}$ (see Appendix A). By monotonicity the same is true for coisotropic cylinders $X \times \mathbb{R}^{n-k} \subseteq \mathbb{C}^k \times \mathbb{C}^{n-k}$ so the existence of Viterbo's capacities all alone does not provide rigidity information for the image of these sets by general symplectic diffeomorphisms.

The proof of Theorem 1.1 is achieved by a series of inequalities between Viterbo's capacities of sets and the symplectic reduction of these sets. The advantage of using Viterbo's capacities is that they are constructed using generating functions and symplectic reduction can be seen as an explicit operation on generating functions which can be then studied in detail. We first prove the theorem for compactly supported Hamiltonian diffeomorphisms and then reduce the general case to the compactly supported one.

There is an unpublished proof of this theorem by Buhovski and Opshtein for the case $X = (S^1(r))^k$ a product of circles of radius r and $\text{Red}_W(\psi(X \times \mathbb{R}^{n-k})) \subseteq Z(R)$ a symplectic cylinder of radius R which relies on the theory of pseudoholomorphic curves.

Remark 1.3. Theorem 1.1 is *not* true for general symplectomorphisms and its limits are well understood. An example of a symplectomorphism φ which is not generated by a sub-quadratic Hamiltonian and which does not verify the weaker middle dimensional inequality

$$c(X) \leq \gamma(\Pi_k \varphi(X \times \mathbb{R}^{n-k})),$$

is the symplectomorphism $\varphi(z_1, \dots, z_n) = (z_{k+1}, \dots, z_n, z_1, \dots, z_k)$. Indeed for this map φ we have

$$\varphi(X \times \mathbb{R}^{n-k}) = \mathbb{R}^{n-k} \times X$$

and either the k -projection is contained in $Z = \mathbb{R}^k$ if $k \leq n/2$ or in $Z = \mathbb{R}^{n-k} \times \mathbb{C}^{4k-2n}$ otherwise. In both cases $\gamma(Z) = 0$ by Appendix A, so if for example X is a closed ball, then the statement is not verified. In this example φ is generated by a quadratic Hamiltonian. Moreover, we prove in Proposition 2.9 that if $|\nabla H_t(z)| \leq A + B|z|$ then its flow ψ_t^H verifies the statement of Theorem 1.1 at least for small times.

One may use the rigidity result of Theorem 1.1 to define a non-trivial invariant. Consider the following quantity:

$$\gamma_G^k(U) = \inf \{\gamma(\Pi_k \phi(U)) \mid \phi \in G\},$$

where G is a subgroup of the group of symplectic diffeomorphisms. For $G = \text{Sympl}(\mathbb{C}^n)$ we know by Remark 1.3 that γ_G^k is zero on coisotropic cylinders of dimension k . On the other hand, if the elements of G are Hamiltonian diffeomorphisms generated by sub-quadratic functions then Theorem 1.1 implies that γ_G^k is bounded from below on coisotropic cylinders of dimension k by the capacity c of the base. As an example of G one can take the subgroup of Hamiltonian diffeomorphisms φ_t^H , where H , φ_t^H and $(\varphi_t^H)^{-1}$ are Lipschitz on the space variable over compact time intervals (see Appendix B). For this subgroup Theorem 1.1 gives

$$c(X) \leq \gamma_G^k(X \times \mathbb{R}^{n-k}) \leq \gamma(X).$$

Hamiltonian PDEs. The second part of this article deals with middle dimensional symplectic rigidity in infinite dimensional Hilbert spaces.

Let E be a real Hilbert space and let ω be a non-degenerate 2-form. Here we will understand non-degenerate in the sense that the map $\xi \in E \rightarrow \omega(\xi, \cdot) \in E^*$ is an isomorphism. In contrast with the finite dimensional case, little is known about the rigidity properties of symplectomorphisms in this context. The most general attempt to prove a non-squeezing theorem has been [3] where the result is proved only for convex images of the ball. The first result pointing in the direction of the infinite dimensional equivalent of Gromov's theorem dates back to [11]. Kuksin gave a proof of the theorem for a particular type of symplectomorphism that appear in the context of Hamiltonian PDEs. He did this by approximating the flows by finite dimensional maps and then applying Gromov's theorem. Since then there has been a great number of articles proving the same result for different Hamiltonian PDEs via finite dimensional approximation. We refer the reader to [13] for an excellent summary of the prior work.

The goal of the second part of this article is to extend Theorem 1.1 to the infinite dimensional case. We restrict ourselves to semilinear PDEs of the type described in [11]. Let $\langle \cdot, \cdot \rangle$ be the scalar product of E , $\{\varphi_j^\pm\}$ be a Hilbert basis, $J: E \rightarrow E$ be the complex structure defined by $J\varphi_j^\pm = \mp\varphi_j^\mp$ and $\bar{J} = -J$. The symplectic structure that we consider is $\omega(\cdot, \cdot) = \langle \bar{J}\cdot, \cdot \rangle$ and the Hamiltonian functions are of the form

$$H_t(u) = \frac{1}{2}\langle Au, u \rangle + h_t(u),$$

where A is a (possibly unbounded) linear operator and h_t is a smooth function. The Hamiltonian vector field is

$$X_H(u) = JAu + J\nabla h_t(u).$$

Remark that the domain of definition of the vector field is the same as the domain of A which is usually only defined on a dense subspace of E . If e^{tJA} is bounded, then solutions can be defined via Duhamel's formula and if ∇h is \mathcal{C}^1 and locally Lipschitz, then the local flow is a well defined symplectomorphism [12]. Under compactness assumptions on the nonlinearity, flow-maps can be approximated on bounded sets by finite dimensional symplectomorphisms. Specific examples of this type of equations are (see [11] for more details): Nonlinear string equation in \mathbb{T} ,

$$\ddot{u} = u_{xx} + p(t, x, u),$$

where p is a smooth function which has at most polynomial growth at infinity. Quadratic nonlinear wave equation in \mathbb{T}^2 ,

$$\ddot{u} = \Delta u + a(t, x)u + b(t, x)u^2.$$

Nonlinear membrane equation on \mathbb{T}^2 ,

$$\ddot{u} = -\Delta^2 u + p(t, x, u).$$

Schrödinger equation with a convolution nonlinearity in \mathbb{T}^n ,

$$-i\dot{u} = -\Delta u + V(x)u + \left[\frac{\partial}{\partial \bar{U}} G(U, \bar{U}, t, x) \right] * \xi, \quad U = u * \xi,$$

where ξ is a fixed real function and G is a real-valued smooth function.

For concreteness we will study the nonlinear string equation with bounded ∇h_t but the main result will still be true for the previous equations provided that the nonlinear part ∇h_t is sub-quadratic.

Consider the periodic nonlinear string equation

$$\ddot{u} = u_{xx} - f(t, x, u), \quad u = u(t, x),$$

where $x \in \mathbb{T} = \mathbb{R}/2\pi\mathbb{Z}$ and f is a smooth function which is bounded and has at most a polynomial growth in u , as well as its u - and t -derivatives:

$$\left| \frac{\partial^a}{\partial u^a} \frac{\partial^b}{\partial t^b} f(t, x, u) \right| \leq C_k (1 + |u|)^{M_k}, \quad \text{for } a + b = k, \text{ and for all } k \geq 0,$$

with $M_0 = 0$. Here C_k and M_k 's are non-negative constants. The hypothesis on M_0 is the one that will allow us latter to apply Theorem 1.1 to the finite dimensional approximations. This hypothesis is verified by $f(t, x, u) = \sin u$ which gives the sine-Gordon equation. Let us describe the Hamiltonian structure of this equation. We denote by B the operator $B = (-\partial^2/\partial x^2 + 1)^{1/2}$ and remark that we may write the equation in the form

$$\begin{aligned} \dot{u} &= -Bv, \\ \dot{v} &= (B - B^{-1})u + B^{-1}f(t, x, u). \end{aligned}$$

Define $E = E_+ \times E_- = H^{\frac{1}{2}}(\mathbb{T}) \times H^{\frac{1}{2}}(\mathbb{T})$ the product of Hilbert spaces where the scalar product of $H^{\frac{1}{2}}(\mathbb{T})$ is given by

$$\langle u_1, u_2 \rangle = \frac{1}{2\pi} \int_0^{2\pi} B u_1(x) u_2(x) dx.$$

Here $J(u, v) = (-v, u)$, the operator is $A = (B - B^{-1}) \times B$ and $\nabla h_t(u, v) = (B^{-1} f(t, x, u), 0)$ which has bounded norm over compact time intervals since $M_0 = 0$ by hypothesis.

Let $\{\varphi_j^+ \mid j \in \mathbb{Z}\}$ be the Hilbert basis of E_+ on which B is diagonal given by the Fourier basis and denote by $\{\varphi_j^- := -J\varphi_j^+ \mid j \in \mathbb{Z}\}$ the associated Hilbert basis of E_- . Moreover denote E_k (resp. E_+^k and E_-^k) the Hilbert subspace generated by $\{\varphi_j^\pm \mid |j| \leq k\}$ (resp. $\{\varphi_j^+ \mid |j| \geq k+1\}$ and $\{\varphi_j^- \mid |j| \geq k+1\}$) and $\Pi_k: E \rightarrow E_k$ (resp. Π_+^k and Π_-^k) the corresponding projection. We use the finite dimensional approximation together with Theorem 1.1 to prove the following result:

Theorem 1.4. *Denote by $\Phi^t: E \rightarrow E$ the flow of the nonlinear string equation satisfying the previous hypothesis. For every $k \in \mathbb{N}$, every compact subset X of E_k and every $t \in \mathbb{R}$ we have*

$$c(X) \leq \gamma(\Pi_k \Phi^t(X \times E_+^k)).$$

As an example of what type of information we get from this theorem, consider the subspace E_0 which consists on constant functions. In this case Theorem 1.4 gives us information on the global behavior of solutions with constant initial velocity provided that the projection on E_0 of the initial conditions is contained in a compact set X , for example in the closed ball of radius r . On the other hand, if we interchange the roles of E_+^k and E_-^k we get information about solutions whose initial position is given by a constant function. In particular we see that the energy of these solutions cannot be globally transferred to higher frequencies since the projection on E_0 cannot be contained in a ball B_R^2 with $R < r$.

Theorem 1.4 may also be seen as an existence result. We consider again the case $k = 0$. By reordering the Hilbert basis we may project onto the symplectic plane of frequency l of our choice. Suppose that X is a ball of radius R in $\text{Vect}\{\varphi_l^+, \varphi_l^-\} \simeq \mathbb{R}^2$, we will ask if the projection is contained in a ball of radius r in $\text{Vect}\{\varphi_l^+, \varphi_l^-\}$. Let $U(t) = (u(t), v(t)) \in E = H^{\frac{1}{2}} \times H^{\frac{1}{2}}$ be a solution of the nonlinear string equation, that is, such that

$$\dot{u} = -Bv \quad \text{and} \quad \ddot{u} = u_{xx} - f(t, x, u).$$

Use the symplectic Hilbert basis $\{\varphi_j^\pm \mid j \in \mathbb{Z}\}$ to write

$$U(t) = \sum_j u_j(t) \varphi_j^+ + v_j(t) \varphi_j^- = \sum_j (u_j(t) - v_j(t) J) \varphi_j^+.$$

We will denote by $U_j(t)$ the complex number $u_j(t) - i v_j(t)$. Moreover denote by E^0 the Hilbert subspace of E generated by $\{\varphi_j^\pm \mid |j| > 0\}$. If $0 < r < R$ Theorem 1.4 gives $\Phi^t(B_R \times E_+^0) \not\subseteq B_r \times E^0$ so we get:

Corollary 1.5. *For any $l \geq 1$, any $R > r > 0$ and any $t_0 \in \mathbb{R}$ there exists a (mild) solution $U(t) = (u(t), v(t))$ of the nonlinear string equation in $H^{\frac{1}{2}} \times H^{\frac{1}{2}}$ such that*

$$v_j(0) = 0 \quad \text{for } j \neq l \text{ and } |U_l(0)| \leq R, \text{ but } |U_l(t_0)| > r.$$

2. The coisotropic camel: Viterbo's approach

We provide here a proof of the Theorem 1.1 which depends on Viterbo's spectral invariants, hence on generating functions instead of holomorphic curves. We start by proving the result for compactly supported Hamiltonian diffeomorphisms.

2.1. Generating functions and spectral invariants.

The classical setting. To a compactly supported Hamiltonian diffeomorphism ψ of \mathbb{R}^{2n} one associates a Lagrangian submanifold $L_\psi \subset T^*S^{2n}$ in the following way. Denote by $\overline{\mathbb{R}^{2n}} \times \mathbb{R}^{2n}$ the vector space $\mathbb{R}^{2n} \times \mathbb{R}^{2n}$ endowed with the symplectic form $(-\omega) \oplus \omega$. The graph

$$\Gamma(\psi) := \{(x, \psi(x)); x \in \mathbb{R}^{2n}\} \subset \overline{\mathbb{R}^{2n}} \times \mathbb{R}^{2n}$$

is a Lagrangian submanifold Hamiltonian isotopic to the diagonal

$$\Delta := \{(x, x); x \in \mathbb{R}^{2n}\} \subset \overline{\mathbb{R}^{2n}} \times \mathbb{R}^{2n}.$$

Identifying $\overline{\mathbb{R}^{2n}} \times \mathbb{R}^{2n}$ and $T^*\mathbb{R}^{2n}$ via the symplectic isomorphism

$$\mathcal{J}: (\bar{q}, \bar{p}, q, p) \mapsto \left(\frac{\bar{q} + q}{2}, \frac{\bar{p} + p}{2}, p - \bar{p}, \bar{q} - q \right),$$

and noting that $\Gamma(\psi)$ and Δ coincide at infinity, we can produce a compact version of the Lagrangian submanifold $\Gamma(\psi) \subset \overline{\mathbb{R}^{2n}} \times \mathbb{R}^{2n}$, which is a Lagrangian sphere $L_\psi \subset T^*S^{2n}$. This Lagrangian submanifold L_ψ is Hamiltonian isotopic to the 0-section and coincides with it on a neighbourhood of the north pole, so it has a generating function quadratic at infinity (called *gfqi* in the following) by [14, 18, 19]. This is a function $S: S^{2n} \times \mathbb{R}^N \rightarrow \mathbb{R}$ which coincides with a non-degenerate quadratic form $Q: \mathbb{R}^N \rightarrow \mathbb{R}$ at infinity:

$$\exists C > 0 \quad \text{such that } S(x, \xi) = Q(\xi) \quad \forall x \in S^{2n}, |\xi| > C,$$

and such that

$$L_\psi = \left\{ \left(x, \frac{\partial S}{\partial x} \right), (x, \xi) \in S^{2n} \times \mathbb{R}^N, \frac{\partial S}{\partial \xi}(x, \xi) = 0 \right\} \subset T^*S^{2n}.$$

with 0 being a regular value of $(x, \xi) \mapsto \frac{\partial S}{\partial \xi}(x, \xi)$. A direct consequence of the definition is that $\Sigma_S := \{(x, \xi) \mid \frac{\partial S}{\partial \xi}(x, \xi) = 0\}$ is a submanifold and that the map $i_S: \Sigma_S \rightarrow T^*S^{2n}$ given by $(x, \xi) \mapsto (x, \frac{\partial S}{\partial x}(x, \xi))$ is an immersion. When S is a *gfqi* that generates an embedded submanifold we moreover ask that i_S is a diffeomorphism between Σ_S and L_ψ , so every S has a unique critical point associated to $(N, 0)$ given by $i_S^{-1}(N, 0)$. Denote by $E^\lambda := \{S \leq \lambda\}$, $i_\lambda: (E^\lambda, E^{-\infty}) \hookrightarrow (E^{+\infty}, E^{-\infty})$, $H^*(E^{+\infty}, E^{-\infty}) \xrightarrow{T^{-1}} H^*(S^{2n})$ (T is the Thom isomorphism). One can select spectral values $c(\alpha, S)$ for $\alpha \in H^*(S^{2n})$ by:

$$c(\alpha, S) := \inf \{ \lambda \mid i_\lambda^*(T\alpha) \neq 0 \}.$$

The *gfqi* associated to ψ is unique up to certain explicit operations [20, 22] so there is a natural normalization (requiring that $S(i_S^{-1}(N, 0)) = 0$) that ensures that the value $c(\alpha, S)$ does not depend on the *gfqi*, so we denote it henceforth $c(\alpha, \psi)$. It is a symplectic invariant in the sense that if $\Phi \in \text{Symp}(\mathbb{R}^{2n})$ then $c(\alpha, \Phi \circ \psi \circ \Phi^{-1}) = c(\alpha, \psi)$. Taking for α generators 1 and μ of $H^0(S^{2n})$ and $H^{2n}(S^{2n})$ respectively, we therefore get two spectral invariants $c(1, \psi)$ and $c(\mu, \psi)$ of Hamiltonian diffeomorphisms, and a spectral norm $\gamma(\psi) := c(\mu, \psi) - c(1, \psi)$. These invariants can be used in turn to define symplectic invariants of subsets of \mathbb{R}^{2n} . First if U is an open and bounded set:

$$c(U) = \sup \{ c(\mu, \psi), \psi \in \text{Ham}^c(U) \}, \quad (2.1)$$

$$\gamma(U) = \inf \{ \gamma(\psi), \psi \in \text{Ham}^c(\mathbb{R}^{2n}), \psi(U) \cap U = \emptyset \}. \quad (2.2)$$

If V is an open (not necessarily bounded) subset of \mathbb{R}^{2n} we define $c(V)$ (resp. $\gamma(V)$) as the supremum of the values of $c(U)$ (resp. $\gamma(U)$) for all open bounded U contained in V . If X is an arbitrary domain of \mathbb{R}^{2n} then we define its capacity $c(X)$ (resp. $\gamma(X)$) to be the infimum of all the values $c(V)$ (resp. $\gamma(V)$) for all open V containing X .

Symplectic reduction [22, §5]. Let us first state a general result for the spectral invariants of the reduction of some Lagrangian submanifolds. The first claim is Proposition 5.1 in [22]. We include a proof for the sake of completeness.

Proposition 2.1. *Let N and B be two connected compact oriented manifolds, S a *gfqi* for a Lagrangian submanifold in $T^*(N \times B)$, b a point in B and $S_b := S(\cdot, b, \cdot)$. Let $\alpha \in H^*(N)$ and $\mu_B \in H^*(B)$ the orientation class of B . Then,*

$$c(\alpha \otimes 1, S) \leq c(\alpha, S_b) \leq c(\alpha \otimes \mu_B, S).$$

Moreover, if $\tilde{K}(x, b, \xi) = K(x, \xi)$ for all $(x, b, \xi) \in N \times B \times \mathbb{R}^N$,

$$c(\alpha \otimes 1, \tilde{K}) = c(\alpha, K) = c(\alpha \otimes \mu_B, \tilde{K}).$$

Proof. Let as before $E^\lambda := \{S \leq \lambda\}$, and $E_b^\lambda := \{S_b \leq \lambda\}$. Consider the commutative diagram

$$\begin{array}{ccccc} H^*(N \times B) & \xrightarrow{T} & H^*(E^\infty, E^{-\infty}) & \xrightarrow{i_\lambda^*} & H^*(E^\lambda, E^{-\infty}) \\ \downarrow & & \downarrow & & \downarrow \\ H^*(N) & \xrightarrow{T} & H^*(E_b^\infty, E_b^{-\infty}) & \xrightarrow{i_\lambda^*} & H^*(E_b^\lambda, E_b^{-\infty}) \end{array}$$

where the map $H^*(N \times B) \rightarrow H^*(N)$ is induced by the injection $N \rightarrow N \times \{b\} \rightarrow N \times B$, and coincides with the composition of the projection on $H^*(N) \otimes H^0(B)$ and the obvious identification $H^*(N) \otimes H^0(B) \rightarrow H^*(N)$. Since the diagram is commutative, $i_\lambda^* T(\alpha) \neq 0$ implies $i_\lambda^* T(\alpha \otimes 1) \neq 0$, so $c(\alpha \otimes 1, S) \leq c(\alpha, S_b)$. To get the second inequality, we need to introduce spectral invariants defined via homology. The Thom isomorphism is now $T: H_*(S^{2n}) \xrightarrow{\sim} H_*(E^{+\infty}, E^{-\infty})$, and

$$c(A, S) = \inf \{ \lambda \mid TA \in \text{Im}(i_{\lambda*}) \}.$$

The homological and cohomological invariants are related by the equality $c(\alpha, S) = -c(\text{PD}(\alpha), -S)$ [22, Proposition 2.7]. In the homology setting, the commutative diagram becomes

$$\begin{array}{ccccc} H_*(N \times B) & \xrightarrow{T} & H_*(E^\infty, E^{-\infty}) & \xleftarrow{i_{\lambda*}} & H_*(E^\lambda, E^{-\infty}) \\ \uparrow & & \uparrow & & \uparrow \\ H_*(N) & \xrightarrow{T} & H_*(E_b^\infty, E_b^{-\infty}) & \xleftarrow{i_{\lambda*}} & H_*(E_b^\lambda, E_b^{-\infty}) \end{array}$$

As before, if $A \in H_*(N)$ verifies $T(A) \in \text{Im}(i_{\lambda*})$, then $T(A \otimes [b]) \in \text{Im}(i_{\lambda*})$, so $c(A \otimes [b], S) \leq c(A, S_b)$ for all $A \in H_*(N)$ (and all S). Thus,

$$c(\alpha, S_b) = -c(\text{PD}(\alpha), -S_b) \leq -c(\text{PD}(\alpha) \otimes [b], -S) = -c(\text{PD}(\alpha \otimes \mu_B), -S)$$

and

$$-c(\text{PD}(\alpha \otimes \mu_B), -S) = c(\alpha \otimes \mu_B, S)$$

so we get

$$c(\alpha, S_b) \leq c(\alpha \otimes \mu_B, S).$$

Finally, if $\tilde{K}(x, b, \xi) = K(x, \xi)$ for all $(x, b, \xi) \in N \times B \times \mathbb{R}^N$ then $E^\lambda = E_b^\lambda \times B$ so $i_\lambda^*(\alpha \otimes \beta) = (i_\lambda^*\alpha) \otimes \beta$. This gives $c(\alpha \otimes 1, \tilde{K}) = c(\alpha \otimes \mu_B, \tilde{K}) = c(\alpha, K)$. \square

Remark 2.2. To understand the context of the previous statement, notice that when a Lagrangian submanifold $L \subset T^*N \times T^*B$ has a *gfqi* S , and has transverse intersection with a fiber $T^*N \times T_b^*B$ for some $b \in B$, the function S_b is a *gfqi* for the reduction L_b of $L \cap T^*N \times T_b^*B$ (which is an immersed Lagrangian of T^*N).

Following [22, §5], we work on $\mathbb{R}^{2m} \times T^*\mathbb{T}^k \simeq \mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k$ endowed with coordinates (z, p, q) . Let $\pi: \mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{R}^k \rightarrow \mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k$ be the projection and consider a Hamiltonian diffeomorphism $\psi \in \text{Ham}^c(\mathbb{R}^{2m} \times T^*\mathbb{T}^k)$ with coordinates (ψ_z, ψ_p, ψ_q) generated by H_t . It is easy to see that $H_t \circ \pi$ generates a lift $\tilde{\psi} \in \text{Ham}(\mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{R}^k)$ such that

$$\begin{cases} \tilde{\psi}_z(z, p, \tilde{q} + 1) = \tilde{\psi}_z(z, p, \tilde{q}) = \psi_z(z, p, q), & (\text{with } (z, p, q) = \pi(z, p, \tilde{q})), \\ \tilde{\psi}_p(z, p, \tilde{q} + 1) = \tilde{\psi}_p(z, p, \tilde{q}) = \psi_p(z, p, q), \\ \tilde{\psi}_{\tilde{q}}(z, p, \tilde{q} + 1) = \tilde{\psi}_{\tilde{q}}(z, p, \tilde{q}) + 1. \end{cases}$$

Again, the graph of $\tilde{\psi}$ is a Lagrangian submanifold $\Gamma(\tilde{\psi}) \subset \overline{\mathbb{R}^{2m} \times \mathbb{R}^{2k}} \times \mathbb{R}^{2m} \times \mathbb{R}^{2k}$ that under \mathcal{J} becomes a Lagrangian submanifold of $T^*\mathbb{R}^{2m} \times T^*\mathbb{R}^{2k}$ whose points are denoted by $\Gamma_{\tilde{\psi}}(z, p, \tilde{q})$ equal to

$$\left(\mathcal{J}(z, \psi_z(z, p, q)), \frac{p + \psi_p(z, p, q)}{2}, \frac{\tilde{q} + \tilde{\psi}_{\tilde{q}}(z, p, \tilde{q})}{2}, \tilde{q} - \tilde{\psi}_{\tilde{q}}(z, p, \tilde{q}), \psi_p(z, p, q) - p \right).$$

Now $\tilde{\psi}_{\tilde{q}}(z, p, \tilde{q} + 1) = \tilde{\psi}_{\tilde{q}}(z, p, \tilde{q}) + 1$ implies that $\Gamma_{\tilde{\psi}}$ descends to an embedding $\tilde{\Gamma}_{\psi}: \mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k \rightarrow T^*\mathbb{R}^{2m} \times T^*\mathbb{R}^k \times T^*\mathbb{T}^k$, given by

$$\tilde{\Gamma}_{\psi}(z, p, q) = \left(\mathcal{J}(z, \psi_z), \frac{p + \psi_p}{2}, q - \psi_q, \frac{q + \psi_q}{2}, \psi_p - p \right).$$

This embedding $\tilde{\Gamma}_{\psi}$ is Hamiltonian isotopic to the zero-section, and coincides with the zero-section at infinity. As in the classical situation, $\tilde{\Gamma}(\psi) := \text{Im } \tilde{\Gamma}_{\psi}$ can be compactified to a Lagrangian submanifold

$$L_{\psi} \subset T^*(S^{2m} \times S^k \times \mathbb{T}^k),$$

which is Hamiltonian isotopic to the zero-section, and coincides with the zero-section on a neighbourhood of $\{N\} \times S^k \times \mathbb{T}^k$ and of $S^{2m} \times \{N\} \times \mathbb{T}^k$. After normalization (by $S(i_S^{-1}(N, N, 0, 0)) = 0$), the *gfqi* of L_{ψ} provides spectral invariants $c(\alpha \otimes \beta \otimes \gamma, \psi)$ for $\alpha \in H^*(S^{2m})$, $\beta \in H^*(S^k)$ and $\gamma \in H^*(\mathbb{T}^k)$. As in (2.1), these invariants can be used to define $c(\alpha \otimes \beta \otimes \gamma, X)$, for subsets $X \subset \mathbb{R}^{2m} \times T^*\mathbb{T}^k$.

Proposition 2.3. *If X is a compact subset of \mathbb{R}^{2m} then*

$$c(X) \leq c(\mu \otimes \mu \otimes 1, X \times \{0\} \times \mathbb{T}^k).$$

Proof. Let \mathcal{U} be a bounded neighbourhood of X , $\phi \in \text{Ham}^c(\mathcal{U})$. By compactness of X and by definition of the spectral capacities c , it is enough to find, for any neighbourhood \mathcal{V} of 0 in \mathbb{R}^k , a $\Psi \in \text{Ham}^c(\mathcal{U} \times \mathcal{V} \times \mathbb{T}^k)$ such that $c(\mu, \phi) \leq c(\mu \otimes \mu \otimes 1, \Psi)$.

Let $H: \mathbb{R} \times \mathbb{R}^{2m} \rightarrow \mathbb{R}$ be a generator of ϕ , and $\chi \in C_c^\infty(\mathcal{V})$ with $\chi(0) = 1$ and $\frac{\partial \chi}{\partial p}(0) = 0$. The Hamiltonian χH of $\mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k$ generates a compactly supported Hamiltonian diffeomorphism that we will note $\Psi = (\psi_z, \psi_p, \psi_q)$. It is easy to see that

$$\Psi(z, p, q) = (\psi_z(z, p), p, q + C(z, p))$$

with $C(z, p) = \int_0^1 \frac{\partial \chi}{\partial p}(p) H(t, z) dt$, and that $C(z, 0) = 0$ and $\psi_z(z, 0) = \varphi(z)$. The embedding

$$\Gamma_\Psi: \mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k \rightarrow T^* \mathbb{R}^{2m} \times T^* \mathbb{R}^k \times T^* \mathbb{T}^k$$

is thus given by

$$\tilde{\Gamma}_\Psi(z, p, q) = \left(\mathcal{J}(z, \psi_z(z, p)), p, -C(z, p), q + \frac{1}{2}C(z, p), 0 \right).$$

By definition, when we compactify $\text{Im } \tilde{\Gamma}_\Psi$ we get L_Ψ which, by the previous expression, is easily seen to be transverse to $T^* S^{2m} \times T_0 S^k \times T^* \mathbb{T}^k$. Now

$$\tilde{\Gamma}_\Psi(z, 0, q) = (\mathcal{J}(z, \varphi(z)), 0, 0, q, 0),$$

so $L_\Psi \cap T^* S^{2m} \times T_0 S^k \times T^* \mathbb{T}^k = L_\varphi \times \{(0, 0)\} \times 0_{\mathbb{T}^k}$ and the reduction is $L_\varphi \times 0_{\mathbb{T}^k}$ which is also Hamiltonian isotopic to the zero-section. Therefore, by Remark 2.2, if S is a *gfqi* for L_Ψ , S_0 is a *gfqi* for $L_\varphi \times 0_{\mathbb{T}^k}$. On the other hand, if K is a *gfqi* for L_φ then $\tilde{K}(z, q, \xi) = K(z, \xi)$ is also a *gfqi* for $L_\varphi \times 0_{\mathbb{T}^k}$. Moreover, both S_0 and \tilde{K} have 0 as the critical value associated to $\{N\} \times \{q\}$, so by uniqueness of *gfqi* $c(\mu \otimes 1, \tilde{K}) = c(\mu \otimes 1, S_0)$. By Proposition 2.1,

$$c(\mu, K) = c(\mu \otimes 1, \tilde{K}) = c(\mu \otimes 1, S_0) \leq c(\mu \otimes \mu \otimes 1, S),$$

which precisely means that $c(\mu, \varphi) \leq c(\mu \otimes \mu \otimes 1, \Psi)$. \square

The next proposition is a modified version of [22, Proposition 5.2]. Since the proof there is a bit elliptical, (it refers to the proofs of several other propositions of the same paper) we give more indications in Section 2.3 below.

Proposition 2.4. *Consider a compact set $Z \subset \mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k$, a point $w \in \mathbb{T}^k$ and the reduction $Z_w := (Z \cap \{q = w\})/\mathbb{R}^k$. Then*

$$c(\mu \otimes \mu \otimes 1, Z) \leq \gamma(Z_w).$$

2.2. Non-squeezing and symplectic reduction. Together, Propositions 2.3 and 2.4 provide the non-squeezing statement we are looking for. Recall that if $Z \subseteq \mathbb{C}^n$ and W is a coisotropic subspace of \mathbb{C}^n then the symplectic reduction of Z is defined by $\text{Red}_W(Z) = \pi_W(Z \cap W)$ where $\pi_W: W \rightarrow W/W^\omega$ is the natural projection.

Theorem 2.5. *Let $X \subseteq \mathbb{C}^m$ be a compact subset, consider $X \times \mathbb{R}^{n-m} \subset \mathbb{C}^m \times \mathbb{C}^{n-m}$ and denote by $W := \mathbb{C}^m \times i\mathbb{R}^{n-m}$. For every compactly supported Hamiltonian diffeomorphism ψ of \mathbb{C}^n we have*

$$c(X) \leq \gamma(\text{Red}_W(\psi(X \times \mathbb{R}^{n-m}))).$$

Proof. Since ψ has compact support, we can view it as a symplectomorphism of

$$\mathbb{C}^m \times T^*\mathbb{T}^{n-m} \simeq \mathbb{R}^{2m} \times \mathbb{R}^{n-m} \times \mathbb{T}^{n-m}.$$

In this setting $X \times \mathbb{R}^{n-m}$ is seen as $X \times \{0\} \times \mathbb{T}^{n-m}$ and $\psi(X \times \{0\} \times \mathbb{T}^{n-m})_0$ coincides with $\text{Red}_W(\psi_t(X \times \mathbb{R}^{n-m}))$. Now applying Proposition 2.3, invariance, Proposition 2.4 and monotonicity we get the chain of inequalities:

$$\begin{aligned} c(X) &\leq c(\mu \otimes \mu \otimes 1, X \times \{0\} \times \mathbb{T}^{n-m}) \\ &= c(\mu \otimes \mu \otimes 1, \psi(X \times \{0\} \times \mathbb{T}^{n-m})) \\ &\leq \gamma(\psi(X \times \{0\} \times \mathbb{T}^{n-m})_0) = \gamma(\text{Red}_W(\psi(X \times \mathbb{R}^{n-m}))). \end{aligned} \quad \square$$

Corollary 2.6 (Lagrangian camel theorem). *Let $L := S^1(r)^m \times \mathbb{R}^{n-m} \subset \mathbb{C}^m \times \mathbb{C}^{n-m}$ be a standard Lagrangian tube. Assume that there is a compactly supported Hamiltonian diffeomorphism ψ of \mathbb{C}^n such that $\psi(L) \cap (\mathbb{C}^m \times i\mathbb{R}^{n-m}) \subset Z(R) \times i\mathbb{R}^{n-m}$, where $Z(R)$ is a symplectic cylinder of capacity R . Then $r \leq R$.*

Proof. Theorem 2.5 gives $c(S^1(r)^m) \leq \gamma(Z(R)) = \pi R^2$ and $c(S^1(r)^m) = \pi r^2$ by [21, Remark 1.5]. \square

2.3. Proof of Proposition 2.4. Let $Z \subset \mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k$ and $Z_w := (Z \cap \{q = w\})/\mathbb{R}^k$. We need to show that $c(\mu \otimes \mu \otimes 1, Z) \leq \gamma(Z_w)$. Let $V \subset \mathbb{R}^{2m}$ be an arbitrary neighbourhood of Z_w , and

$$U := (\mathbb{R}^{2m} \times \mathbb{R}^k \times \mathbb{T}^k \setminus \{w\}) \cup (V \times \mathbb{R}^k \times \mathbb{T}^k).$$

Obviously, $Z \subset U$ and $U_w = V$, so by monotonicity of c , it is enough to prove that

$$c(\mu \otimes \mu \otimes 1, U) \leq \gamma(U_w).$$

Notice moreover that any Hamiltonian diffeomorphism of \mathbb{R}^{2m} that displaces $V = U_w$ also displaces its filling $\tilde{U}_w := \mathbb{R}^{2m} \setminus F_w^\infty$, where F_w^∞ is the unbounded connected component of $\mathbb{R}^{2m} \setminus U_w$. Thus $\gamma(U_w) = \gamma(\tilde{U}_w)$, so we may as well assume that $\mathbb{R}^{2m} \setminus U_w$ is connected and unbounded, which we do henceforth.

Let $\psi \in \text{Ham}^c(U)$ and $\varphi \in \text{Ham}^c(\mathbb{C}^m)$ be such that $\varphi(U_w) \cap U_w = \emptyset$. We need to prove that

$$c(\mu \otimes \mu \otimes 1, \psi) \leq \gamma(\varphi).$$

We know that the Lagrangian submanifold L_φ in T^*S^{2m} is isotopic to the zero section by a Hamiltonian diffeomorphism Φ and has a *gfqi* $K: S^{2m} \times \mathbb{R}^d \rightarrow \mathbb{R}$. This diffeomorphism Φ induces a Hamiltonian diffeomorphism $\tilde{\Phi} := \Phi \times \text{Id}$ on $T^*S^{2m} \times T^*S^k$ that verifies $\tilde{\Phi}(0) = L_\varphi \times 0$ and $\tilde{K}(x, y, \eta) := K(x, \eta)$ (defined on $S^{2m} \times S^k \times \mathbb{R}^d$) is a *gfqi* for this submanifold. Now for a *gfqi* S of L_ψ we have

$$\begin{aligned} c(\mu \otimes \mu \otimes 1, \psi) &= c(\mu \otimes \mu \otimes 1, S) \\ &\leq c(\mu \otimes \mu, S_w) \leq c(\mu \otimes \mu, S_w - \tilde{K}) - c(1 \otimes 1, -\tilde{K}). \end{aligned}$$

The first inequality above follows from Proposition 2.1, while the second one is the triangle inequality for spectral invariants [22, Proposition 3.3] (because $(\mu \otimes \mu) \cup (1 \otimes 1) = \mu \otimes \mu$). The following lemmas ensure that

$$c(\mu \otimes \mu, S_w - \tilde{K}) = c(\mu \otimes \mu, -\tilde{K}),$$

so (applying Proposition 2.1):

$$\begin{aligned} c(\mu \otimes \mu \otimes 1, \psi) &\leq c(\mu \otimes \mu, -\tilde{K}) - c(1 \otimes 1, -\tilde{K}) \\ &= c(\mu, -K) - c(1, -K) = \gamma(\phi^{-1}), \end{aligned}$$

and $\gamma(\phi^{-1}) = \gamma(\phi)$ which gives the desired inequality.

Consider a Hamiltonian path ψ^t from the identity to ψ in $\text{Ham}^c(U)$ and a Hamiltonian path Ψ^t of $T^*S^{2m} \times T^*S^k \times T^*\mathbb{T}^k$ such that $\Psi^t(0) = L_{\psi^t}$. This path gives rise to a family of *gfqi* S^t , continuous in t , that generate L_{ψ^t} for all t and that coincide with a fixed quadratic form Q outside a compact set independent of t [14, 18, 19]. The first lemma ensures that we can further assume S_t normalized.

Lemma 2.7. $G^t := S^t - c(\mu \otimes 1 \otimes \gamma, S^t)$ is a continuous family of normalized generating functions for L_{ψ^t} . Moreover there exists a family of fiber preserving diffeomorphisms φ_t such that $G^t \circ \varphi_t$ is a continuous family of normalized *gfqi* for L_{ψ^t} .

Proof. To start with, we know that both functions $S_N^t(p, q, \xi) = S^t(N, p, q, \xi)$ and $S_N^t(z, q, \xi) = S^t(z, N, q, \xi)$ generate the zero sections so they have just one critical value. Moreover $S^t(i_{S^t}^{-1}(N, N, q, 0))$ is a common critical value so they are both the same. Using Proposition 2.1 we get

$$c(1 \otimes \gamma, S_N^t) \leq c(\mu \otimes 1 \otimes \gamma, S^t) \leq c(\mu \otimes \gamma, S_N^t),$$

so $c(\mu \otimes 1 \otimes \gamma, S^t) = S^t(i_{S^t}^{-1}(N, N, q, 0))$ determines continuously the critical value at infinity.

For the second part, define $c_t := c(\mu \otimes 1 \otimes \gamma, S^t)$ and recall that S^t equals Q outside a compact set. Let $\chi: \mathbb{R}^N \rightarrow [0, 1]$ be a compactly supported function with $\chi \equiv 1$ in a neighbourhood of 0, and

$$X_t(\xi) := (1 - \chi(\xi))c_t \frac{\vec{\nabla} Q(\xi)}{\|\vec{\nabla} Q(\xi)\|^2},$$

seen as an autonomous vector field (t is not the parameter of integration). This vector field X_t is well-defined and complete because Q is non-degenerate, so $\phi_t := \Phi_{X_t}^1$ is well-defined. Moreover, if ξ lies far away in \mathbb{R}^N , $\Phi_{X_t}^r(\xi)$ remains on the set $\{1 - \chi = 1\}$ for all $r \in [0, 1]$, so $Q \circ \Phi_{X_t}^r(\xi) = Q(\xi) + rc_t$. As a consequence, $(Q - c_t) \circ \phi_t = Q$ outside a compact set, so $G_t \circ \phi_t := G_t(z, p, q, \phi_t(\xi))$ is a *gfqi* for L_{ψ^t} . Since moreover G_t is normalized, so is $G_t \circ \phi_t$. Finally, the family ϕ_t is obviously continuous in the t variable. \square

Lemma 2.8. *Let S^t be a continuous family of normalized *gfqi* for the Lagrangian L_{ψ^t} . Then $c(\mu \otimes \mu, S_w^t - \tilde{K})$ is a critical value of $-\tilde{K}$ and as a consequence*

$$c(\mu \otimes \mu, S_w - \tilde{K}) = c(\mu \otimes \mu, -\tilde{K}).$$

Proof. Recall that points in L_{ψ^t} are of the form

$$\tilde{\Gamma}_{\psi^t}(z, p, q) = \left(\mathcal{J}(z, \psi_z^t), \frac{p + \psi_p^t}{2}, q - \psi_q^t, \frac{q + \psi_q^t}{2}, \psi_p^t - p \right),$$

plus other points on the zero section that come from compactifying. Moreover, the functions S_w^t formally generate the sets of points

$$\left(\mathcal{J}(z, \psi_z^t), \frac{p + \psi_p^t}{2}, q - \psi_q^t \right) \quad \text{for points } (z, p, q) \text{ that verify } \frac{q + \psi_q^t}{2} = w,$$

plus other points in the zero section. This set is denoted henceforth L_w^t . Recall that the notation $S_w^t - \tilde{K}$ stands for the function $(z, p, \xi, \eta) \mapsto S^t(z, p, w, \xi) - K(z, \eta)$. It is enough to prove that all critical points (z, p, ξ, η) of $S_w^t - \tilde{K}$ are such that (z, η) is a critical point of $-\tilde{K}$, while (z, p, ξ) is a critical point of S_w^t with critical value 0. Letting $x := (z, p)$, such a critical point verifies

$$\frac{\partial S_w^t}{\partial x} = \frac{\partial \tilde{K}}{\partial x} \quad \text{and} \quad \frac{\partial S_w^t}{\partial \xi} = \frac{\partial \tilde{K}}{\partial \eta} = 0,$$

so it is associated to an intersection point of L_w^t and $L_\phi \times 0$ in the fiber of (z, p) . This intersection point therefore verifies:

$$q - \psi_q^t = 0 \quad \text{and} \quad \frac{q + \psi_q^t}{2} = w \quad (\text{so } q = \psi_q^t = w),$$

or will be on the zero section coming from critical points of S^t at infinity. We claim that such a point of intersection must lie on $\mathcal{J}(U_w \times U_w)^c \times T^*S^k$. Indeed, if $\mathcal{J}(U_w \times U_w) \times T^*S^k \cap (L_\varphi \times 0) \neq \emptyset$, then $\Phi^{-1}(\mathcal{J}(U_w \times U_w)) \cap 0 \neq \emptyset$. But $\Phi^{-1}(\mathcal{J}(U_w \times U_w)) = \mathcal{J}(\varphi^{-1}(U_w) \times U_w)$ does not intersect the zero section because φ displaces U_w . This in turn implies that the intersection point is on the zero section: if a point of L_w^t is in $\mathcal{J}(U_w \times U_w)^c \times T^*S^k$, $(z, \psi_z^t) \in (U_w \times U_w)^c$ so $z \notin U_w$ or $\psi_z^t \notin U_w$. In both cases, $\psi^t(z, p, w) = (z, p, w)$ because $q = \psi_q^t = w$, and ψ^t has support in U , which intersects $\{q = w\}$ along $U_w \times \mathbb{R}^k$. Thus, the point $\tilde{\Gamma}_{\psi^t}(z, p, w)$ is on the zero section, (z, p, w, ξ) is indeed a critical point of S_t and as a consequence (z, η) is a critical point of $-\tilde{K}$. In addition (z, p, w) is in U^c because $z \notin U_w$.

Now we prove that all the points in U^c have critical value 0. Since $\text{Supp } \psi_t \Subset U$ and U^c is connected, there is an open connected set W that contains U^c and that does not intersect $\text{Supp } \psi_t$ (for all t). Then $0_W \subset L_t$ so if $j: W \hookrightarrow L_t$ is the inclusion on the zero section, $f := i_{S^t}^{-1} \circ j: W \rightarrow \Sigma_{S^t}$ is an embedding into the set of critical points. The open set W is connected so $S^t \circ f$ is constant and all the points in W have the same critical value. The fact that S^t is normalized now implies that this value is zero.

Finally, Sard's theorem ensures that the set of critical values of $-\tilde{K}$ has measure zero, so it is totally disconnected. By continuity of the invariants, $c(\mu \otimes \mu, S_w^t - \tilde{K})$ is therefore constant, so $c(\mu \otimes \mu, -\tilde{K}) = c(\mu \otimes \mu, S_w^1 - \tilde{K})$. \square

2.4. Proof of the sub-quadratic case. We proceed with the proof of Theorem 1.1. We reduce the sub-quadratic case to the compactly supported case and then use Theorem 2.5 to conclude. Note that H is sub-quadratic if and only if for every $\epsilon > 0$ there is an $A_\epsilon \geq 0$ such that $|\nabla H_t(z)| \leq A_\epsilon + \epsilon|z|$. The following proposition implies that for sub-quadratic H the map ψ_t^H verifies the coisotropic non-squeezing property for every $t \in \mathbb{R}$.

Proposition 2.9. *Let H_t be a Hamiltonian of \mathbb{C}^n such that $|\nabla H_t(z)| \leq A + B|z|$. Let $X \subset \mathbb{C}^k$ be a compact subset and consider the coisotropic subspace $W = \mathbb{C}^k \times i\mathbb{R}^{n-k}$. Then the flow ψ_t of H verifies*

$$c(X) \leq \gamma(\text{Red}_W(\psi_t(X \times \mathbb{R}^{n-k})))$$

for every $|t| < \frac{\ln 2}{3B}$.

Proof. By considering the Hamiltonian $\frac{1}{B}H_{\frac{t}{B}}$ we may suppose $B = 1$. Using Gronwall's lemma we get the inequalities

$$|\psi_s(z)| \leq e^s(|z| + A) - A \quad \text{and} \quad |\psi_s(z) - z| \leq (e^s - 1)(|z| + A).$$

Suppose that $z \in \mathbb{C}^n$ verifies for a fixed $t \in \mathbb{R}$

$$z \in X \times \mathbb{R}^{n-m} \quad \text{and} \quad \psi_t(z) \in \mathbb{C}^m \times i\mathbb{R}^{n-m}.$$

We call such a z a camel point and $\psi_{[0,t]}(z)$ a camel trajectory. Denote π_+^m the natural projection on \mathbb{R}^{n-m} of coordinates (q_{m+1}, \dots, q_n) . Using the fact X is contained in a ball of a certain radius r and that $\pi_+^m \psi_t(z) = 0$ we find

$$|z| \leq r + |\pi_+^m(z)| = r + |\pi_+^m(\psi_t(z) - z)| \leq r + (e^t - 1)(|z| + A).$$

In particular we see that if $e^t < 2$, so if $t < \ln 2$, the camel points verify

$$|z| \leq \frac{r + A}{2 - e^t}.$$

Using the inequalities at the beginning of the proof we see that the set of camel trajectories is contained in a ball of radius $C = C(t, A, r)$ centered at the origin. The idea now is to build from ψ_t a compactly supported Hamiltonian diffeomorphism φ_t that coincides with ψ_t on $B(0, R)$ for some $R > C$ and whose camel trajectories are also contained in this ball for $|t| \leq t_0$ for some $t_0 > 0$. Then the camel trajectories of both flows coincide so we can apply Theorem 2.5 for φ_t to get the desired result.

Let $\chi: \mathbb{R} \rightarrow \mathbb{R}$ be a smooth function with values on $[0, 1]$ that equals 1 over the interval $[0, R]$, vanishes over $[2R, +\infty[$ and such that $|\chi'| \leq 2/R$. Note that on the support of χ' we have $|z| \leq 2R$ so

$$|\chi'(|z|)| \leq \frac{2}{R} \leq \frac{4}{|z|}.$$

Define $G_t(z) = \chi(|z|)H_t(z)$ (the value of R will be chosen later). It is a compactly supported function that generates a Hamiltonian diffeomorphism φ_t . Since we may suppose that $H_s(0) = 0$ for all s we have $|H_s(z)| \leq A|z| + \frac{|z|^2}{2}$. We have

$$\begin{aligned} |\nabla G_s(z)| &= \left| \chi'(|z|) \frac{z}{|z|} H_s(z) + \chi(|z|) \nabla H_s(z) \right| \\ &\leq 4A + 2|z| + A + |z| \leq 5A + 3|z| \end{aligned}$$

and the bound does not depend on R . In particular, by the same arguments as above, if $|t| \leq \frac{\ln 2}{3}$ then the camel trajectories of φ_t are bounded by a constant independent of R . Choose R big enough to contain the camel trajectories of ψ_t and φ_t and the proposition follows. \square

The time bound in Proposition 2.9 is not optimal and one may get a better one modifying the bound for $|\chi'|$, but this bound cannot be extended much more since the statement fails for bigger t (see Remark 1.3).

3. Hamiltonian PDEs

Let E be a real Hilbert space. A (strong) symplectic form on a real Hilbert space is a continuous 2-form $\omega: E \times E \rightarrow \mathbb{R}$ which is non-degenerate in the sense that the

associated linear mapping

$$\Omega: E \rightarrow E^* \quad \text{defined by } \xi \mapsto \omega(\xi, \cdot)$$

is an isomorphism. Let $H: E \rightarrow \mathbb{R}$ be a smooth Hamiltonian function. In the same way as in the finite dimensional case one can define the vector field $X_H(u) = \Omega^{-1}(dH(u))$ and consider the ODE

$$\dot{u} = X_H(u).$$

The situation encountered in examples is however a little bit different. In most cases the Hamiltonian H is not defined on the whole space E but only on a dense Hilbert subspace $D_H(E) \subseteq E$. This raises the question of what a solution is and how to construct it.

3.1. Semilinear Hamiltonian equations. Denote by $\langle \cdot, \cdot \rangle$ the scalar product of E . Consider an anti-self-adjoint isomorphism $\bar{J}: E \rightarrow E$ and supply E with the strong symplectic structure

$$\omega(\cdot, \cdot) = \langle \bar{J}\cdot, \cdot \rangle.$$

Denote $J = (\bar{J})^{-1}$ which is also a skew adjoint isomorphism of E . Take a possibly unbounded linear operator A with dense domain such that JA generates a C^0 group of (symplectic) transformations

$$\{e^{tJA} \mid t \in \mathbb{R}\} \quad \text{with } \|e^{tJA}\|_E \leq M e^{N|t|}$$

and consider the Hamiltonian function

$$H_t(u) = \frac{1}{2} \langle Au, u \rangle + h_t(u),$$

where $h: E \times \mathbb{R} \rightarrow \mathbb{R}$ is smooth. The corresponding Hamiltonian equation has the form

$$\dot{u} = X_H(u) = JAu + J\nabla h_t(u).$$

In this case the domain of definition of the Hamiltonian vector field is the same as the domain $D(A)$ of A which is a dense subspace of E . This implies that classical solutions can only be defined on $D(A)$. More precisely by a *classical solution* we mean a function $u: [0, T] \rightarrow E$ continuous on $[0, T]$, continuously differentiable on $[0, T]$, with $u(t) \in D(A)$ for $0 < t < T$ and such that the equation is satisfied on $[0, T]$. Nevertheless the boundedness of the exponential allows us to define solutions in the whole space E via Duhamel's formula:

Definition 3.1. A continuous curve $u(t) \in \mathcal{C}([0, T]; E)$ is a *(mild) solution* of the Hamiltonian equation in E with initial condition $u(0) = u_0$ if for $0 \leq t \leq T$,

$$u(t) = e^{tJA}u_0 + \int_0^t e^{(t-s)JA} J\nabla h_s(u(s)) ds.$$

One can easily verify that if $u(t)$ is a classical solution, then it is also a mild solution. For semilinear equations we know (see for example [15]) that if ∇h is locally Lipschitz continuous, then for each initial condition there exists a unique solution which is defined until blow-up time. If moreover ∇h is continuously differentiable then the solutions with $u_0 \in D(A)$ are classical solutions of the initial value problem. Locally we get a smooth flow map $\Phi_t: \mathcal{O} \subseteq E \rightarrow E$ defined on an open set \mathcal{O} . If every solution satisfies an a priory estimate

$$\|u(t)\|_E \leq g(t, u(0)) < \infty,$$

where g is a continuous function on $\mathbb{R} \times E$, then all flow maps $\Phi_t: E \rightarrow E$ are well defined and smooth. This is the case for example if $\|\nabla h_t(u)\|_E \leq C$. Remark that the choice of the linear map A is arbitrary. Indeed if JA generates a continuous group of transformations and B is a bounded linear operator then $J(A + B)$ is an infinitesimal generator of a group $e^{tJ(A+B)}$ on E satisfying $\|e^{tJ(A+B)}\|_E \leq M e^{N+M\|B\||t|}$. One can then consider the linear part $J(A + B)$ and set $J\nabla h_t - JB$ as the nonlinear part. This indeterminacy is only apparent: classical solutions verify Duhamel's formula for JA and $J(A + B)$ so both flow maps coincide over the dense subspace $D(A)$ which by continuity implies that the two flows are equal.

3.2. Nonlinear string equation. Consider the periodic nonlinear string equation

$$\ddot{u} = u_{xx} - f(t, x, u), \quad u = u(t, x),$$

where $x \in \mathbb{T} = \mathbb{R}/2\pi\mathbb{Z}$ and f is a smooth function which is bounded and has at most a polynomial growth in u , as well as its u - and t -derivatives:

$$\left| \frac{\partial^a}{\partial u^a} \frac{\partial^b}{\partial t^b} f(t, x, u) \right| \leq C_k (1 + |u|)^{M_k}, \quad \text{for } a + b = k, \text{ and for all } k \geq 0,$$

with $M_0 = 0$. Here C_k and M_k 's are non-negative constants. We now describe the Hamiltonian structure of this equation. Denote by B the operator $B = (-\partial^2/\partial x^2 + 1)^{1/2}$ and remark that we may write the equation in the form

$$\begin{aligned} \dot{u} &= -Bv, \\ \dot{v} &= (B - B^{-1})u + B^{-1}f(t, x, u). \end{aligned}$$

Define $E = H^{\frac{1}{2}}(\mathbb{T}) \times H^{\frac{1}{2}}(\mathbb{T})$ as the product of Hilbert spaces where the scalar product of $H^{\frac{1}{2}}(\mathbb{T})$ is given by

$$\langle u_1, u_2 \rangle = \frac{1}{2\pi} \int_0^{2\pi} B u_1(x) u_2(x) dx.$$

If we define the function

$$h_t(u, v) = -\frac{1}{2\pi} \int_0^{2\pi} F(t, x, u(x)) dx, \quad F = \int_0^u f du,$$

we get

$$\nabla h_t(u, v) = (B^{-1} f(t, x, u(x)), 0).$$

The gradient verifies $\|\nabla h_t\|_E \leq C_0$. The polynomial growth condition on f guarantees that there exists a $0 < \theta < 1/2$ such that ∇h has a \mathcal{C}^1 extension to $H^{\frac{1}{2}-\theta}(\mathbb{T}) \times H^{\frac{1}{2}-\theta}(\mathbb{T})$. Moreover this implies that ∇h is locally Lipschitz in E over compact time intervals (see [11] for details). A special case where such properties are verified is $f(t, x, u) = \sin u$ which corresponds to the sine-Gordon equation. In this case $\|\nabla h_t\|_E \leq 1$. Now putting $A = (B - B^{-1}) \times B$ and defining $J: E \rightarrow E$ by $J(u, v) = (-v, u)$ we can write the nonlinear string equation as the semilinear PDE:

$$(\dot{u}, \dot{v}) = JA(u, v) + J\nabla h_t(u, v).$$

Consider the symplectic Hilbert basis $\{\varphi_j^\pm \mid j \in \mathbb{Z}\}$, where

$$\varphi_j^+ = \frac{1}{(j^2 + 1)^{\frac{1}{4}}} (\varphi_j(x), 0), \quad \varphi_j^- = \frac{1}{(j^2 + 1)^{\frac{1}{4}}} (0, -\varphi_j(x)),$$

with

$$\varphi_j(x) = \begin{cases} \sqrt{2} \sin jx, & j > 0, \\ \sqrt{2} \cos jx, & j \leq 0. \end{cases}$$

In this basis we have $(B \times B)\varphi_j^\pm = \sqrt{j^2 + 1}\varphi_j^\pm$ so if we denote $\lambda_j = \sqrt{j^2 + 1}$ we get that

$$A\varphi_j^+ = \left(\lambda_j - \frac{1}{\lambda_j}\right)\varphi_j^+ \quad \text{and} \quad A\varphi_j^- = \lambda_j\varphi_j^-.$$

Now remark that JA has eigenvalues $\{\pm i\sqrt{\lambda_j^2 - 1} = \pm ij\}$. If we calculate e^{tJA} we get that its action on each symplectic plane $\varphi_j^+ \mathbb{R} \oplus \varphi_j^- \mathbb{R}$ is given by the matrix

$$\begin{pmatrix} \cos tj & -\frac{\sqrt{j^2+1}}{j} \sin tj \\ \frac{j}{\sqrt{j^2+1}} \sin tj & \cos tj \end{pmatrix},$$

which gets closer and closer to a rotation as j goes to infinity. In particular we get a bounded group of symplectic linear maps. We conclude that for all $t \in \mathbb{R}$ the time t map of the flow of the nonlinear string equation $\Phi_t: E \rightarrow E$ is defined on the whole space E .

3.3. Finite dimensional approximation. In this subsection we will follow [11] for the particular case of the nonlinear string equation. We include the proofs for completeness. Recall that the Hilbert basis of E is $\{\varphi_j^\pm \mid j \in \mathbb{Z}\}$ and denote E_n the vector space generated by $\{\varphi_j^\pm \mid |j| \leq n\}$. It is a real vector space isomorphic to \mathbb{R}^{2n+2} . Let E^n be the Hilbert space with basis $\{\varphi_j^\pm \mid |j| > n\}$ so that $E = E_n \oplus E^n$ and

write $u = (u_n, u^n)$ for an element $u \in E$. The fact that J and A preserve E_n for all n will allow us to define the finite dimensional approximations just by projecting the vector field. Let $\Pi_n: E \rightarrow E_n$ be the natural projection and consider the Hamiltonian function

$$H_n(u) = \frac{1}{2} \langle Au, u \rangle + h_n(u), \quad \text{where } h_n(u) := h_t(\Pi_n(u)).$$

The Hamiltonian equation now becomes

$$\dot{u} = X_{H_n}(u) = JAu + J\nabla h_n(u),$$

where $\nabla h_n(u) = \Pi_n(\nabla h_t(\Pi_n(u)))$. Since ∇h_n continues to be locally Lipschitz and bounded, X_{H_n} generates a global flow Φ_n^t . This flow can be decomposed as $\Phi_n^t = e^{tJA} \circ V_n^t$ with $V_n^t(u) = (\phi_n^t(u_n), u^n)$. Here ϕ_n^t is a finite dimensional Hamiltonian flow on E_n generated by the time dependent function $h_n \circ e^{tJA}$. We remark that this function has a bounded gradient so ϕ_n^t verifies Theorem 1.1 for every $t \in \mathbb{R}$. The key point of the approximation is the following lemma which is a slight modification of a lemma in [11, Appendix 2]:

Lemma 3.2. *Denote $F_\theta = H^{\frac{1}{2}-\theta}(\mathbb{T}) \times H^{\frac{1}{2}-\theta}(\mathbb{T})$ and let K be a compact subset of F_θ . Let $g: \mathbb{R} \times F_\theta \rightarrow E$ be a continuous map and fix a $T > 0$. Then*

$$\sup_{(t,u) \in [-T,T] \times K} \|g_t(u) - g_t(\Pi_n u)\|_E$$

converges to zero as n goes to infinity. Moreover, for every $R > 0$ there exists a decreasing function $\epsilon_R: \mathbb{N} \rightarrow \mathbb{R}$ such that $\epsilon_R(n) \rightarrow 0$ as $n \rightarrow \infty$ and

$$\|\nabla h_t(u) - \nabla h_n(u)\|_E \leq \epsilon_R(n)$$

for every $u \in B(0, R)$ and $|t| \leq T$.

Proof. By contradiction suppose that there is a sequence $\{(s_n, z_n)\} \subset [-T, T] \times K$ such that $\|g_{s_n}(z_n) - g_{s_n}(\Pi_n z_n)\|_E \geq \delta > 0$ for every $n \in \mathbb{N}$. By compactness we may suppose that there is a converging subsequence $(s_{n_k}, z_{n_k}) \rightarrow (s, z)$. This sequence will also verify $\Pi_{n_k} z_{n_k} \rightarrow z$. We have

$$\|g_{s_{n_k}}(z_{n_k}) - g_{s_{n_k}}(\Pi_{n_k} z_{n_k})\|_E \leq \|g_{s_{n_k}}(z_{n_k}) - g_s(z)\|_E + \|g_s(z) - g_{s_{n_k}}(\Pi_{n_k} z_{n_k})\|_E$$

and the quantity of the rhs converges to zero as n_k goes to infinity by continuity of g . In particular, for n_k big enough we get $\|g_{s_{n_k}}(z_{n_k}) - g_{s_{n_k}}(\Pi_{n_k} z_{n_k})\|_E < \delta$, a contradiction.

For the second claim recall that ∇h_t has an extension to F_θ for θ small enough (see [11]). Denote by $\nabla \tilde{h}_t$ the extension and let $i: E \rightarrow F_\theta$ be the compact inclusion

so that $\nabla h_t(u) = \nabla \tilde{h}_t(i(u))$. Recall that $\nabla h_n(u) = \Pi_n \nabla h_t(\Pi_n(u))$. We have

$$\begin{aligned} \|\nabla h_t(u) - \nabla h_n(u)\|_E &\leq \|\nabla h_t(u) - \Pi_n \nabla h_t(u)\|_E + \|\Pi_n \nabla h_t(u) - \Pi_n \nabla h_t(\Pi_n(u))\|_E \\ &\leq \|\nabla \tilde{h}_t(i(u)) - \Pi_n \nabla \tilde{h}_t(i(u))\|_E + \|\nabla \tilde{h}_t(i(u)) - \nabla \tilde{h}_t(\Pi_n i(u))\|_E. \end{aligned}$$

For every $R > 0$ the sets $\bigcup_{|t| \leq T} \nabla \tilde{h}_t(i(B_E(0, R)))$ and $i(B_E(0, R))$ are precompact in $E = F_0$ and F_θ respectively, so we may take the sup in $B_E(0, R)$ and $|t| \leq T$ and apply the first part of the lemma to conclude. \square

Now we have all the tools we need for the finite dimensional approximation.

Proposition 3.3 ([11]). *Fix a $t \in \mathbb{R}$. For each $R > 0$ and $\epsilon > 0$ there exists an N such that if $n \geq N$ then*

$$\|V^t(u) - V_n^t(u)\|_E \leq \epsilon$$

for all $u \in B(0, R)$.

Proof. Duhamel's formula and the fact that e^{tJA} is a bounded operator give

$$\begin{aligned} \|V^t(u) - V_n^t(u)\|_E &\leq C \int_0^t \|\nabla h_s(\Phi^s(u)) - \nabla h_n(\Phi_n^s(u))\|_E ds \\ &\leq C \int_0^t \|\nabla h_s(\Phi^s(u)) - \nabla h_s(\Phi_n^s(u))\|_E ds \\ &\quad + C \int_0^t \|\nabla h_s(\Phi_n^s(u)) - \nabla h_n(\Phi_n^s(u))\|_E ds. \end{aligned}$$

If $u \in B_E(0, R)$ and $s \in [0, t]$ then $\|\nabla h\|_E$ bounded implies that for all $n \in \mathbb{N}$ the element $\Phi_n^s(u)$ wont leave a ball of radius $R'(R, t)$. We can now use Lemma 3.2 and the fact that ∇h is locally Lipschitz to get

$$\|V^t(u) - V_n^t(u)\|_E \leq \tilde{C} \int_0^t \|V^s(u) - V_n^s(u)\|_E ds + C t \epsilon(n).$$

By Gronwall's lemma we conclude that

$$\|V^t(u) - V_n^t(u)\|_E \leq \epsilon(n) C(t),$$

where $C(t)$ depends continuously on t . The function $\epsilon(n)$ is decreasing and converges to zero so there exists an $N \in \mathbb{N}$ such that if $n \geq N$ then $\epsilon(n) C(t) \leq \epsilon$ which gives the result. \square

3.4. Coisotropic camel. We now move towards the proof of Theorem 1.4. Recall that to state Theorem 1.1 we had to divide the symplectic phase space into two Lagrangian subspaces that determine the coisotropic subspaces that we work with. In the infinite dimensional case we have $E = E_+ \oplus E_- = H^{\frac{1}{2}} \times H^{\frac{1}{2}}$, where E_+ (resp. E_-) is generated by $\{\varphi_j^+ \mid j \in \mathbb{Z}\}$ (resp. $\{\varphi_j^- \mid j \in \mathbb{Z}\}$). Moreover denote E_k (resp. E_+^k and E_-^k) the Hilbert subspace generated by $\{\varphi_j^{\pm} \mid |j| \leq k\}$ (resp. $\{\varphi_j^+ \mid |j| \geq k+1\}$ and $\{\varphi_j^- \mid |j| \geq k+1\}$) and $\Pi_k: E \rightarrow E_k$ (resp. Π_+^k and Π_-^k) the corresponding projection. First, let's state the infinite dimensional version of Theorem 1.1.

Proposition 3.4. *Fix a $k \geq 1$ and let X be a compact set contained in E_k . Define*

$$C = \{u \in E \mid \Pi_k u \in X \text{ and } \Pi_-^k u = 0\}.$$

Then for every $t \in \mathbb{R}$ we have

$$c(X) \leq \gamma(\Pi_k(V^t(C) \cap \{\Pi_+^k = 0\})).$$

This is not a statement about the actual flow of the nonlinear string equation. Nevertheless using the fact that e^{tJA} restricts to a symplectic isomorphism on each E_n we get Theorem 1.4:

Proof of Theorem 1.4. We always have the inclusion $\Pi_k(V^t(C) \cap \{\Pi_+^k = 0\}) \subseteq \Pi_k V^t(C)$, so by Proposition 3.4 and monotonicity of the symplectic capacity γ we have

$$c(X) \leq \gamma(\Pi_k(V^t(C) \cap \{\Pi_+^k = 0\})) \leq \gamma(\Pi_k V^t(C)).$$

The linear operator e^{tJA} restricts to a symplectic isomorphism on each E_n which commutes with Π_k and the capacity γ is invariant under symplectic transformations so

$$\gamma(\Pi_k V^t(C)) = \gamma(e^{-tJA} \Pi_k e^{tJA} V^t(C)) = \gamma(\Pi_k \Phi^t(C)),$$

which gives the desired result. \square

The proof of Proposition 3.4 relies on the finite dimensional result and it is the finite dimensional approximation of the flow that allows us to go from finite to infinite dimensions. For these reasons we start with the following lemma:

Lemma 3.5. (1) *Fix a $k \geq 1$ and let X be a compact set contained in E_k . Then for every $t \in \mathbb{R}$ and $n > k$ we have $c(X) \leq \gamma(\Pi_k(V_n^t(C) \cap \{\Pi_+^k = 0\}))$.*

(2) *The set $\cup_n \{u \in C \mid \Pi_+^k V_n^t u = 0\} \subseteq E$ is bounded by a constant $R(t)$.*

(3) *The set $\{u \in C \mid \Pi_+^k V^t u = 0\}$ is compact and so is $V^t(C) \cap \{\Pi_+^k = 0\}$.*

Proof. Recall that $V_n^t u = (\phi_n^t(u_n), u^n)$ where ϕ_n^t is a finite dimensional flow generated by a sub-quadratic Hamiltonian function so it verifies Theorem 1.1. An easy computation shows that V_n^t verifies the statement if and only if ϕ_n^t verifies Theorem 1.1 on E_n .

For the second claim let $u \in E$ and decompose its norm as

$$\|u\| \leq \|\Pi_k u\| + \|\Pi_+^k u\| + \|\Pi_-^k u\|.$$

If $u \in C$ then by definition $\Pi_k u$ belongs to X which is compact contained in a ball of a certain radius r and $\Pi_-^k u = 0$, so $\|u\| \leq r + \|\Pi_+^k u\|$. It is then enough to show that $\Pi_+^k V_n^t u = 0$ implies $\|\Pi_+^k u\| \leq c(t)$. Duhamel's formula and the fact that

$$\sup_{(t,u) \in [0,t] \times E} \|\nabla h_n(u)\| \leq \sup_{(t,u) \in [0,t] \times E} \|\nabla h(u)\|$$

is bounded imply that $\|V_n^t u - u\| \leq c(t)$, where $c(t)$ does not depend on n . We get that

$$\|\Pi_+^k u\| = \|\Pi_+^k V_n^t u - \Pi_+^k u\| \leq \|V_n^t u - u\| \leq c(t)$$

and the result follows with $R(t) = r + c(t)$.

For the third claim we start by using the same argument as before to prove that $\{u \in C \mid \Pi_+^k V^t u = 0\}$ is bounded. Now let $\{z_n\} \subset E$ be a sequence such that

$$\Pi_k z_n \in X, \quad \Pi_-^k z_n = 0, \quad \text{and} \quad \Pi_+^k V^t z_n = 0 \quad \text{for all } n \in \mathbb{N}.$$

We claim that $\{z_n\}$ has a convergent subsequence. First remark that, by the decomposition of V_N in $E_N \oplus E^N$, for every $u \in E$ and $N \in \mathbb{N}$ we have $\Pi^N V_N^t u = \Pi^N u$. Moreover, by definition of z_n , if $N \geq k$ then $\Pi_-^N z_n = 0$ and $\Pi_+^N V^t z_n = 0$. For $N \geq k$ we have

$$\begin{aligned} \|\Pi^N z_n\| &= \|\Pi_+^N z_n\| = \|\Pi_+^N V_N^t z_n\| \\ &= \|\Pi_+^N V_N^t z_n - \Pi_+^N V^t z_n\| \leq \|V_N^t z_n - V^t z_n\|. \end{aligned}$$

Now $\{z_n\}_n$ is a bounded sequence so we can apply Proposition 3.3 and for every $\epsilon > 0$ there exists a $N_0(\epsilon) \in \mathbb{N}$ such that if $N \geq N_0$ then $\|V_N^t z_n - V^t z_n\| \leq \epsilon$. By the previous inequalities this implies that for $N \geq N_0$ we have $\|\Pi^N z_n\| \leq \epsilon$. On the other hand, $\{z_n\}_n$ bounded implies that it has a weakly converging subsequence (still denoted by $\{z_n\}$ for simplicity) that converges when projected onto any finite dimensional subspace E_N . We conclude that for any $\delta > 0$, with $\epsilon = \delta/3$ and $N \geq N_0(\epsilon)$, if $p, q \in \mathbb{N}$ are big enough we have

$$\|z_p - z_q\| \leq \|\Pi_N z_p - \Pi_N z_q\| + \|\Pi^N z_p\| + \|\Pi^N z_q\| < \delta,$$

which implies that z_n is a Cauchy sequence. \square

Proof of Proposition 3.4. Let \mathcal{V}_ϵ be the open ϵ neighbourhood of $\Pi_k(V^t(C) \cap \{\Pi_+^k = 0\})$. We will show that for each $\epsilon > 0$ there exists an $n \in \mathbb{N}$ such that

$$\Pi_k(V_n^t(C) \cap \{\Pi_+^k = 0\}) \subseteq \mathcal{V}_\epsilon.$$

Once this is proven, Lemma 3.5 part 1 and monotonicity of the capacity γ imply that $c(X) \leq \gamma(\mathcal{V}_\epsilon)$ for every $\epsilon > 0$ so $c(X) \leq \lim_{\epsilon \rightarrow 0} \gamma(\mathcal{V}_\epsilon)$. We then use that $\Pi_k(V^t(C) \cap \{\Pi_+^k = 0\})$ is compact by Lemma 3.5 part 3 to conclude that

$$\lim_{\epsilon \rightarrow 0} \gamma(\mathcal{V}_\epsilon) = \gamma(\Pi_k(V^t(C) \cap \{\Pi_+^k = 0\})),$$

which is the desired result.

The proof is by contradiction. Suppose that there exist an $\epsilon_0 > 0$ and a sequence $\{z_n\} \subset E$ such that for all $n \in \mathbb{N}$

$$\Pi_k z_n \in X, \quad \Pi_-^k z_n = 0, \quad \Pi_+^k V_n^t z_n = 0 \quad \text{and} \quad d(\Pi_k V_n^t z_n, \mathcal{V}_0) \geq \epsilon_0.$$

We claim that $\{z_n\}$ has a convergent subsequence. We use the same argument as in Lemma 3.5 part 3. For $N \geq k$ we have

$$\begin{aligned} \|\Pi^N z_n\| &= \|\Pi_+^N z_n\| = \|\Pi_+^N V_N^t z_n\| \\ &= \|\Pi_+^N V_N^t z_n - \Pi_+^N V_n^t z_n\| \leq \|V_N^t z_n - V_n^t z_n\|. \end{aligned}$$

By Lemma 3.5 part 2 we know that z_n is a bounded sequence so we can apply Proposition 3.3 and for every $\delta > 0$ there exists a $N_0(\delta) \in \mathbb{N}$ such that if $n, N \geq N_0$ then $\|V_N^t z_n - V_n^t z_n\| \leq \delta$. By the previous inequalities this implies that for $n, N \geq N_0$ we have $\|\Pi^N z_n\| \leq \delta$. On the other hand, $\{z_n\}$ bounded implies that it has a weakly converging subsequence (still denoted by $\{z_n\}$ for simplicity) that converges when projected onto any finite dimensional subspace E_N . We conclude that for any $\delta > 0$, with $\epsilon = \delta/3$ and $N \geq N_0(\epsilon)$, if $p, q \geq N_0$ are big enough we have

$$\|z_p - z_q\| \leq \|\Pi_N z_p - \Pi_N z_q\| + \|\Pi^N z_p\| + \|\Pi^N z_q\| < \delta,$$

which implies that z_n is a Cauchy sequence. Denote z its limit in E . The set X is closed so $\Pi_k z \in X$ and Π_-^k is continuous so $\Pi_-^k z = 0$. This means that z is an element of C . Moreover remark that

$$\|V^t z - V_n^t z_n\| \leq \|V^t z - V^t z_n\| + \|V^t z_n - V_n^t z_n\|,$$

so by continuity of V^t and again Proposition 3.3 we get that $V_n^t z_n$ converges to $V^t z$ in E . Using the hypothesis $\Pi_+^k V_n^t z_n = 0$ we find that $\Pi_+^k V^t z = 0$ which allows us to conclude that $\Pi_k V^t z$ belongs to \mathcal{V}_0 . This contradicts the fact that $d(\Pi_k V_n^t z_n, \mathcal{V}_0) \geq \epsilon_0 > 0$ for all $n \in \mathbb{N}$ achieving the proof of the theorem. \square

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A. Some calculations of symplectic capacities

By definition we know that for every symplectic capacity c we have

$$c(B_r^{2n}) = \pi r^2 = c(B_r^2 \times \mathbb{C}^{n-1}).$$

The reader interested in the proof of this equality for the two different symplectic capacities c and γ that were defined in [22] may look, for example, at [1]. We are interested in the value of Viterbo's capacities on coisotropic spaces $\mathbb{C}^k \times \mathbb{R}^{n-k} \subseteq \mathbb{C}^k \times \mathbb{C}^{n-k}$ with $n \neq k$. Recall that c and γ are first defined on open bounded sets U , then if V is open and unbounded subsets then $c(V)$ is defined as the supremum of the values of $c(U)$ for all open bounded U contained in V and finally if X is an arbitrary domain of \mathbb{C}^n then $c(X)$ is the infimum of all the values $c(V)$ for all open V containing X .

Proposition A.1. *Consider the coisotropic subspace $\mathbb{C}^k \times \mathbb{R}^{n-k} \subseteq \mathbb{C}^k \times \mathbb{C}^{n-k}$ with $0 \leq k < n$. We have*

$$c(\mathbb{C}^k \times \mathbb{R}^{n-k}) = 0 = \gamma(\mathbb{C}^k \times \mathbb{R}^{n-k}).$$

Proof. First remark that for every $\lambda \neq 0$ we have $\lambda \cdot (\mathbb{C}^k \times \mathbb{R}^{n-k}) = \mathbb{C}^k \times \mathbb{R}^{n-k}$ so by homogeneity of symplectic capacities we deduce that any capacity is either 0 or $+\infty$ on coisotropic subspaces. Since we have the inequality $c(\mathbb{C}^k \times \mathbb{R}^{n-k}) \leq \gamma(\mathbb{C}^k \times \mathbb{R}^{n-k})$ it is enough to prove that $\gamma(\mathbb{C}^k \times \mathbb{R}^{n-k}) < +\infty$. By definition

$$\gamma(\mathbb{C}^k \times \mathbb{R}^{n-k}) = \inf\{\gamma(V) \mid V \text{ is open and } \mathbb{C}^k \times \mathbb{R}^{n-k} \subseteq V\},$$

so it is enough to find an open set V containing $\mathbb{C}^k \times \mathbb{R}^{n-k}$ with finite γ value. Recall moreover that for a bounded open set we have

$$\gamma(U) = \inf\{\gamma(\psi), \psi \in \text{Ham}^c(\mathbb{C}^n), \psi(U) \cap U = \emptyset\}.$$

In order to find the open set with finite displacement energy we will use [22, Proposition 4.14] which states the following: for a \mathcal{C}^2 compactly supported Hamiltonian $H: [0, 1] \times \mathbb{C}^n \rightarrow \mathbb{R}$ that generates a flow ψ_1 we have $\gamma(\psi_1) \leq \|H\|_{\mathcal{C}^0}$.

Find a smooth function $f: \mathbb{R} \rightarrow \mathbb{R}$ with values on $]0, 1[$ and $f'(s) > 0$ for every $s \in \mathbb{R}$. Define the open set

$$V = \{(q_1, p_1, \dots, q_n, p_n) \in \mathbb{C}^n \text{ such that } |p_n| < f'(q_n)\}.$$

By hypothesis $k < n$ so $\mathbb{C}^k \times \mathbb{R}^{n-k} \subseteq V$. We claim that $\gamma(V) < +\infty$. For this we will consider the bounded Hamiltonian $H(q, p) = -2f(q_n)$ which generates the flow

$$\psi_t(q, p) = (q_1, p_1, \dots, q_n, p_n + t2f'(q_n)).$$

If $(q, p) \in V$ then

$$|p_n + 2f'(q_n)| \geq 2f'(q_n) - |p_n| > f'(q_n),$$

which implies that $\psi_1(V) \cap V = \emptyset$. Let U be an open bounded set contained in V , we have $\psi_1(U) \cap U = \emptyset$. Find a compactly supported smooth function $\chi: \mathbb{C}^n \rightarrow \mathbb{R}$ with values on $[0, 1]$ and constant equal to 1 on a neighbourhood of $\bigcup_{t \in [0, 1]} \psi_t(U)$. Then χH verifies $\|\chi H\|_{\mathcal{C}^0} \leq \|H\|_{\mathcal{C}^0}$ and by construction its flow still displaces the open set U . We conclude by [22, Proposition 4.14] that $\gamma(U) \leq \|H\|_{\mathcal{C}^0}$. Since the bound does not depend on U this implies that $\gamma(V) \leq \|H\|_{\mathcal{C}^0}$ which finally gives

$$\gamma(\mathbb{C}^k \times \mathbb{R}^{n-k}) \leq \|H\|_{\mathcal{C}^0} < +\infty$$

concluding the proof. \square

B. A Hamiltonian subgroup of the group of symplectic diffeomorphisms

In this section we exhibit a subgroup of $\text{Sympl}(\mathbb{C}^n)$ which is strictly bigger than the group of compactly supported Hamiltonian diffeomorphisms and whose elements are generated by sub-quadratic functions.

Proposition B.1. *Denote $\text{Ham}^{\text{dL}}(\mathbb{C}^n)$ the set of Hamiltonian diffeomorphisms φ_t^H such that H_t , φ_t^H and $(\varphi_t^H)^{-1}$ are all Lipschitz in space over compact time intervals. Then $\text{Ham}^{\text{dL}}(\mathbb{C}^n)$ is a subgroup of $\text{Sympl}(\mathbb{C}^n)$. Moreover $\text{Ham}^{\text{dL}}(\mathbb{C}^n)$ is strictly bigger than the group of compactly supported Hamiltonian diffeomorphisms.*

Remark B.2. The superscript “dL” on $\text{Ham}^{\text{dL}}(\mathbb{C}^n)$ stands for double Lipschitz condition.

Proof. First recall the following formulas:

$$\varphi_t^H \circ \varphi_t^K = \varphi_t^{H \# K} \quad \text{and} \quad (\varphi_t^H)^{-1} = \varphi_t^{\bar{H}},$$

where

$$H \# K(t, z) = H(t, z) + K(t, (\varphi_t^H)^{-1}(z)), \quad \bar{H}(t, z) = -H(t, \varphi_t^H(z)).$$

The identity is clearly in $\text{Ham}^{\text{dL}}(\mathbb{C}^n)$ and it is an easy exercise to use these formulas to prove that $\text{Ham}^{\text{dL}}(\mathbb{C}^n)$ has a group structure. For the second statement, consider a Lipschitz autonomous Hamiltonian H with Lipschitz gradient and use Gronwall’s lemma to prove that φ_t^H (and therefore $(\varphi_t^H)^{-1} = \varphi_{-t}^H$) is Lipschitz. \square

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