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Length of curves under conformal mappings

JOSÉ L. FERNÁNDEZ and DAVID H. HAMILTON

1. Introduction

It is well known that for any homeomorphism f of the unit disk \mathbb{D} onto a domain Ω , where f is ACL and $\nabla f \in L^2(\mathbb{D})$, $f^{-1}(\Omega \cap L)$ has finite length for almost all rectifiable curves L. Suppose now that f is analytic, and let $\lambda(E)$ denote the Hausdorff linear measure of a set E. Hayman and Wu [8] proved that for any line L

$$\lambda(f^{-1}[\Omega \cap L]) < A, \tag{1}$$

for some absolute constant A. This was generalized by Garnett, Gehring and Jones [7] who gave conditions on a rectifiable Jordan curve in order that (1) holds for all Ω as above. It is necessary that L satisfy a regularity condition introduced by Ahlfors, i.e. there is a constant c_1 :

$$\lambda[L \cap \{|\zeta - w| < r\}] \le c_1 r \tag{2}$$

for all $\zeta \in L$ and r > 0. Garnett, Gehring and Jones conjectured that (1) could fail for a regular quasicircle, i.e. L satisfies (2) together with

$$|z_1 - z_2| > c_2 \min_i \operatorname{dia}\left(\gamma_i\right) \tag{3}$$

for any $z_1, z_2 \in L$ where γ_1, γ_2 are the two components of $L \setminus \{z_1, z_2\}$. In fact we show that the example suggested in [7] cannot work. A curve L is called quasismooth (or chord-arc) if there is a constant M > 0 such that for any $z_1, z_2 \in L$ we have

$$\min_{i=1,2} \lambda(\gamma_i) \le M |z_1 - z_2|, \tag{4}$$

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sec Jerison and Kenig [9], Pommerenke [12]. Actually (2) and (3) are equivalent to (4). We prove:

THEOREM 1. For any quasismooth curve L and any simply connected domain Ω with Riemann mapping f

 $\lambda[f^{-1}(\Omega\cap L)] \leq A < \infty,$

where A depends only on the chord arc constant M.

We conjecture that (2) is a necessary and sufficient condition on L in order that (1) hold for all conformal maps.

Next we consider the case of the universal covering mapping f of a multiply connected planar domain. Flinn [5] had obtained the following theorem: suppose that Ω is a hyperbolic planar domain and one component of $\mathbb{C}\setminus L$ is contained in Ω . Then if l is one component of $f^{-1}(\Omega \cap L)$ we have $\lambda(l) < \infty$. On the other hand if $\Omega = \mathbb{D}\setminus E$ where $E \subset (0, 1)$ is a closed set of zero logarithmic capacity then Belna, Cohn, Piranian and Stephenson [3] proved that there are circles L which do not satisfy (1).

Suppose that G is the Fuchsian group of Möbius transformations $T: \mathbb{D} \to \mathbb{D}$ which represents the cover group for Ω . The Dirichlet fundamental region \mathcal{D} for G is

$$\mathcal{D} = \{ z \in \mathbb{D} : |T'(z)| < 1, \forall T \in G \setminus \{I\} \}$$

We say that \mathcal{D} is of finite length type if

$$\sum_G \lambda(\partial T \mathscr{D}) < \infty$$

THEOREM 2. For any hyperbolic planar domain Ω of finite length type with universal covering map $f: \mathbb{D} \to \Omega$ and any quasismooth curve L:

$$\lambda[f^{-1}(\Omega\cap L)] < \infty$$

From this we prove:

COROLLARY 1. Suppose that Ω is a finitely connected hyperbolic planar domain with no point boundary components, and let f be the universal covering

map. Then for any quasismooth curve L,

 $\lambda[f^{-1}(\Omega\cap L)]<\infty.$

The argument of the proof of Corollary 1 also shows how to construct infinitely connected domains for which the theorem holds.

However we do have:

COROLLARY 2. Suppose that Ω is a Denjoy domain, i.e. $\partial \Omega \subset \mathbb{R}$. Then $\lambda[f^{-1}(\Omega \cap L)] < A$ for all quasismooth curves L if and only if Ω has finite length type.

The fact that \mathcal{D} has finite length type says something about the "size" of the group G. The usual way of measuring that size is through the exponent of convergence $\delta(G)$

$$\delta(G) = \inf \left\{ \delta > 0: \sum_{T \in G} (1 - |T(0)|)^{\delta} < \infty \right\}$$

(see, e.g. [14]). We have

COROLLARY 3. Suppose that Ω is a planar domain and G the Fuchsian group uniformizing Ω then if $\delta(G) < \frac{1}{2}$ then for all quasismooth curves L

 $\lambda(f^{-1}(\Omega \cap L)) < \infty.$

The condition on $\delta(G)$ is sharp because for $\mathbb{D}\setminus\{0\}$ we have $\delta = \frac{1}{2}$ while $\lambda(f^{-1}(\mathbb{D}\setminus\{0\}\cap\mathbb{R}) = \infty)$. But on the other hand the condition is not necessary because there are finitely connected domains with no point boundary components for which $\delta > \frac{1}{2}$, e.g. take $\Omega_{\varepsilon} = \{z \in \mathbb{C} : |z| < \varepsilon, |z-1| < \varepsilon, |z| > 1/\varepsilon\}$ with ε small enough (actually $\delta(\Omega_{\varepsilon}) \uparrow 1$ as $\varepsilon \to 0$).

2. Preliminary results

We shall be dealing with domains G which are regular for the Dirichlet problem. By dw_G^z we denote the unique probability measure such that if g is continuous on ∂G then the Perron solution u to the Dirichlet problem in G with

boundary values g is given by

$$u(z)=\int_{\partial G}g\,dw_G^z.$$

The harmonic measure of a Borel subset E of ∂G at a point $z \in G$ with respect to G is then

$$\omega(z, E, G) = \int_E dw_G^z.$$

Also the disk $\{|z-a| < r\}$ is denoted by $\Delta(a, r)$.

We make frequent use of the following results which are simple consequences of the Carleman-Milloux inequality, see [1], and Hall's lemma respectively, see [6].

LEMMA 1. There is a positive function $c(\delta)$, $\delta > 0$, such that if the closure of a domain Ω contains continuum E which meets $\partial \Omega$ then for any $z \in \Omega \setminus E$ satisfying

dist $(z, E) \leq c(\delta)$ dist $(z, \partial \Omega \setminus E)$

we have

 $\omega(z, E, \Omega \setminus E) \geq 1 - \delta.$

Let us denote the upper half plane by *H*. Also if 0 < a < b < 1 and $\theta \in (0, \pi/2)$ then

 $S(a, b, \theta) = \{z \in H : |z| \in (a, b), \arg z \in (\theta, \pi - \theta)\}.$

LEMMA 2. Given 0 < a < b, and $\theta \in (0, \pi/2)$ there exists R > 0 and $\eta > 0$ such that for any $r \ge R$ and for any continuum $E \subset H$ joining |z| = 1 to |z| = r

 $\omega(z, (\Delta(0, r) \cap H) \setminus E) > \eta$

for each z in the sector $S(a, b, \theta)$.

Also we shall be using quasiconformal mappings. We need

LEMMA 3. Given $0 \le a \le b \le 1$ and $\theta \in (0, \pi/2)$ there exists $R \ge 0$ and a positive function $\eta(k)$ such that for any $r \ge R$:

If E is a continuum joining |z| = 1 to |z| = r in H, then for any kquasiconformal mapping $\Phi: \mathbb{C} \to \mathbb{C}$ we have

 $\omega(\Phi(z), \Phi(E), \Phi(\Delta(0, r) \cap H \setminus E)) \ge \eta(k)$

for each $z \in S(a, b, \theta)$.

The lemma follows from Lemma 2 and the distortion theorem of Mori, see [2]. Let Ω be the component of $\Delta(0, r) \cap H \setminus E$ containing $z \in S(a, b, \theta)$ and suppose f and g are the Riemann mappings from the unit disk \mathbb{D} onto (respectively) Ω and $\Phi(\Omega)$ with f(0) = z, $g(0) = \Phi(z)$. If $z \in S(a, b, \theta)$ then because of Lemma 2 $\omega(z, E, \Omega) > \eta$. On the other hand $2\pi \ \omega(z, E, \Omega)$ is the length of the subarc I_1 which is the closure of $\{e^{i\theta}: \lim_{r\to 1} f(re^{i\theta}) \in E\}$. One should note that as E is a continuum in \overline{H} , by a theorem of Beurling (see Collingwood and Lohwater [4]), " $f^{-1}(E)$ " is an arc of $\partial \mathbb{D}$ with a set of capacity zero removed. Similarly $2\pi \ \omega(\Phi(z), \Phi(\Omega))$ is the length of a subarc I_2 . But $g^{-1} \circ \Phi \circ f = \psi$ is a quasiconformal mapping of \mathbb{D} onto itself which fixes 0. Thus as $\psi(I_1) = I_2$ we see by Mori's theorem that:

 $\lambda(I_1) \geq c \{\lambda(I_2)\}^{\delta}$

where c, $\delta > 0$ depend only on k, which concludes the proof of the lemma.

The following is derived from estimates of Jerison and Kenig [9] and Kaufman and Wu [10, p. 269, 273].

LEMMA 4. Suppose that U is a domain whose boundary is a quasismooth curve with constant M. If $z_0 \in U$, $\zeta_0 \in \partial U$ satisfy (for some r > 0)

dist $(z_0, \partial U) \ge ar$

and

 $|z_0-\zeta_0|\leq br$

for some a, b > 0, then for any set $F \subset \partial U$ satisfying $F \subset \Delta(\zeta_0, r)$ and $\lambda(F) \ge r/2$ we have

 $\omega(z_0, F, U) \geq \eta$

where $\eta > 0$ depends only on a, b and M.

This is most easily proved by using Lemma 1 of [10] which provides us with a point $z_1 \in U$ satisfying

$$a_1^{-1}r \le \operatorname{dist}(z_1, \,\partial U) \le a_1r$$
$$b_1^{-1}r \le |\xi_0 - z_1| \le b_1r$$

and

$$\omega(z_1, F, U) \ge \eta_1 > 0$$

where $a_1, b_1, \eta_1 > 0$ depend only on a, b and M. Now U is an (ε, ∞) domain (see [11]) and so there exists a rectifiable arc $\gamma \subset U$ joining z_0 to z_1 and satisfying

$$\lambda(\gamma) \leq a_2 r$$

and

dist
$$(\gamma, \partial U) \ge a_2^{-1}r$$

where a_2 depends only on a, b and K. Consequently Harnack's inequality is applied and we see that it is impossible that $\omega(z_0, |F, U)$ may become arbitrarily small.

The connection between estimating harmonic measures and $\lambda(f^{-1}(\Omega \cap L))$ is derived from the notion of a Carleson measure (see [6]). Now a positive measure μ on the unit disk may be defined to be a Carleson measure if

$$\int_{\mathbb{D}} |T'(z)| \, d\mu < c \tag{5}$$

for any Möbius transformation $T: \mathbb{D} \to \mathbb{D}$. Clearly then, by considering $f \circ T$, any L satisfying (1) will have the property that arc length measure on $f^{-1}(\Omega \cap L)$ is a Carleson measure. This was observed in [7] and gives the extra conclusion that we have a Carleson measure.

LEMMA 5. Suppose that L is a Jordan curve satisfying Ahlfors' regularity condition (2). Then to obtain $\lambda(f^{-1}[\Omega \cap L]) < c$ for all simply connected Ω the following are sufficient:

There is a $\alpha > 0$, $\varepsilon > 0$ and $\beta < 1$ such that for any sequence $w_i \in L \cap \Omega$ with

$$|w_j - w_k| \ge \alpha \operatorname{dist}(w_j, \partial \Omega), \quad j \ne k,$$
 (6)

we have

$$\omega(w_j, K_j, \Omega \setminus K_j) \leq \beta \tag{7}$$

where

$$K_{j} = \bigcup_{k \neq j} \bar{\Delta}(w_{k}, \, \alpha \varepsilon \, \text{dist}(w_{k}, \, \partial \Omega)) \tag{8}$$

3. Proof of Theorem 1

We let *M* denote the chord arc constant of *L*, see (4). Now we fix $\alpha = \frac{1}{3}$ and determine ε and β so that (7) of Lemma 5 is verified for any sequence $\{w_k\} \subset L \cap \Omega$ satisfying (6).

Fix j and let $z = w_j$. Also we define $d = \text{dist}(z, \partial \Omega)$ and $J = L \cap \Omega$. Denote by J_1 the component of J which contains z and by J_0 the component of $J_1 \cap \Delta(z, \alpha d)$ containing z. Consider now the closed (in Ω) set $K = \bigcup_{w \in J \setminus J_0} \overline{\Delta}$ (w, $\alpha \varepsilon$ dist (w, $\partial \Omega$)). Clearly $K \supset K_j \cup (J - J_0)$ and in particular by the maximum principle

$$\omega(z, K, \Omega \setminus K) \ge \omega(z, K_i, \Omega \setminus K_i) \tag{9}$$

So we have only to show that if we choose ε appropriately (depending only on L) we obtain $\beta = \beta(\varepsilon, M) < 1$ so that

$$\omega(z, K, \Omega \setminus K) \leq \beta. \tag{10}$$

Recall the function $c(\delta)$ of Lemma 1; then if $\varepsilon \leq c(\delta)$ we have

$$\omega(z, J \setminus J_0, \Omega \setminus (J \setminus J_0)) \ge (1 - \delta) \omega(z, K, \Omega \setminus K).$$
(11)

To see this we write

$$\omega(z, J \setminus J_0, \Omega \setminus (J \setminus J_0)) = \int_{\partial K} \omega(\zeta, J \setminus J_0, \Omega \setminus (J \setminus J_0)) dw_{\Omega \setminus K}^z(\zeta).$$

But by Lemma 1, if $\zeta \in K$ then $\omega(\zeta, J \setminus J_0, \Omega \setminus (J \setminus J_0) \ge (1 - \delta)$, and (11) follows. In fact, if $w \in J \setminus J_0$ and $|\zeta - w| \le \alpha \varepsilon$ dist $(w, \partial \Omega)$ then if E is the closure of the component of $J \setminus J_0$ containing w we have

dist
$$(\zeta, E) \le \alpha \varepsilon$$
 dist $(w, \partial \Omega)$
 $\le \alpha \varepsilon (1 - \alpha \varepsilon)^{-1}$ dist $(\zeta, \partial \Omega)$
 $\le c(\delta)$ dist $(\zeta, \partial \Omega)$.

The next step is to estimate $\omega(z, J \setminus J_0, \Omega \setminus (J - J_0))$. Let U_1 , U_2 be the complementary domains of L. Suppose that Ω_0 is the component of $\Omega \setminus (J \setminus J_0)$ containing z, and $\Omega_i = \Omega_0 \cap U_i$, i = 1, 2. Also we define $J_{i,j}$ to be the components of $(J \setminus J_1) \cap \partial \Omega_i$. Note that $J_{i,j}$ belongs to only one of the boundaries $\partial \Omega_i$.

The disk $\Delta(z, d\alpha/2M)$ contains no point of $J \setminus J_0$. We set $r = d\alpha/2M$. Since L is chord arc we have subarcs I_j of $\partial \Delta(z, r)$ such that for some ρ , $\tau > 0$ (depending only on M)

$$I_i \subset \Omega_i \tag{12}$$

$$\lambda(I_i) = \frac{\rho}{2} \pi r \tag{13}$$

 $dist(I_i, L) > \tau r. \tag{14}$

Therefore

$$\omega(z, J \setminus J_0, \Omega \setminus (J \setminus J_0))$$

$$= \int_{\partial \Delta(z, r)} \omega(\zeta, J \setminus J_0, \Omega \setminus (J \setminus J_0)) dw^{z}_{\Delta(z, r)}(\zeta)$$

$$\leq (1 - \rho) + \frac{\rho}{2} + \frac{\rho}{2} \min_{i=1, 2} \max_{I_i} \omega(\zeta, J \setminus J_0, \Omega \setminus (J \setminus J_0))$$
(15)

But for $\zeta \in I_i$

$$\omega(\zeta, J \setminus J_0, \Omega \setminus (J \setminus J_0)) \le \omega(\zeta, J, \Omega_i)$$
(16)

and we see from (15) that it is enough to show that

$$\min_{i} \max_{I_{i}} \omega(\zeta, J, \Omega_{i}) \leq \beta.$$
(17)

We consider now two cases. Let B > 1 be a constant to be determined later; B will depend only on M.

In this first case we suppose there exists $\zeta_0 \in (L \setminus J_1) \cap \partial \Omega_0$ so that

$$|\zeta_0 - z| \le Bd. \tag{18}$$

In this case we let (following [10]) $S_i = L \setminus (\bigcup_j J_{i,j})$. Clearly $L \setminus J_1 = S_1 \cup S_2$. From the maximum principle we obtain for $\zeta \in I_i$

$$1 - \omega(\zeta, J, \Omega_i) = \omega(\zeta, \partial \Omega_i \setminus J, \Omega_i) \ge \omega(\zeta, S_i, U_i).$$
⁽¹⁹⁾

Now we use Lemma 4 for the chord arc domain U_i . Since $\zeta_0 \in L \setminus J_1$ we have that

$$\max_{i} \lambda(\Delta(\zeta_0, r) \cap S_i) \ge \frac{r}{2}.$$
(20)

Consequently by (18), (20) and Lemma 4 we obtain that

$$\max_{i=1,2} \min_{\zeta \in I_i} \omega(\zeta, S_i, U_i) \ge \eta > 0.$$
(21)

where η depends only on *B* and the chord arc constant *M* and so only on *M*. Then from (21), (19), (17), (15) and (11) we get

$$\omega(z, K, \Omega \setminus K) \leq \frac{\beta_1}{1 - \delta}$$
(22)

where $\beta_1 < 1$ depends only on *M*.

This leaves the case where for each $\zeta \in (L \setminus J_1) \cap \partial \Omega_0$ we have $|\zeta - z| > Bd$. Let $w \in \partial \Omega \cap \partial \Omega_0$, |w - z| = d. Notice that $w \notin L$ for $w \notin L \setminus J_1$ by our assumption (and $w \notin J_1$ as $w \notin \Omega$). We can join w to a point on $\partial \Delta(z, Bd)$ with a continuum

 $F \subset \partial \Omega \cap \partial \Omega_0 \cap (\bar{\Delta}(z, Bd) \setminus \Delta(z, d)),$

because if not there would exist $w_1 \in \partial \Omega \cap \partial \Omega_0$, $|w_1 - z| < Bd$ and $w_1 \in L \setminus J_1$ contradicting our assumption in the second case. Since $F \subset \partial \Omega_0$ we have $F \cap (L \setminus J_1) = \phi$ and $F \cap J_1 = \phi$ so $F \cap L = \phi$.

Use a quasiconformal mapping Φ from \mathbb{C} to \mathbb{C} mapping \mathbb{R} onto L, $\Phi(0) = z$, $\Phi(\infty) = \infty$. Also we may assume $|\Phi(1) - z| = r$. Since F does not meet L, without loss of generality $F \subset U_1$ and Φ maps H onto U_1 . Now from the uniform bounds for quasiconformal mapping, (13) and (14) we obtain constants a, b, θ depending

only on the chord arc constant M so that

$$\Phi^{-1}(I_1) \subset S(a, b, \theta).$$
⁽²³⁾

Now, if $\zeta \in I_1$

$$\omega(\zeta, \partial \Omega_1 \setminus J, \Omega_1) \ge \omega(\zeta, F, U_1). \tag{24}$$

But if $E = \Phi^{-1}(F)$ then E is a continuum running from $|z| = c_1$ to $|z| = c_2$, where c_1 depends only on k and c_2 depends on M and B, and $c_2 \to \infty$ as $B \to \infty$. Consequently from Lemma 3, (23) and (24) show that if $B \ge B_0(M)$

$$\omega(\zeta, J, \Omega_1) \leq \beta(M) < 1$$

for each $\zeta \in I_1$, and so, as in the first case, we obtain

$$\omega(z, K, \Omega \setminus K) \leq \frac{\beta_2}{1 - \delta}$$
(25)

where $\beta_2 < 1$ depends only on *M*.

Therefore we choose $\beta = \max(\beta_1, \beta_2)$ and $\delta < 1 - \beta$ and with $\varepsilon = c(\delta)$ see that the proof of the theorem is complete.

4. Proof of Theorem 2

We need the following (see [7]):

LEMMA 6. Let U be a simply connected domain with rectifiable boundary, and f a conformal mapping of U onto Ω . Then for any quasismooth curve L

 $\lambda(f^{-1}(\Omega \cap L)) < c_1 \lambda(\partial U).$

Let g be the Riemann mapping from \mathbb{D} to U. Thus by Theorem 1 arc length $d\mu$ on $g^{-1} \circ f^{-1}(\Omega \cap L)$ is a Carleson measure and hence as $g' \in H^1$

$$\lambda(f^{-1}(\Omega \cap L)) = \int_{\mathbb{D}} |g'| \, d\mu \leq c_2 \int_{\partial \mathbb{D}} |g'| \, d\theta = c_2 \lambda(\partial U)$$

which proves the lemma.

Now let Ω be a hyperbolic planar domain and $f: \mathbb{D} \to \Omega$ be the universal covering map. Suppose that G is the Fuchsian group of Möbius transformations $T: \mathbb{D} \to \mathbb{D}$ which represents the cover group for Ω . The Dirichlet fundamental region \mathcal{D} for G is

$$\{z \in \mathbb{D} : |T'(z)| < 1, \forall T \in G \setminus \{I\}\}.$$

Now \mathcal{D} is a convex set in the hyperbolic metric with rectifiable boundary. Thus by Lemma 6

$$\lambda\{f^{-1}(\Omega \cap L) \cap \overline{T(\mathcal{D})}\} \le c_3 \lambda(\partial T\mathcal{D}) \tag{26}$$

for any quasismooth curve L and $T \in G$. This immediately proves theorem 2. Corollary 1 follows from

LEMMA 7. Suppose that G is the Fuchsian group of a finitely connected planar domain with no point boundary components. Let \mathcal{D} be the Dirichlet region

 $\sum_G \lambda(T \partial \mathcal{D}) < \infty.$

for G. Then

The boundary $\partial \mathcal{D}$ consists of a finite number of disjoint nonconcentric circles orthogonal to the unit disk. Let us denote \mathcal{D} as \mathcal{D}_1 . The region \mathcal{D}_2 is obtained from \mathcal{D} by reflecting \mathcal{D} through each of the orthogonal circles, and adding \mathcal{D}_1 . At the n^{th} stage we obtain \mathcal{D}_n with boundaries exactly *n* reflections of the original circles. Thus $\sum_G \lambda(T\mathcal{D}) = \sum_{n=1}^{\infty} \lambda(\partial \mathcal{D}_n)$. We need

LEMMA 8. There is a constant $\beta < 1$ such that

 $\lambda(\partial \mathcal{D}_n \cap \mathbb{D}) < \pi \beta^n$

Let $E_n = \partial \mathcal{D}_n \cap \mathbb{D}$, F_n be a circle of E_{n-1} and G_n the part of E_n separated from the rest of E_n by F_n . By conformal invariance there is $\beta < 1$ such that dia $(G_n) \leq \beta$ dia (F_n) . However as G_n consists of orthogonal semicircles $\lambda(G_n) \leq \pi$ dia (G_n) . Summing over the components of E_{n-1} gives

 $\lambda(E_n) \leq \beta \lambda(E_{n-1})$

Thus we prove Lemmas 7, 8 and complete the proof of Corollary 1.

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The necessary part of Corollary 2 is derived from using the real line as our curve L. In this symmetric situation $f^{-1}(\mathbb{R})$ is $\bigcup_G T(\partial \mathcal{D})$.

Corollary 3 follows immediately from

LEMMA 9. With the notations above if Ω is a hyperbolic planar domain then

$$\sum_{T \in G} \lambda(\partial T \mathcal{D}) \leq 2\pi \left(\inf_{T \neq I} |T(0)| \right)^{-1} \sum_{T \in G} (1 - |T(0)|^2)^{1/2}$$

where C is a universal constant.

Proof. To see this we will associate to each side of \mathscr{D} and the $T(\mathscr{D})$'s an element $R \in G$ in a 1-1 fashion and in such a way that if $z \in s$ then $\rho(z, R(0)) \leq \rho(z, 0)$, where ρ denotes hyperbolic distance in \mathbb{D} . This is enough because then s is contained in a euclidean disk of radius $|R(0)|^{-1} (1 - |R(0)|^2)^{1/2}$ and so

 $\lambda(s) \le \pi |R(0)|^{-1} \cdot (1 - |R(0)|^2)^{1/2}.$

So consider the side s. It separates two contiguous images of \mathcal{D} , say $A(\mathcal{D})$, $B(\mathcal{D})$ with $A, B \in G$.

The transformations $\{T_i\}$ in G which pairwise identify the sides of \mathcal{D} generate G and in fact since Ω is planar G is freely generated by the $\{T_i\}$.

Now $A = B \circ T_0$ for some generator T_0 so that if $B = T_n \circ \cdots \circ T_1$ is a reduced word then the word length of A is n-1 or n+1 according to $T_1 = T_0^{-1}$ or $T_1 \neq T_0^{-1}$. Changing the roles of A and B we may assume that the latter case occurs and to s we associate $A = T_n \circ \cdots \circ T_1 \circ T_0$. Notice that $A = T_n \circ \cdots \circ T_1 \circ T_0$ determines s by being the side separating $T_n \circ \cdots \circ T_1(\mathcal{D})$ from $A(\mathcal{D})$. Finally $s \subset \partial A(\mathcal{D})$ and so for each $z \in s \rho(z, A(0)) \leq \rho(z, 0)$.

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Dept. of Mathematics University of Maryland College Park, Maryland 20742 USA

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