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## A sharp four dimensional isoperimetric inequality

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### Introduction

Let  $(M, \partial M)$  be a compact  $n$ -dimensional Riemannian manifold (with boundary) of non positive sectional curvature. Assume further that every geodesic ray in  $M$  minimizes length up to the point it hits the boundary. In this paper we show:

**THEOREM.** *If  $(M, \partial M)$  is as above ( $n \geq 3$ ) then  $\text{Vol}(\partial M)^n \geq C(n) \text{Vol}(M)^{n-1}$  where*

$$C(n) = \frac{\alpha(n-1)^{n-1}}{\alpha(n-2)^{n-2} \left\{ \int_0^{\pi/2} \cos(t)^{n/n-2} \sin(t)^{n-2} dt \right\}^{n-2}}$$

and  $\alpha(n)$  represents the volume of the unit  $n$  sphere. If  $n \neq 4$  equality never holds. If  $n = 4$  equality holds if and only if  $M$  is isometric to a flat ball.

This answers a long standing conjecture in dimension 4. The conjecture states that for  $(M, \partial M)$  a compact domain in a complete simply connected manifold of non-positive curvature (which implies the condition of the theorem) we have  $\text{Vol}(\partial M)^n \geq \bar{C}(n) \text{Vol}(M)^{n-1}$  for  $\bar{C}(n) = n^{n-1} \alpha(n-1)$ , with equality holding if and only if  $M$  is isometric to a flat ball. It is an easy computation to see that  $C(4) = \bar{C}(4)$ . The conjecture was proved in dimension 2 by Beckenbach and Radó (see [B–R]) in 1933, and is open in all dimensions except 2, and now 4.

This conjecture is a special case of a more general conjecture (see [A]) where an upper bound  $K$  (not necessarily 0) on the curvature is assumed. The more general conjecture was proved in dimension 2 by Aubin (see [A]), and for constant curvature in all dimensions by Schmidt (see [Sc]).

The isoperimetric constants are related to Sobolev constants (see [A], [Bo], and [FF] among other). In particular we see that for a domain  $D$  in a simply

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connected  $n$ -dimensional Riemannian manifold of non-positive curvature and for any  $g \in H_0^1(M)$  we have

$$\int_D \|dg\| \geq C(n) \left\{ \int_D |g|^{n/n-1} \right\}^{(n-1)/n}$$

where  $C(4)$  is the flat constant.

Such isoperimetric inequalities are interesting even with non-sharp constants. Previous non-sharp versions of the theorem are consequences of results in [H-S] and [C]. The constants  $C(n)$  given here are the best known to the author in all dimensions (greater than 2). In particular  $C(3) = 32\pi$  while  $\bar{C}(3) = 36\pi$ .

## Notation and definitions

We will use the notation of [C]. Let  $UM \xrightarrow{\pi} M$  represent the unit sphere bundle with the canonical (local product) measure. For  $v \in UM$ , let  $\gamma_v$  be the geodesic with  $\gamma'_v(0) = v$  and let  $\xi^t(v)$  represent the geodesic flow (i.e.  $\dot{\xi}^t(v) = \gamma'_{v(t)}$ ). For  $v \in UM$  we let  $l(v) = \max \{t \mid \gamma_v(t) \in \partial M\}$ . Note  $\xi^t(v)$  is defined for  $t \leq l(v)$  and  $\gamma_v(l(v)) \in \partial M$ .

For  $p \in \partial M$  let  $N_p$  be the inwardly pointing unit normal vector to  $\partial M$  at  $p$ . Let  $U^+ \partial M \xrightarrow{\pi} \partial M$  be the bundle of inwardly pointing unit vectors (i.e.  $U^+ \partial M = \{u \in UM \mid \pi(u) \in \partial M \text{ and } \langle u, N_{\pi(u)} \rangle > 0\}$ ). We let  $U_p^+ \partial M$  represent  $\pi^{-1}(p)$ . For  $u \in U^+ \partial M$  we will use  $\cos(u)$  to represent  $\langle u, N_{\pi(u)} \rangle$ . The measure on  $U^+ \partial M$  is the local product measure  $du$  where the measure of the fibre is that of the unit upper hemisphere.

## The proof

The main tool in the proof is a formula due to Santalo:

$$(i) \int_{UM} f(v) dv = \int_{U^+ \partial M} \int_0^{l(u)} f(\xi^t(u)) \cos(u) dt du$$

for all integrable functions  $f$ . The formula takes this form in our case since all geodesics in  $M$  hit  $\partial M$ . For a proof see [Sa] pp. 336–338 or [B] p. 286.

From this we derive:

**LEMMA 1.** a)  $\text{Vol}(M) = 1/\alpha(n-1) \int_{U^+\partial M} l(u) \cos(u) du$   
 b) For all integrable functions  $g$

$$\int_{U^+\partial M} g(u) \cos(u) du = \int_{U^+\partial M} g(\text{ant}(u)) \cos(u) du$$

where  $\text{ant}(u) = -\gamma'_u(l(u))$ .

*Proof.* Part a) follows directly from (i) by letting  $f(v) \equiv 1$  and integrating the  $t$ . That is

$$\alpha(n-1) \text{Vol}(M) = \int_{UM} dv = \int_{U^+\partial M} \int_0^{l(u)} \cos(u) dt du = \int_{U^+\partial M} l(u) \cos(u) du.$$

To prove part b) we first note that (i) says that the geodesic flow  $\xi$  is a measure preserving map from  $Q$  to  $UM$  where  $Q = \{(u, t) \mid u \in U^+\partial M \text{ and } 0 \leq t \leq l(u)\}$  is given the measure  $\cos(u) dt du$ .  $\xi$  has an inverse (smooth almost everywhere)  $\xi^{-1}$  which is also measure preserving, for  $v \in UM$   $\xi^{-1}(v) = (-\gamma'_{-v}(l(-v)), l(-v))$ . Since the antipodal map  $-1 : UM \rightarrow UM$  is also measure preserving we have  $\xi^{-1} \circ (-1) \circ \xi : Q \rightarrow Q$  is measure preserving. Since  $\xi^{-1} \circ (-1) \circ \xi(u, t) = (\text{ant}(u), l(u) - t)$  we see that for every integrable  $G : Q \rightarrow \mathbb{R}$  we have:

$$\int_{U^+\partial M} \int_0^{l(u)} G(u, t) \cos(u) dt du = \int_{U^+\partial M} \int_0^{l(u)} G(\text{ant}(u), l(u) - t) \cos(u) dt du$$

To complete the proof of part b) simply take  $G(u, t) = g(u)/l(u)$  and integrate the  $t$  (note:  $l(\text{ant } u) = l(u)$ ).

**LEMMA 2.** a)  $\int_{U^+\partial M} l(u)^{n-1}/\cos(\text{ant } u) du \leq \text{Vol}(\partial M)^2$  with equality holding if and only if  $M$  is flat and convex.

b)  $\int_{U^+\partial M} (\cos(\text{ant } u))^{1/n-2} (\cos(u))^{n-1/n-2} du \leq \text{Vol}(\partial M) \cdot C_2(n)$  where  $C_2(n) = \alpha(n-2) \int_0^{\pi/2} \cos^{n/n-2}(t) \sin^{n-2}(t) dt$ . Equality holds if and only if  $\cos(u) = \cos(\text{ant } u)$  almost everywhere.

*Remark.* “almost everywhere” above can be replaced with “everywhere” but it is not worth going into.

*Proof.* Let  $dx$  be the volume form on  $M$  and  $dp$  the volume form on  $\partial M$ . Let  $q \in \partial M$ . In normal polar coordinates  $(u, r)$  about  $q$  in the region  $\text{Exp}\{tu \mid u \in U_q^+ \partial M \text{ and } 0 \leq t \leq l(u)\}$  we have  $dx = F(u, r) du dr$  for some function  $F(u, r)$ . Let  $A = \text{Exp}\{tu \mid t = l(u)\}$ . Then  $A \subset \partial M$  and  $dp$  on  $A$  is precisely  $(F(u, l(u))/\cos(\text{ant } u)) du$ . Thus we see

$$\int_{U_q^+ \partial M} \frac{F(u, l(u))}{\cos(\text{ant } u)} du = \text{Vol}(A) \leq \text{Vol}(\partial M).$$

Equality holds if and only if  $A = \partial M$ . That is,  $M$  is (geodesically) star shaped from  $q$ .

Integrating over  $q$  we get

$$\int_{U^+ \partial M} \frac{F(u, l(u))}{\cos(\text{ant } u)} du \leq \text{Vol}(\partial M)^2$$

with equality holding if and only if  $M$  is convex. Part a) now follows since  $M$  having non-positive curvature implies  $F(u, l(u)) \geq l(u)^{n-1}$  with equality if and only if the sectional curvatures of all sections containing  $\gamma'_u(t)$  for some  $t$ , are 0 (see [B-C] Section 11.10).

To prove part b) we apply a Schwarz inequality and Lemma 1b.

$$\begin{aligned} & \int_{U^+ \partial M} (\cos(\text{ant } u))^{1/n-2} (\cos(u))^{n-1/n-2} du \\ &= \int_{U^+ \partial M} (\cos(\text{ant } u))^{1/n-2} (\cos(u))^{1/n-2} \cos(u) du \\ &\leq \left\{ \int_{U^+ \partial M} (\cos(\text{ant } u))^{2/n-2} \cos(u) du \right\}^{1/2} \cdot \left\{ \int_{U^+ \partial M} (\cos(u))^{2/n-2} \cos(u) du \right\}^{1/2} \\ &= \int_{U^+ \partial M} (\cos(u))^{n/n-2} du = \int_{\partial M} \left( \int_{U^+ \partial M} (\cos(u))^{n/n-2} du \right) dq \\ &= \text{Vol}(\partial M) \cdot C_2(n) \end{aligned}$$

In order for equality to hold we need to have equality in the inequality, i.e.  $\cos(\text{ant } u) = K \cos(u)$  almost everywhere for some constant  $K$ . Since the maximum values of both  $\cos(\text{ant } u)$  and  $\cos(u)$  are 1 it is clear that  $K$  must be 1.

*Proof of the theorem.* By Lemma 1a and a Hölder inequality we have

$$\begin{aligned} \text{Vol}(M) &= \frac{1}{\alpha(n-1)} \int_{U^+ \setminus \partial M} l(u) \cos(u) du \\ &= \frac{1}{\alpha(n-1)} \int_{U^+ \setminus \partial M} \frac{l(u)}{(\cos(\text{ant } u))^{1/n-1}} (\cos(\text{ant } u))^{1/n-1} \cos(u) du \\ &\leq \frac{1}{\alpha(n-1)} \left\{ \int_{U^+ \setminus \partial M} \frac{l(u)^{n-1}}{\cos(\text{ant } u)} du \right\}^{1/n-1} \\ &\quad \cdot \left\{ \int_{U^+ \setminus \partial M} (\cos(\text{ant } u))^{1/n-2} (\cos(u))^{n-1/n-2} du \right\}^{n-2/n-1}. \end{aligned}$$

Applying Lemmas 2a and 2b we get

$$\text{Vol}(M) \leq \frac{1}{\alpha(n-1)} (\text{Vol}(\partial M))^{2/n-1} \cdot (\text{Vol}(\partial M))^{n-2/n-1} C_2(n)^{n-2/n-1}.$$

hence

$$C(n) \text{Vol}(M)^{n-1} = \frac{\alpha(n-1)^{n-1}}{C_2(n)^{n-2}} (\text{Vol}(M))^{n-1} \leq (\text{Vol}(\partial M))^n.$$

In order for equality to hold we must have equality in Lemmas 2a and 2b as well as the above Hölder inequality. By Lemma 2a we see that  $M$  must be flat and hence the theorem follows from the classical result in  $\mathbb{R}^n$ , since  $C(4)$  is sharp and  $C(n)$  for  $n \neq 4$  is not. One can also see the  $n = 4$  case directly. Equality in the Hölder inequality gives

$$\frac{l^3(u)}{\cos(\text{ant } u)} = K \cos(\text{ant } u)^{1/2} \cos(u)^{3/2}$$

almost everywhere for some constant  $K$ . By the equality condition in Lemma 2b we see  $l(u) = 2r \cos(u)$  for some constant  $r$ . It is now easy to see (since  $M$  is flat) that  $M$  is a ball of radius  $r$ .

*Remark.* A similar equality analysis for  $n \neq 4$  would require:

- 1)  $M$  flat and convex
- 2)  $\cos(\text{ant } u) = \cos(u)$
- 3)  $l(u) = K \cos^{2/n-2}(u)$ .

No such  $M$  exists.

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