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# Concordance implies homotopy for classical links in $M^3$

by DEBORAH L. GOLDSMITH

## Introduction

In this paper I prove that concordance implies homotopy for classical links in any 3-manifold. The notion of concordance was first developed by Fox and Milnor in [2] for knots in  $\mathbf{R}^3$ , and later extended to links in  $\mathbf{R}^3$  by Fox, in Problem 25 of [1]. Homotopy of links in a 3-manifold  $M^3$  was defined and studied by Milnor in [5].

The proof is entirely geometric, and also quite simple. In fact, at this point I would direct the reader's attention to Figure 4, which indicates a homotopy from a particular ribbon link to the trivial link in  $\mathbf{R}^3$ . The reader might then be led to the proof that all ribbon links are null-homotopic (Lemma 2.3).

The result of this paper has also been obtained by Charles Giffen, independently, and by a different method.

## 1. Main definitions

All maps and spaces are in the P.L. category. Choose a closed 3-cell in the interior of every 3-manifold  $M^3$ , and denote its interior by  $\mathbf{R}^3$ ; let  $\mathbf{R}_{xy}^2 \subset \mathbf{R}^3$  be the  $xy$ -plane in  $\mathbf{R}^3$ . Recall that a map  $g: M \rightarrow N$  of manifolds is proper if  $g(\partial M) \subseteq \partial N$  and  $g(\text{int } M) \subseteq \text{int } N$ .

Certain definitions, where indicated, will be taken from [6] (A. J. Tristram).

**DEFINITION 1.1.** An *oriented link of  $n$ -components* in a 3-manifold  $M^3$  is a proper embedding  $l: \bigcup_{i=1}^n S_i^1 \rightarrow M^3$  of a disjoint union of  $n$ -oriented 1-spheres in that 3-manifold. Let  $L_i$  denote the oriented image  $l(S_i^1)$ , and let  $L = l(\bigcup_{i=1}^n S_i^1) = \bigcup_{i=1}^n L_i$ .

**DEFINITION 1.2.** Two oriented links  $l, l': \bigcup_{i=1}^n S_i^1 \rightarrow M^3$  in  $M^3$  are *ambient isotopic*, if there is an isotopy  $h_t: M^3 \rightarrow M^3$  such that  $h_0 = id$  and  $h_1 \circ l = l'$ .



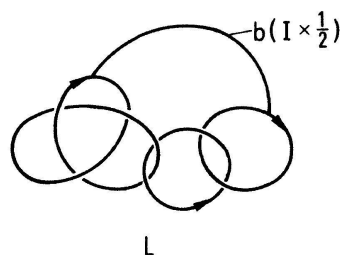


Figure 2

DEFINITION 1.6. The graph associated to a link with connecting bands.

Let  $L \subset M^3$  be a link,  $b_1, \dots, b_n: I \times I \rightarrow M^3$  be a collection of disjoint connecting bands for  $L$ . The graph  $\Gamma$  is constructed as follows: there is a vertex of  $\Gamma$  for each component of  $L$ , and for each band  $b_i$  between two (possibly identical) components of  $L$ , there is an edge joining the corresponding vertices.

DEFINITION 1.7. The link diagram associated to a link with connecting bands.

This is simply  $L \cup A$ , where  $A$  is the collection of connecting arcs associated with the connecting bands for  $L$  (see Figure 4A and 4B).

DEFINITION 1.8. A ribbon link.

Let  $N$  be a compact, oriented 2-manifold such that every component of  $N$  has a non-empty boundary. A *ribbon map* of  $N$  into  $M^3$  is a map,  $g$  say, with no triple points, satisfying: the doublepoint set consists of mutually disjoint arcs in  $N$  which may be paired  $(I_i, I'_i)$  so that  $g(I_i) = g(I'_i)$ , with  $I_i$  properly embedded in  $N$  and  $I'_i$  contained in  $\text{int } N$ , for all  $i$  in some finite indexing set. It is also assumed that the self-intersections of  $g(N)$  at  $g(I_i) = g(I'_i)$  are transverse.

$g(N)$  will be called a *ribbon of type  $N$* , and  $g(\partial N)$ , denoted by  $\partial(g(N))$ , a *ribbon link of type  $N$* . If  $N = \bigcup_{i=1}^k B_i = kB$  is a disjoint union of  $k$  copies of the 2-disk, then  $\partial(g(N))$  is called a ribbon link (see Figure 3A and 3B).

In definition 1.9, let  $kB$  be the disjoint union  $kB = \bigcup_{i=1}^k B_i$  of  $k$  copies of the 2-disk.

DEFINITION 1.9. (Tristram).  $L \xrightarrow{r} L'$ .

Let  $L, L' \subset M^3$  be oriented links. Then  $L \xrightarrow{r} L'$  if for some integer  $k$  there exists a ribbon map  $g: kB \rightarrow M^3 - L$  such that

$$L' \equiv (\dots ((L +_{b_1} \partial \hat{B}_1) +_{b_2} \partial \hat{B}_2) +_{b_3} \partial \hat{B}_3) \dots) +_{b_n} \partial \hat{B}_n,$$

where  $\hat{B}_i = g(B_i)$ .



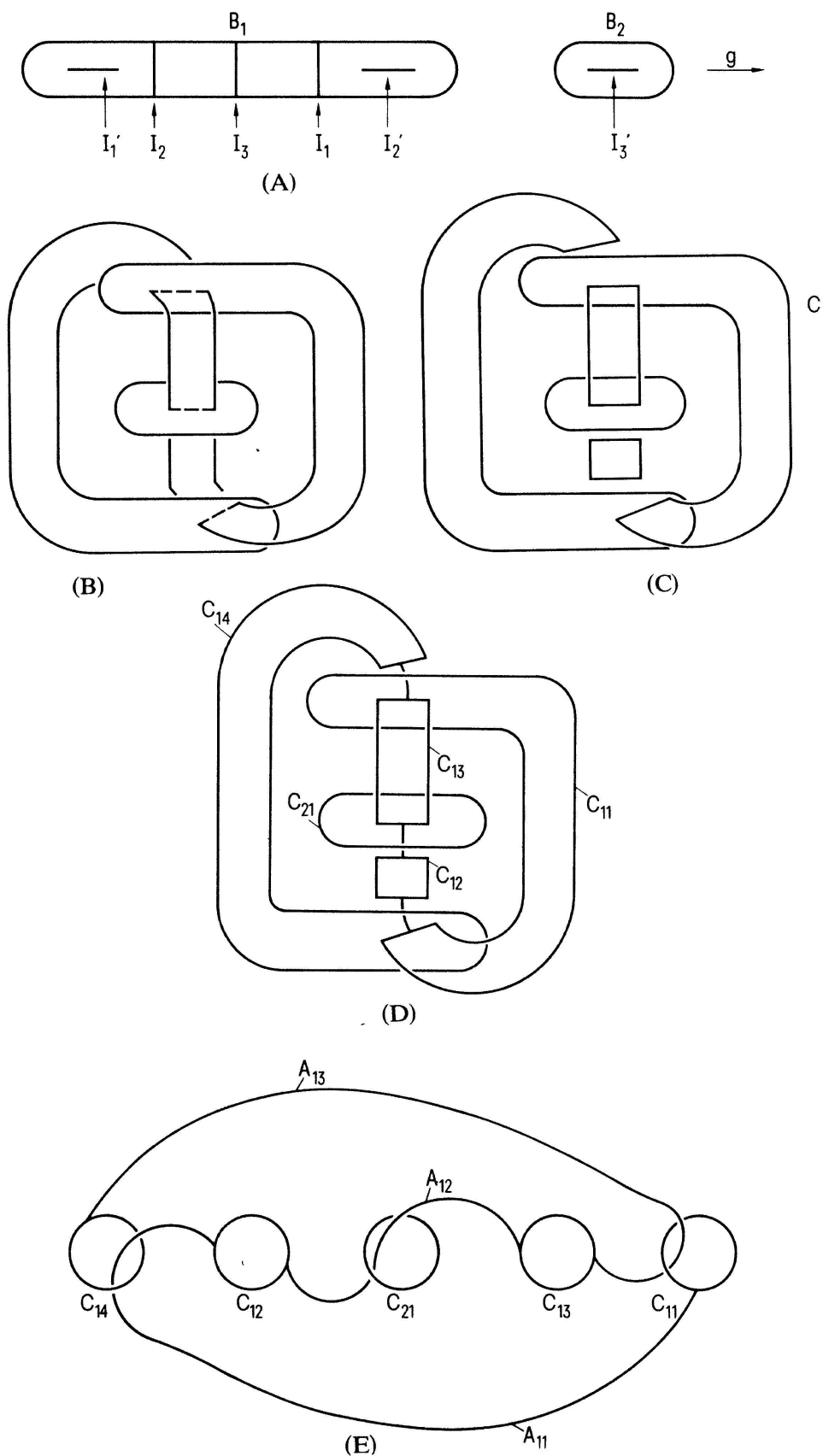


Figure 3. (A) arcs of doublepoints. (B) the Ribbon. (C) the cut ribbon  $g(B')$  (D) the trivial link  $C$  with connecting arcs  $A$ . (E) the trivial link  $C$  (deformed into the  $xy$ -plane) with connecting arcs of  $A$ .

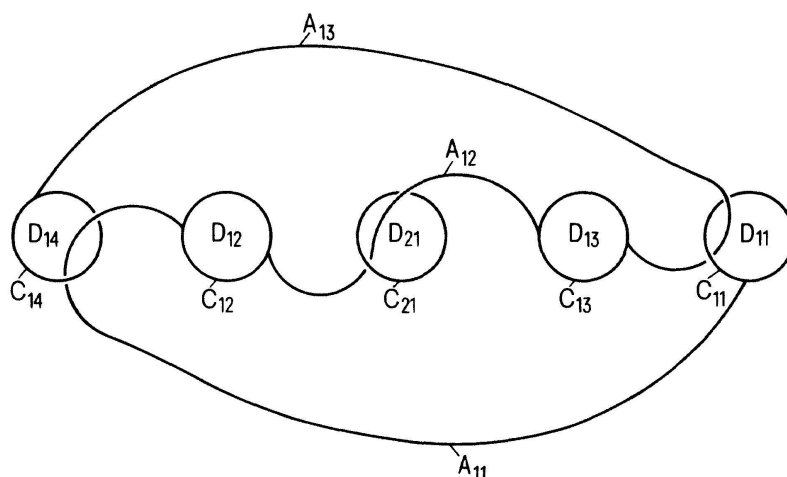


Figure 3F

**DEFINITION 1.10. (Tristram). Ribbon equivalence.**

$L$  is *ribbon equivalent* to  $L'$ , denoted  $L \equiv L'$ , if there exists a sequence of oriented links  $L^1, \dots, L^m$  such that  $L^1 = L$ ,  $L^m = L'$ , and for  $j = 1, \dots, m$ , either  $L^j \xrightarrow{r} L^{j+1}$  or  $L^{j+1} \xrightarrow{r} L^j$ . (The equivalence relation  $\equiv$  preserves the number of components of  $L$ .)

## 2. The main theorem

The approach will be to prove that ribbon equivalence implies homotopy for oriented links in  $M^3$ , since Tristram showed ([6]) that concordance and ribbon equivalence are identical equivalence relations on oriented links in  $M^3$ . (He actually shows this for oriented links in  $\mathbf{R}^3$ ; however his proof goes over unchanged for an arbitrary 3-manifold.)

**LEMMA 2.1.** *Every ribbon link is of the form  $(b_n \cdots (b_2(b_1 C)) \cdots)$ , where  $C$  is a trivial link in the  $xy$ -plane  $\mathbf{R}_{xy}^2 \subset \mathbf{R}^3$ ,  $b_1, \dots, b_n : I \times I \rightarrow M^3$  are disjoint connecting bands for  $C$ , and the graph associated to each component of  $(b_n \cdots (b_2(b_1 C)) \cdots)$  is a tree.*

*Proof.* Let the ribbon link  $\partial(g(N))$  be the boundary of the ribbon  $g(N)$ , where  $N = kB = \bigcup_{i=1}^k B_i$  is a collection of  $k$  disjoint 2-disks (see Figure 3A and 3B). Cut  $kB$  along each properly embedded arc  $I_i$  of doublepoints (i.e., remove the interior  $\bigcup_i I_i \times (0, 1) \subset N$  of a closed, regular neighborhood  $\bigcup_i I_i \times [0, 1] \subset N$  of the arcs  $\bigcup_i I_i$  of doublepoints). Denote the result by  $B'$  (see Figure 3C).

Then  $B'$  is a union of 2-disks  $B_{i1}, \dots, B_{i,m(i)} \subset B_i$ ,  $1 \leq i \leq k$ , and  $C = \partial(gB')$  is a

trivial link, since  $g|B'$  is an embedding. Put  $C_{ij} = \partial(gB_{ij})$ ,  $C_i = \bigcup_{j=1}^{m(i)} C_{ij}$ .

Let  $b_i$  be the connecting band  $g: I_i \times I \rightarrow M^3$  for  $C_i$ , and let  $b_{i1}, \dots, b_{i, m(i)-1}$  be the subcollection of connecting bands  $b_j$  such that  $I_j \subset B_i$ . Then the ribbon link  $R = \partial(gN)$  is  $(b_n \cdots (b_2(b_1 C)) \cdots)$ , and the  $i$ th component of  $R$  is  $(b_{i, m(i)-1} \cdots (b_{i2}(b_{i1} C_i)) \cdots)$ ; the graph associated to the latter is clearly a tree (see Figure 3D). An ambient isotopy will deform  $C$  into the  $xy$ -plane  $\mathbf{R}_{xy}^2 \subset \mathbf{R}^3$ .

**COROLLARY 2.2.** *If  $L \xrightarrow{r} L'$ , then*

$$L' \equiv (\cdots ((L \#_{d_1} R_1) \#_{d_2} R_2) \# \cdots) \#_{d_n} R_n$$

where  $R = \bigcup_{i=1}^n R_i$  is a ribbon link with components  $R_i$ , each ribbon knot  $R_i$  is of the form  $(b_{i, m(i)-1} \cdots (b_{i2}(b_{i1} C_i)) \cdots)$  where  $C_i$  is a trivial link of  $m(i)$  components in the  $xy$ -plane (as in Lemma 2.1), and the connecting band  $d_i$  joins the component  $L_i$  of  $L$  to the component  $C_{i1}$  of  $C_i$ , and is contained in the  $xy$ -plane,  $1 \leq i \leq n$ .

*Proof.* By Definition 1.9 we have  $L' \equiv (\cdots ((L +_{d_1} R_1) +_{d_2} R_2) + \cdots) +_{d_n} R_n$ , where  $R = \bigcup_{i=1}^n R_i$  is a ribbon link with components  $R_i$ , and where  $R_i$  is of the form  $(b_{i, m(i)} \cdots (b_{i2}(b_{i1} C_i)) \cdots)$  as in Lemma 2.1. After ambient isotopy, we may assume each component  $L_i$  of  $L$  passes through the 3-cell  $\mathbf{R}^3$ , and intersects the  $xy$ -plane  $\mathbf{R}_{xy}^2 \subset \mathbf{R}^3$  in a closed subarc; further, we may assume that this subarc is joined by the connecting band  $d_i$  to a closed subarc of  $C_{i1}$ . Now if  $d_i \not\subset \mathbf{R}_{xy}^2$ , deform  $C_{i1}$  by an ambient isotopy which slides the latter closed subarc across the band  $d_i$ , while fixing its endpoints; call the result  $C'_{i1}$ . Then  $C'_{i1} \equiv C_{i1} +_{d_i} C_{i0}$ , where  $C_{i0}$  is a tiny circle in the  $xy$ -plane. Obviously,  $L_i +_{d_i} R_i$  is ambient isotopic to  $L'_i \#_{d'_i} R'_i$ , in the complement  $M^3 - \bigcup_{j \neq i} L_j +_{d_j} R_j$ , where  $R'_i$  is the ribbon knot

$$(d_i(b_{i, m(i)-1} \cdots (b_{i2}(b_{i1} C'_i)) \cdots)), \quad C'_i = C_i \cup C_{i0},$$

$L'_i \equiv L_i$  is moved just slightly to avoid  $C_{i0}$ , and the connecting band  $d'_i \subset \mathbf{R}_{xy}^2$  joins  $L'_i$  to  $C_{i0}$ .

**LEMMA 2.3.** *Ribbon links are null-homotopic (homotopic to a trivial link).*

*Proof.* Let the ribbon link be  $R = \bigcup_{i=1}^n R_i \subset M^3$  with components  $R_i$ . As in Lemma 2.1, let  $R_i = (b_{i, m(i)-1} \cdots (b_{i1} C_i)) \cdots$ , where  $C_i$  is a trivial link of  $m(i)$  components in  $\mathbf{R}_{xy}^2$ , and the associated link diagram is a tree. Let  $a_{ij}$  be the connecting arc associated to the connecting band  $b_{ij}$ , and set  $A_i = \bigcup_{j=1}^{m(i)-1} a_{ij}$ ,  $A = \bigcup_{i=1}^n A_i$ . Thus the link diagram associated to  $R$  is  $C \cup A$ , with components  $C_i \cup A_i$ . Let  $C_{ij}$  bound the disk  $D_{ij} \subset \mathbf{R}_{xy}^2$ , and set  $D_i = \bigcup_{j=1}^{m(i)} D_{ij}$ ,  $D = \bigcup_{i=1}^n D_i$ . Note that the  $D_{ij}$ 's are necessarily disjoint. Finally, let the open 3-cells  $B_{ij} \subset \mathbf{R}^3$  be disjoint, regular neighborhoods of the 2-disks  $D_{ij}$ . (See Figure 3F). Without loss of

generality, we may assume that each arc  $a_{ij}$  meets the  $xy$ -plane transversely, and  $a_{ij} \cap C_{ij} = \partial a_{ij}$ .

For clarity, I will indicate the homotopy from  $R$  to a trivial link, by describing a homotopy of the link diagram  $C \cup A$ . It will be sufficient to move  $C \cup A$  to a homeomorph  $C' \cup A' \subset \mathbf{R}_{xy}^2$  by an appropriate kind of homotopy. The proof that this can be done goes by induction on the components of  $C \cup A$ :

*Induction Hypothesis.* For all  $i < k$ ,  $C_i \cup A_i \subset \mathbf{R}_{xy}^2$ .

Now assume that the induction hypothesis is satisfied for  $k = m$ .

*Proof sketch.* We will first perform a homotopy  $h_t(C \cup A)$  to eliminate points of intersection of  $A_m$  with  $\text{int } D_m$ . During this homotopy, the components  $C_i \cup A_i$ ,  $1 \leq i \leq n$ , must remain disjoint. Then an ambient isotopy will suffice to untangle  $A_m \cup D_m$  from  $\bigcup_{i < m} C_i \cup A_i$ , and carry it into the  $xy$ -plane  $\mathbf{R}_{xy}^2$ , thereby proving the I.H. for  $k = m + 1$ . In so doing, the arcs  $A_i$ ,  $i > m$ , may become more entangled with  $C_j$ ,  $j < m$ .

There exists an isotopy  $h_t: M^3 \rightarrow M^3$  which has support on the 3-cell  $\mathbf{R}^3$ , which leaves the  $xy$ -plane invariant, which fixes  $\bigcup_{i < m} D_i$  and  $\bigcup_{i < m} A_i$ , which is the identity outside of  $B_m = \bigcup_j B_{mj}$  and which fixes the endpoints  $\partial A_m$ , such that  $h_1(A_m) \cap \text{int } D_m = \emptyset$ ; then  $h_t(A) \cup C$  is a homotopy of  $A \cup C$  to a homeomorph  $A' \cup C' = h_1(A) \cup C$ , which satisfies  $A'_m \cap \text{int } D'_m = \emptyset$ , in addition to all of the properties attributed to  $A$ ,  $C$  and  $D$ . We will assume that  $A \cup C$  has been replaced by  $A' \cup C'$ .

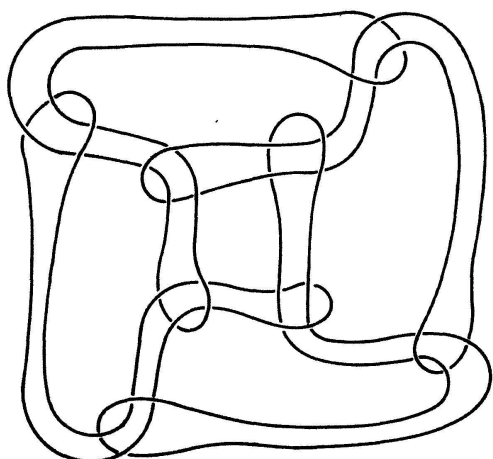
Now  $D_m \cup A_m$  is a simply-connected 2-complex, since  $A_m \cap \text{int } D_m = \emptyset$ . There exist disjoint regular neighborhoods  $U$  of  $D_m \cup A_m$  and  $V$  of  $(\bigcup_{i \neq m} C_i) \cup (\bigcup_{i < m} A_i)$ , such that  $U$  is a 3-cell, and  $B_{m1} \subset U$ . There is then an isotopy  $h_t: M^3 \rightarrow M^3$  with support in  $U$  (hence fixing  $V$ ), which fixes  $D_{m1}$ , such that  $h_0 = \text{id}$  and  $h_1(D_m \cup A_m) \subset B_{m1}$ . There is a further isotopy whose support is in  $B_{m1}$ , which is the identity on  $D_{m1}$ , and carries  $h_1(D_m \cup A_m)$  to a homeomorph  $D'_m \cup A'_m \subset \mathbf{R}_{xy}^2$  (The details of this are omitted; however the proof is easy, and involves an application or two of the Schoenflies theorem.) Thus, the I.H. has been verified for  $k = m + 1$ , which completes the proof.

Figure 4 indicates a homotopy from a particular ribbon link in  $\mathbf{R}^3$  to a trivial link.

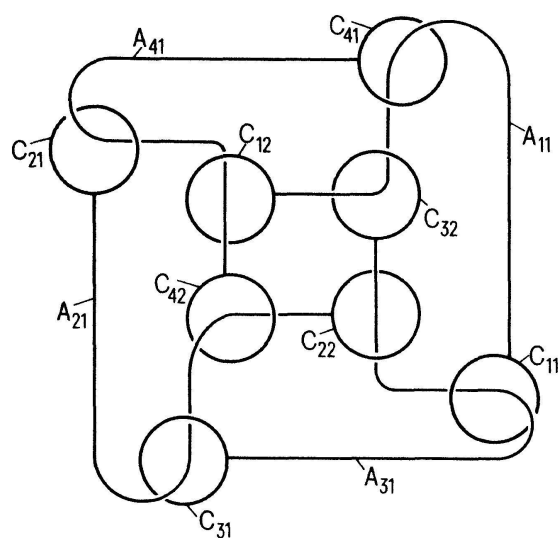
**COROLLARY 2.4.** If  $L \xrightarrow{\cdot} L'$ , then  $L \sim L'$ .

*Proof.* By Corollary 2.2,

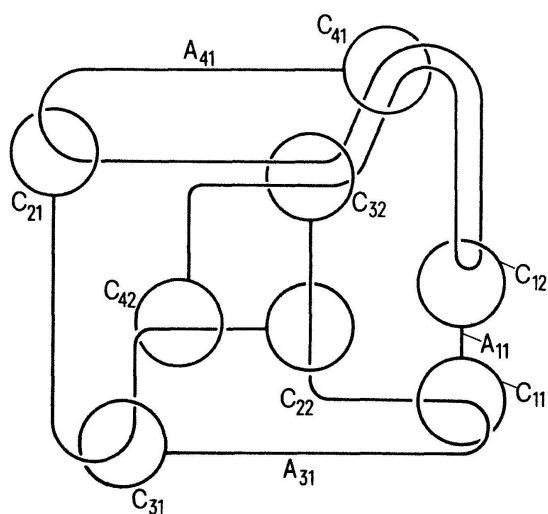
$$L' \equiv (\cdots ((L \#_{a_1} R_1) \#_{a_2} R_2) \# \cdots) \#_{a_n} R_n), \quad \text{where } R = \bigcup_{i=1}^n R_i$$



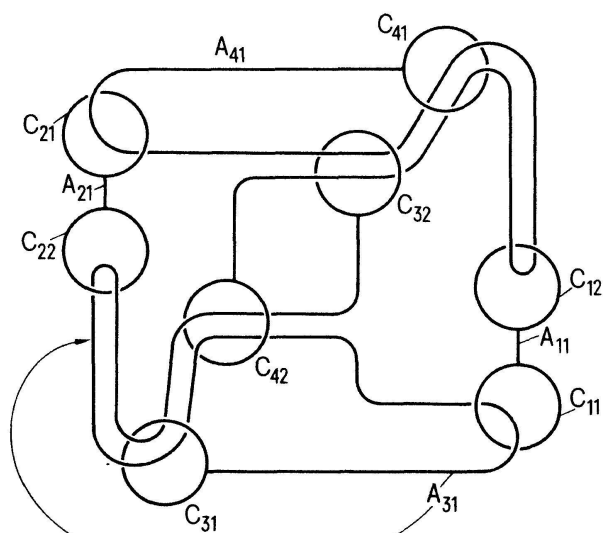
(A)



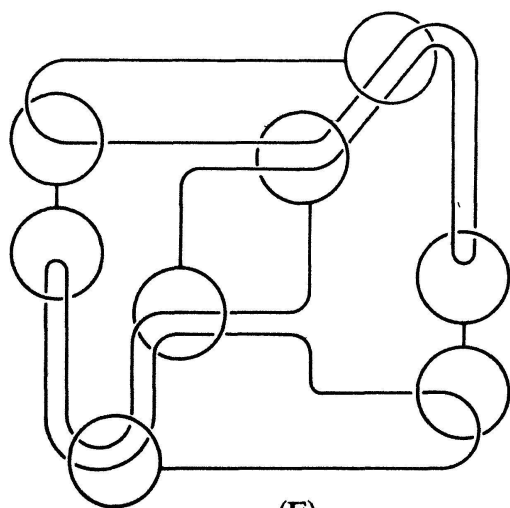
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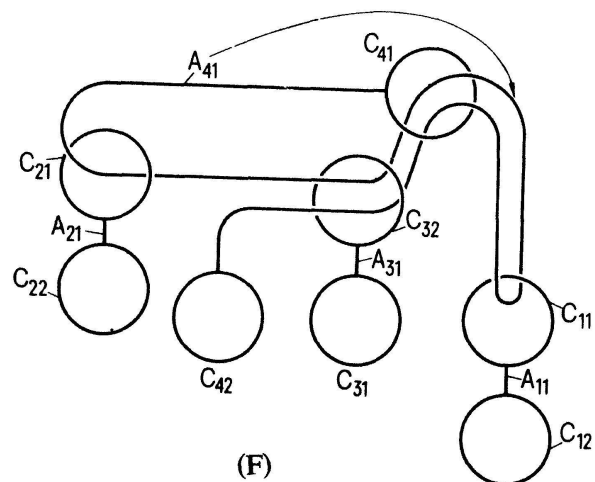
(C)



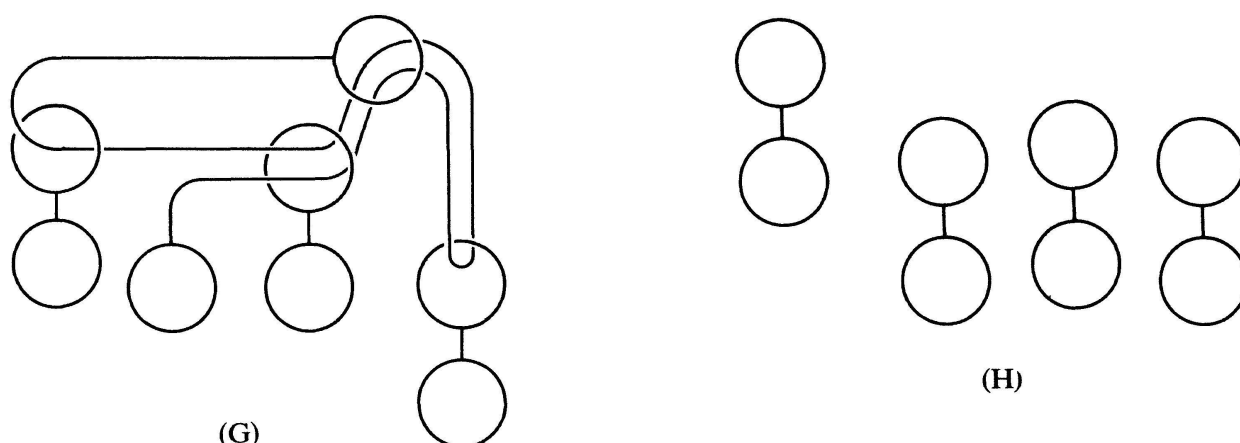
(D)



(E)



(F)

Figure 4. (A) The link  $R$ . (B) The link diagram CUA.

is a ribbon link with components  $R_i$ , the connecting bands  $d_i$  lie in the  $xy$ -plane  $\mathbf{R}_{xy}^2 \subset \mathbf{R}^3$ , and  $R_i = (b_{i,m(i)-1} \cdots (b_{i2}(b_{i1}C_i)) \cdots)$  as in Lemma 2.1. Now an inspection of the proof of Lemma 2.3 quickly reveals that the homotopy from  $R$  to a trivial link  $C^n \subset \mathbf{R}_{xy}^2$  can be made to avoid both  $L$  and the connecting bands  $\bigcup_{i=1}^n d_i \subset \mathbf{R}_{xy}^2$ . Hence  $L' \sim (\cdots ((L \#_{d_1} C_1^n) \#_{d_2} C_2^n) \# \cdots) \#_{d_n} C_n^n \equiv L$ .

**THEOREM 2.5.** *Concordance implies homotopy for oriented links in  $M^3$ .*

*Proof.* It follows from Corollary 2.4 that ribbon equivalence implies homotopy. However, by Tristram (Corollary 1.33, [6]), ribbon equivalence and concordance are identical equivalence relations on oriented links in  $M^3$ .

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