

Zeitschrift: Swiss review : the magazine for the Swiss abroad
Herausgeber: Organisation of the Swiss Abroad
Band: 51 (2024)
Heft: 2: Better to be safe than sorry : Switzerland increases its emergency stockpiles

Artikel: Rejecting the violence she suffered
Autor: Linsmayer, Charles
DOI: <https://doi.org/10.5169/seals-1077615>

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

Download PDF: 09.12.2025

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>

Rejecting the violence she suffered

Author Mariella Mehr fought passionately to rehabilitate the children – like her – who were shut away from society.

CHARLES LINSMAYER

Published in 1981, “Steinzeit” (which translates as “Stone Age”) provides a shocking piece of human testimony that many have not forgotten. The book documents the experiences of a girl called Silvia, who was a child victim of the enforced welfare measures that were once taken against Switzerland’s minority Yenish population – an injustice that she indeed calls the Stone Age.

“Listen! I want to live, despite all the predictions you made about me 30 years ago. I want to live. Do nothing but live,” says Silvia after growing into a young adult. Her will to survive, expressed with great anger, and the experiences that she describes have an immediate authenticity: the mother who did not want her child, and the physical and psychological trauma inflicted on this child – a young member of the Yenish minority with no legal rights – in various homes and institutions.

Trauma

Mariella Mehr, who was born in Zurich on 27 December 1947 to a Yenish mother and a father whose identity long remained unknown, leaves little to the imagination as to her own journey in this, her debut work. After Pro Juventute put her into foster care, Mehr was sexually abused as a small child. She spent time at a psychiatric clinic and was abused by her foster father. She was sent to an orphanage and then to residential school. She gave birth to a boy at Hindelbank women’s prison. Pro Juventute took her son away. She attempted suicide and was admitted to a clinic. Then she put these experiences into writing.

Impressive literary talent

“Steinzeit” not only laid bare the serial abuse to which Mehr was ex-

posed, but also gave a first glimpse of the literary talent that she would continue to display over future decades. In her 1994 novel “Zeus oder der Zwillingssohn”, the Greek god of gods Zeus ends up as a patient in Waldau psychiatric clinic, where one of his female victims brutally mauls and castrates him as if to avenge millions of other victims. Of “Daskind” (1995), Mehr’s novel about a character who

“For twenty-five years, I have been grappling like crazy with the words to articulate fear. I was mute for the first five years, bereft of interaction. Autism means meeting the world and responding with deafening silence.”

Excerpt from “Steinzeit”, Mariella Mehr; paperback; Zytglogge Verlag, Basel.

suffers repeated torture and abuse before rising up against this injustice, the “NZZ” wrote: “If prose made people ill, this book could fill entire hospitals.” “Brandzauber” (1998) is a lament to a Yenish and a Jewish girl who are inseparable at boarding school and meet death “like two angels of fire”.

And in “Akte M. Xenos ill.* 1947 – Akte C. Xenos ill.* 1966”, a play named

after the title of the file that Pro Juventute kept on her, Mehr documents the devastating impact that Switzerland’s racist child welfare policies not only had on her but others too. The author never let the issue go and continued to exercise her agile mind right to the end, writing poems that constitute her final and perhaps most shocking testimony of all. “The future? / It will never free me, / the unwanted child. / Come, she says, / death is an eyelash / on the eyelid of light.”

Making peace with the past

On 5 September 2022, Mariella Mehr died in a Zurich care home at the age of 74. Anyone who met her in her final months would have encountered a woman who had made peace with her almost unbearable past experiences. Her weathered features may have told a different story, but she gave a cheerful, relaxed impression.

Mehr took one of her final journeys in November 2021. Not to the Grand Canyon in Arizona, a natural wonder she would have loved to have visited, but to Berne and the “Vote now!” exhibition, which included a section devoted to her own tireless campaigning. She took fiendish delight in the curator refusing to believe that the anonymous wheelchair user taking part in a tour of the exhibition, clad in a black leather jacket, was none other than Mariella Mehr.

Bibliography: “Steinzeit” is available in paperback from Zytglogge Verlag in Basel. The French translation, “Age de pierre” by Jeanne Etoré, was published in 1987 by Aubier-Montaigne in Paris.

CHARLES LINSMAYER IS A LITERARY SCHOLAR AND JOURNALIST BASED IN ZÜRICH



Mariella Mehr
(1947-2022)