

**Zeitschrift:** Swiss review : the magazine for the Swiss abroad  
**Herausgeber:** Organisation of the Swiss Abroad  
**Band:** 49 (2022)  
**Heft:** 5

**Artikel:** The long shadow of war  
**Autor:** Peter, Theodora  
**DOI:** <https://doi.org/10.5169/seals-1051879>

### **Nutzungsbedingungen**

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften auf E-Periodica. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Das Veröffentlichen von Bildern in Print- und Online-Publikationen sowie auf Social Media-Kanälen oder Webseiten ist nur mit vorheriger Genehmigung der Rechteinhaber erlaubt. [Mehr erfahren](#)

### **Conditions d'utilisation**

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. La reproduction d'images dans des publications imprimées ou en ligne ainsi que sur des canaux de médias sociaux ou des sites web n'est autorisée qu'avec l'accord préalable des détenteurs des droits. [En savoir plus](#)

### **Terms of use**

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. Publishing images in print and online publications, as well as on social media channels or websites, is only permitted with the prior consent of the rights holders. [Find out more](#)

**Download PDF:** 18.04.2026

**ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>**

The Ukraine flag is now a common sight in Switzerland – almost every Swiss school has welcomed Ukrainian children. Pictured: inside the Landhaus school in Herisau (AR). Photo: Keystone



## The long shadow of war

Hope of a quick return to their war-ravaged homeland has faded for the over 60,000 Ukrainian refugees in Switzerland. The consequences of the war are also becoming more tangible to the Swiss population with the looming threat of energy shortages during the winter.

THEODORA PETER

More than six months after Russia's invasion of Ukraine, the horror of war in the middle of Europe has not gone away. The initial hope of many Ukrainians that they would have to flee abroad for a short time only has been dashed. In Switzerland, the refugees are preparing themselves for a prolonged stay. The people who found shelter in the village of Mittelhäusern in Berne (see "Swiss Review" 3/2022) are also trying to reorganise their lives. In the meantime, some of them have been able to leave their host families and move into rented flats.

By now, most refugees have settled well into everyday life in Switzerland, with their children attending school and communication becoming increasingly easy. However, language remains a major hurdle when it comes to finding work. Of the 60,000 Ukrainian refugees in Switzerland, around 33,000 are of working age, but only 10 per cent of them had found a job by the summer. This low percentage is also due to the fact that 80 per cent of the refugees eligible to work are women. Many of them have pre-school-aged children who need to be looked after.

In a survey conducted in July by the research institute Sotomo, more than half of the companies polled expressed a general interest in employing Ukrainians. However, the companies would like more state support for language courses to facilitate integration into the labour market. Potential employers also call for planning security with regard to obtaining residence and work permits for Ukrain-

ian employees. Protection status S, which was initially introduced for one year, will expire in spring 2023.

### Heat less and save electricity

The war in Ukraine is having an impact on energy supplies across Europe, as Russia is using its reserves as leverage and has sharply cut gas deliveries to the West. Many countries are expecting shortages during the coming winter – including Switzerland, where 20 per cent of households heat with gas. The fuel also plays an important role in electricity production and the operation of industrial plants. To make matters worse, Switzerland depends on electricity imports in winter, but energy is becoming scarce all over.

The federal government and the energy industry are opting first to appeal to the general public to save energy, e.g. by taking a shower instead of a bath, turning down the heat, drying laundry outdoors, or switching off appliances completely instead of using standby mode. Voluntary measures could reduce energy consumption by 10 to 20 per cent. State-imposed regulations for lowering temperatures in public buildings and switching off street lights are also conceivable. If none of this helps, gas and electricity rationing for industry and households could even be imposed. In the event of a worst-case scenario, the Federal Council is planning reserve power plants that can also be operated with oil instead of gas if necessary.