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REGIONAL EDITION

UNITED KINGDOM & IRELAND

Editorial

It's time to vote! Campaigning has started to find five delegates to represent Swiss in the UK at the Council of Swiss Abroad in Bern. 16 Swiss nationals have put their names forward for the vote, each with a commitment to contribute actively in improving the situation of the Swiss diaspora. A shortened version of all candidate profiles can be found in these pages. Your ballot slip is on page 6. All you have to do is choose your three top candidates and send the

slip to the Swiss Embassy before the 28th April. A great opportunity to make your vote count!

■ *Much of this issue focuses on the election, but there's also news about cheese and to be more precise research, which reveals how Swiss alpine cheese dates back 3,000 years. Staying on the cheese theme, there are also a few cheesy facts that will impress at your next dinner party!*



ANDREW LITTLEJOHN,
«UK & IRELAND PAGES»

News: Swiss community prepares for election



Bilateral tax agreements, electronic voting, national service, emigration, immigration, pensions, Swiss bank accounts, and, of course Brexit... We live in interesting and trying times. The political landscape is currently shifting right under our feet.

Consequently, the choice of UK representatives to the Council of the Swiss Abroad (CSA) is more crucial than ever. Voted every four years, the appointment of 5 new delegates takes place on Saturday 20th May during FOSSUK's (Federation of Swiss Societies in the UK) AGM in the Coin Street Neighbourhood Centre, just minutes away from London's bustling and culturally eclectic South Bank.

The first part of this annual FOSSUK event, which will be attended by representatives of the Swiss Embassy, as well as from FEDA

(Federal Department of Foreign Affairs) and OSA (Organisation of Swiss Abroad) in Bern, focuses on the usual AGM business and the much-anticipated UK Delegates' appointment.

Following this, two UK-based Swiss artists, painter Sandra Roduit and film director Francesco Bernasconi, will present their latest works. The full programme of activities continues into the evening with a drinks reception and entertainment from folk singer Silvi Vignola.

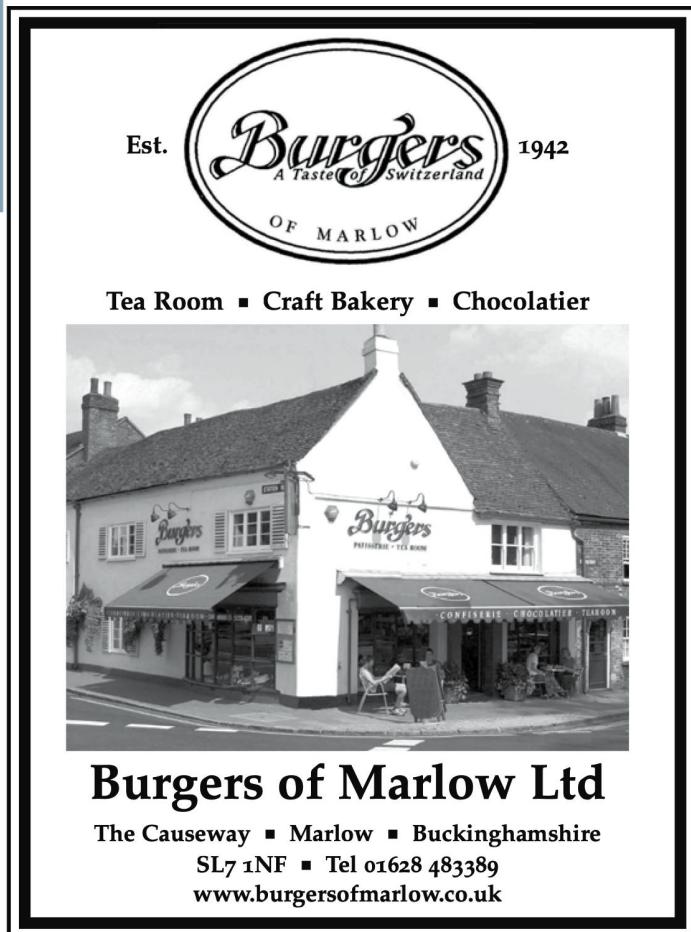
The following day the programme resumes with either a guided tour of London's unique and ever-changing street art or an exciting visit to Tate Modern's new extension designed by the world-renowned Swiss architects Herzog & de Meuron. John O'Mara, who project managed the construction of the Tate's extension, will give an introductory talk.

Media: Social media connects Swiss in remotest parts of UK Facebook groups allow people to come together with a common cause, they act as a platform to express opinions, post photos and share related stories.

I set up the UK's first Facebook group for Swiss in Wales in 2010, because the rural landscape of the country did not allow local-based Swiss nationals to meet up and interact on a regular basis.

More recently I created the 'Swiss in the UK' group and we have just hit the 200 members mark and are still growing steadily. Members live in all areas of the UK, including more remote areas e.g. the Isle of Wight, the Outer Hebrides and the Isle of Arran. The common language is of course English. However, in the spirit of Switzerland's linguistic diversity, 'Swiss in the UK' also aims to keep our linguistic heritage alive by sharing information and interacting in our Swiss languages. Why not join us and meet fellow compatriots from all corners of the UK.

RUTH THOMAS



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Editor's Job - Could you be the new editor of the Swiss Review UK & Ireland pages?

The Federation of Swiss Societies in the UK (FOSSUK) is looking for a part-time editor for the Swiss Review's UK & Ireland regional magazine. The 8-page supplement is produced within the official pages of the Swiss Review. The regional section appears four times a year and contains news reports, articles, interviews and advertisements focusing on the Swiss community living in the UK & Ireland.

You will be expected to commission, write and edit articles relevant to the more than 32,000 Swiss living in both these countries. The new editor should have a journalistic/

writing background, be interested in the activities of the Swiss community and its many clubs and societies, be confident in written English and be drawn to creating an informative and exciting journal.

Should such a challenge tempt you please do not hesitate to find out more by contacting the FOSSUK team: enquiries@swiss-societies.co.uk, as well as the current editor, andrewlittlejohn81@gmail.com

UK: 0118 926 8598



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PASSPORTS AND IDENTITY CARDS

Information for Swiss nationals resident in IRELAND and NORTHERN IRELAND

The Regional Consular Centre in London (RCC) wishes to inform you that a staff member will visit Dublin with the mobile biometric station during the following dates:

8 to 12 May 2017 2 to 6 October 2017

Since the introduction of the biometric passport it has been necessary for applicants to attend in person. The mobile



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Embassy of Switzerland in the United Kingdom
Regional Consular Centre London

biometric passport station permits biometric data to be recorded for the issuing of identity documents (passports and/or identity cards) in **Dublin**.

Please contact the RCC to book an appointment, tel. +44 (0)20 7616 6000 (option 2), or rcclondon@eda.admin.ch

Elections 2017–2021: CSA Elections

ELECTION RULES & REGULATION

This year the Swiss expat community has the unique opportunity to elect 5 new delegates to the Council of the Swiss Abroad (CSA).

All Swiss Nationals, over the age of 18, and registered at the Swiss Embassy in the UK, ARE ELIGIBLE TO VOTE.

You can vote by completing the Voting Slip, which you will find at the bottom of page 6 of these regional pages, or you can access it by going to the FOSSUK webpage: www.swiss-societies.co.uk/elections

There are 16 candidates to choose from. Due to the limited space available in the regional pages you can also find full profiles of each candidate on the FOSSUK website.

According to FOSSUK Bye Laws, out of the 5 delegates representing the Swiss Community in the UK:

2 delegates will be nominated by Swiss Clubs (Corporate Members of FOSSUK). In case there are more than 2 candidates nominated, the FOSSUK AGM on the 20th May 2017 will decide and the candidates with the highest number of votes will be duly elected.

3 delegates will be elected by the Swiss Community at large, by postal vote, using the enclosed voting slip.

As you will see, there are 16 candidates to choose from. Please exercise your democratic right and vote for the 3 candidates you wish to represent the UK in Switzerland.

It is important that you carefully consider your choice from amongst candidates deemed to have first-hand knowledge of Switzerland's political landscape and of Swiss nationals' concerns living in the UK. These delegates are elected for a four year term from 2017–2021 and are tasked with representing your interests vis-à-vis the authorities and the public in Switzerland.

Please cut out/ print off your voting slip with your three preferred candidates and post it to the embassy by **Friday 28th April 2017**.



SALOME BUCHER

Place of Residence: Derby

Languages Spoken: German, English, French and Farsi

Profession: Commercial Account Manager at Rolls-Royce plc

Interests: Long-distance running, volunteering at Childline and reading

Member of: n/a

Summary:

I have been an 'Auslandschweizer' since I was one year old and I firmly believe that I have the passion and dedication to strengthen the contribution of Swiss nationals in the UK to our country's political discourse and I hope that you will let me be the echo of your voice back at home.



SIMON BURGHERR

Place of Residence: London

Languages Spoken: Swiss German, German, English, Japanese

Profession: Sales, Marketing, Logistics

Interests: Photography, travelling, Modern History

Member of: University of Zurich Alumni Organization

Summary:

Modern, diplomatic and open, I stand and act by the essential Swiss values. As your representative, I will make sure that Bern tackles the challenges ahead in a proactive and innovative manner.



NATHALIE CHUARD

Place of Residence: London

Languages Spoken: German, English, French, Spanish

Profession: Brand Manager for Cadbury

Interests: Travelling, London life, reading

Member of: n/a

Summary:

As a proud, dynamic and politically-interested Swiss citizen with a strong network, solid expertise in branding and the drive to make a difference, I would highly value being an active member of the CSA and strengthen ties with our home country.



VINCENT CROSET

Place of Residence: Oxford

Languages Spoken: French, English, (German)

Profession: Research Scientist in Neuroscience/Genetics

Interests: Politics since an early age – I am a member of the Swiss Socialist Party. Other interests include: science, literature, travels and sports

Member of: Oxford Swiss Society

Summary:

As your OSA delegate I would urge our government to: preserve Swiss rights to live & work in the UK; facilitate business & collaboration between the UK and CH; increase representation of Swiss abroad in Swiss institutions; and provide safe and secure online voting for all Swiss abroad.



NOELLE DOWD LEITCH

Place of Residence: London

Languages Spoken: English, German, Swiss-German, some French and Spanish

Profession: Consultant

Interests: Jogging, pilates, travelling, cooking, study of Theology and Philosophy, Corporate Social Responsibility, art, health, being a Mummy

Member of: British-Swiss Chamber of Commerce (BSCC), City Swiss Club, FOSSUK Committee

Summary:

I am passionate about Switzerland, its culture and people. I feel very honoured to be Swiss and would like to contribute in supporting Swiss abroad and representing them & their interests.



FABIAN GMUENDER

Place of Residence: London

Languages Spoken: English, German, French, Italian

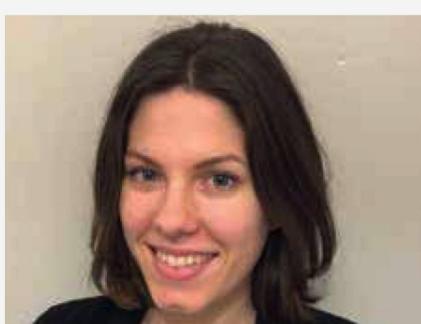
Profession: Communications Consultant

Interests: Skiing, running, tennis, travelling and the arts; particularly literature and modern painting. I am also a founding member and vice-president of an amateur football club in Zurich

Member of: British-Swiss Chamber of Commerce (BSCC)

Summary:

As a Swiss communications expert in London, I care deeply about the dialogue between our communities. We need a strong voice to address any issues affecting the Swiss abroad. I believe my professional experience can strengthen this dialogue and contribute to its success.



SARAH GRAND-CLÉMENT

Place of Residence: Cambridge

Languages Spoken: English, French

Profession: Policy researcher

Interests: Travelling, current affairs, politics, reading, baking

Member of: n/a

Summary:

I want to be a passionate advocate for Switzerland in the UK with a particular focus on younger Swiss nationals living here. I am very interested in Swiss political and legal developments, and want to highlight contributions Swiss people make in the UK.



LOREDANA GUETG-WYATT

Place of Residence: Poole

Languages Spoken: Italian, English and French

Profession: Business Risk Consultant and non-Executive Board Member

Interests: Organising charitable fundraising events, hiking, horse-riding, skiing, concerts, musicals and meeting friends

Member of: Unione Ticinese, New Helvetic Society, FOSSUK President

Summary: It is important for the Swiss living in the UK to be supported and appropriately represented at the Council of the Swiss Abroad. All facets of the Swiss population in the UK should be heard and acknowledged; from long standing ex-patriates to newly arrived students or workers to second or third generations of 'Brit-Swiss'. They all have different challenges and priorities but all have in common their connection to Switzerland.



JEAN LEHMANN

Place of Residence: Weybridge

Languages Spoken: French, English, German, Portuguese

Profession: Entrepreneur

Interests: Politics, geopolitics, finance and economics, social issues, international investments, private equity and venture capital, technology and cyber security, music composition and piano playing

Member of: New Helvetic Society, City Swiss Club

Summary:

Increasingly concerned about the impact of policies in the EU and other countries on Switzerland and Swiss citizens, I feel that being a delegate will allow me to actively contribute to our community.



CHRISTOPHER MORILLON

Place of Residence: London

Languages Spoken: English, French and German

Profession: Management Consultant

Interests: Swiss politics, culture and food, as well as Roger Federer! **Sports:** tennis, football, triathlons and **Entrepreneurship:** I have founded my own company

Member of: City Swiss Club

Summary:

I am proud of my Swiss heritage with family based across Switzerland. As a 28-year-old delegate I would focus on communication with young people, eVoting and the implications of Brexit.



Supported by Swiss Club Edinburgh

FRANZ MUHEIM

Place of Residence: Edinburgh

Languages Spoken: German, English, French

Profession: Professor of Particle Physics at Edinburgh University

Interests: Politics, science, traveling, hiking, bicycling, skiing, visiting family who live near St.Gallen, Switzerland

Member of: Swiss Club Edinburgh, Swisscommunity.org, Facebook groups (Swiss in the UK, Auslandschweizer),

FOSSUK Committee, OSA Delegate since 2012

Summary:

I am a member of the Council of the Swiss Abroad (CSA) and active on Swiss Abroad Social Media groups. In these uncertain times, the CSA will play an even more important role for the increasing number of Swiss Abroad. Using my experience and knowledge of politics in Switzerland and in the UK, I would very much like to continue to represent the 34,000 Swiss citizens living in the UK.



Supported by Unione Ticinese

GIOIA PALMIERI

Place of Residence: Liverpool

Languages Spoken: Italian, English, French

Profession: Journalist

Interests: Literature, art, cinema, politics (regional, national and international), the Alps, nature (I'm a tireless hiker) and folk music

Member of: Unione Ticinese, Swiss Club Manchester, FOSSUK Committee

Summary:

Keen to report on Swiss culture and life, my desire is to voice Swiss people abroad. A Ticinese now at home in Liverpool, I will be committed to help our linguistic and cultural minorities be represented at OSA.



JEAN PIERRE PAYAT

Place of Residence: London

Languages Spoken: German, English, French, Italian, Spanish

Profession: Business mentor

Interests: Business building, multicultural activities, travel, sport (cycling, skiing etc.)

Member of: New Helvetic Society

Summary:

I have experience with Swiss expat and Swiss clubs involvement in different continents and countries. I can support the Swiss in the UK and make the case in Bern for Swiss abroad.



THADSHAGINI THAYALALINGAM

Place of Residence: London, UK
Languages Spoken: German, English and Tamil (my mother tongue)
Profession: IT consultant (audit)
Interests: Sport, music, culture, tradition, religion, photography, reading, cooking, exploring, networking
Member of: n/a

Summary:

Working for an international company, Brexit has become an important topic. Through exchanging thoughts with people I understand their concerns/hopes. I would like to share my experience & know-how.



Supported by Unione Ticinese

ALEXANDRE TISSOT

Place of Residence: Berkshire
Languages Spoken: English and French
Profession: Oracle Senior Director – Europe, Middle East & Africa
Interests: Swiss political, cultural, and business affairs. My interests are both local and international
Member of: City Swiss Club, Unione Ticinese, Swiss Church in London, FOSSUK Vice-President

Summary:

I am pursuing re-election as a serving CSA Delegate to continue bringing my political, business, cultural and philanthropic experience to engage and build the voice of the UK Swiss Community. Successful at raising sponsorship for events, clubs and communities, your vote will allow me to continue community building at all levels.



DOMINIK WEISS

Place of Residence: London
Languages Spoken: German, French, Italian, Spanish, English
Profession: Professor
Interests: Environmental issues, science, sport, music, family, international development
Member of: I served on the board of the Swiss Church between 2000 and 2003

Summary:

I have been living in the UK for more than 17 years, working at Imperial College London. I am very engaged and passionate about Science and Education. I would love to bring this expertise to the CSA and help form a bridge between Switzerland and the UK in this sector.



VOTING SLIP

UK DELEGATES TO THE COUNCIL OF THE ORGANISATION OF THE SWISS ABROAD (CSA)

Candidate 1 _____

To be received no later than Friday 28th April 2017
by post to:

**The Federation of Swiss Societies in the UK
(FOSSUK)**
16–18 Montagu Place
London W1H 2BQ

Candidate 2 _____

Candidate 3 _____

Declaration:

I, Firstname _____

Surname _____ (Capital Letters)

Signed _____ am registered at the Swiss Embassy London and aged 18+

Note that Copies/Printouts of this Voting Slip are acceptable, as long as they are completed and signed by hand! The voter's name on the voting slips should be the same as the registration name at the Embassy and consequently the same as on the Swiss Review address.

1: Southern Area Swiss Club

The Southern Area Swiss Club enjoyed a fabulous lunch at the Frensham Pond Hotel at the end of January superbly organised by our treasurer John Williamson. We also welcomed Camilla Ghislanzoni from Fossuk.

BERNI CURTRESS



Camilla and John sit at the top of the table



Happy faces at the Manchester social

2: Swiss Club Manchester

New year, new beginnings! The Swiss Club Manchester started 2017 with a fantastic social dinner that took place in January at The Cottons Hotel in Knutsford.

The candlelit event was attended by more than 70 guests, who also enjoyed special entertainment organised by club president Juerg Bentele and his

committee. John Plumb, a long-time member, played the accordion and everyone had the chance to sing-a-long thanks to the Swiss song booklets handed out to all those attending.

The entertainment concluded with some club members reading excerpts from Denis de Rougemont's 'The Federalist Attitude' in four languages. The well-known Swiss writer's text emphasizes the double responsibility of citizens within society: 'on the one hand as concerns his own unique vocation, on the other hand as concerns in the community in which he carries out his vocation'.

GIOIA PALMIERI

Report: Swiss alpine cheese dates back 3,000 years

A study led by the University of York and Newcastle University has uncovered the richness of Swiss alpine cheese heritage.

Residue found on ancient ceramic pots discovered in the Upper Engadine region of Switzerland showed traces of dairy lipids, revealing the earliest evidence of cheese making in the high Alps. This ancient cheese heritage, now confirmed as dating back to the Iron Age, is still in use today, but under threat by the increasing dominance of globalised food production. Gerhard Reinecke, founder of Alpages of Switzerland (UK) Ltd. is committed to preserving the Swiss alpine cheese tradition.

'My selection criteria takes into account fullness of taste as well as the use of traditional cheese making methods, often produced in copper vats on open fires' he told the Swiss Review. To ensure the highest quality cheese is presented to clients, Reinecke scours the Alps and ultimately curates a selection of only ten artisan cheeses. Discover the selection of rare Swiss alpine cheeses at www.alpages.co.uk.



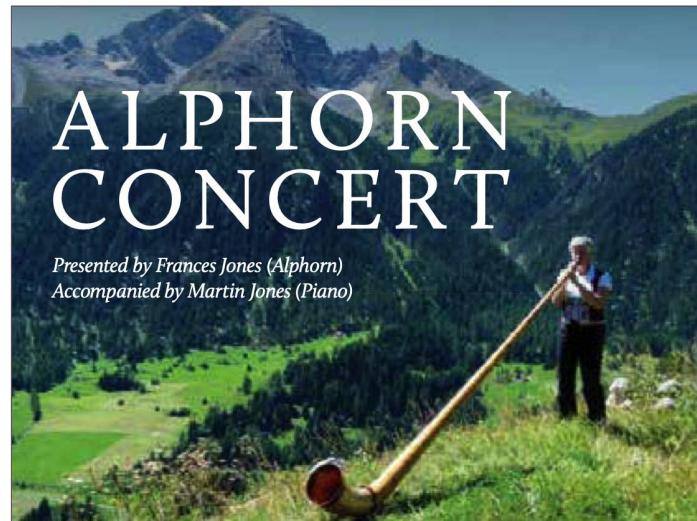
LITTLE KNOWN FACTS ABOUT SWISS ALPINE CHEESE

- According to strict Swiss laws, cheese is only designated 'Alpine cheese' when it is produced in the summer months, in small artisan Alpine dairies located next to the meadows (alpages) where the cows are grazing at altitudes above 1000m (3000ft).
- Alpine cheese is the healthiest cheese in the world, according to a study carried out by the American Heart Association: 'Cheese made of milk from cows grazed on alpine pastures has a more favorable fatty acid profile than all other cheese types.' researchers reported.
- Only 2% of the entire Swiss cheese production is Alpine cheese. Although often referred as such, Emmental, Appenzeller and most of Gruyère cheeses are not alpine cheeses in the sense of the Swiss legislation.
- The distinct taste of Alpine cheese is, in part, due to the variety of flora at such high altitudes. Cows whose milk is used for the cheese making, can consume up to 100 different varieties of herbs and grass – while their conspecifics in the industrialised agricultural environment of the lowlands are restricted to as little as five to ten varieties.

Interview: Swiss woman heading to Royal Garden Party

This issue of the regional pages has focused primarily on the upcoming delegates' election. From the 16 profiles of those participating it is clear that each individual wants to make a difference, whether it is politically, socially or in education. They all stated their commitment to working with the Swiss diaspora in the UK. But of course, there are a variety of ways in which we can make a difference in our communities.

Lucia Hildegard Watson, who was born in the Canton of Thurgau and has lived in the UK since the mid-60s, has spent most of her life helping those less fortunate and in need in the Ipswich area. At the end of last year Lucia was recognised for her outstanding charity work and was awarded a British Empire Medal in the New Year's Honors List. In the following interview, Lucia describes why the voluntary sector became so important in her life.



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IMPRINT

HOW TO CONTACT THE EDITOR: Reports of Swiss society activities, news, coming events, correspondence, articles and advertising for the 'Switzerland in the UK & Ireland' section of the Swiss Review, should go to the editor:

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mail: editor@swissreview.co.uk

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Next Issues

The Swiss Review, with its 'Switzerland in the UK & Ireland' supplement, is published six times a year (four with the UK supplement) in February, April, June, August, October, December.

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21st November 2016

IN CONFIDENCE

Dear Madam,

The Prime Minister has asked me to inform you, *in strict confidence*, that having accepted the advice of the Head of the Civil Service and the Main Honours Committee, she proposes to submit your name to the Queen. She is recommending that Her Majesty may be graciously pleased to approve that you be awarded a British Empire Medal (BEM) in the New Year 2017 Honours List.

Lucia receives an
award for her
community service
in Ipswich



Lucia Hildegard Watson (LHW): My interest in assisting others, particularly the aged, but also the young, most likely stemmed from my losing both parents at an early age. The interest in volunteering possibly stemmed from the situation when my husband's cousin emigrated to the USA. She had been visiting and checking on an elderly lady in a nursing home in our local area. She asked me to take over when she returned to the US, as the lady had no known family to look after her. This led to me visiting other residents in the nursing home and then as our children were growing up and my husband was travelling on business a lot, I volunteered to do Meals on Wheels.

I have always been interested in the work of UNICEF. In 1985, I, together with another two couples, was asked to open an Ipswich branch of the children's charity. During my 30-year association with UNICEF we raised more than £100,000.

When our local church groups got together to provide a soup kitchen for the homeless and needy of Ipswich, I joined my own church group on Tuesday evenings to distribute soup and food. This lasted nearly twenty years. Joining Age Concern and visiting specific elderly people seemed a natural progression for me.

Swiss Review: What have been some of the highlights of your work as a volunteer?

LHW: I would like to think many of my activities have made a difference to people, certainly fundraising does that. However, nothing quite compares with the response of elderly, lonely people when you visit them, particularly when they haven't seen anybody for days. This more than anything moves me. However, possibly most satisfying, apart from the joy in assisting people in need, has been the response from my family and friends in assisting and supporting me in the projects and fundraising events. I would like to think their involvement has led them to become more aware of others' needs and subsequently get involved with their own chosen charities.