# Swiss-Kiwi life stories: the Swiss chalet

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# **Swiss-Kiwi Life Stories**

### The Swiss Chalet

Iconic Hamilton restaurant of the 60's and 70's. Proprietors: Bert and Josie Flühler

On a cold Winter's night in the middle of June 1963, Waikato dignitaries and Wellingtonian friends and family arrived for a complimentary 3 course continental meal cooked and presented by Bert and Josie Flühler. It was an enormous success and thus began the 13 years of the iconic Hamilton "Swiss Chalet" restaurant.

It really started with the immigration of a young Swiss, Engelbert (Bert) Flühler and his brother back in 1952 - drawn to New Zealand by a sense of adventure and the beckoning of fellow Küssnachters already in the country. Bert had already completed his apprenticeship as a toolmaker in the Gewerbeschule in Luzern and had some work experience under his belt. Upon arrival in New Zealand, after the long 6 week boat trip, he worked with the NZ railways (a rather far cry from the efficient Swiss Railways!) until finding employment in his own field of training with Agmar Machinery and Tools in Petone where he worked from 1953-1960.

"I remember going to the "Swiss Chalet" as a kid; it was so posh and such a treat!"

During this time he also did some early mornings and evenings in a catering firm and maybe this is where his interest in the food industry really began. Not only did he work hard, but he also found time to socialize and spend many an evening in the family home of Josephine (Josie) Bitossi, legal secretary and accomplished pianist and broadcaster. They married on 15th November 1958, bought their first home in South Karori and welcomed their first baby in June 1960.

With Bert's insistence, Josie learnt Schwyzerdütsch. This put her in good stead for the arrival of Bert's parents in August 1960 on their first overseas trip to see their two sons and their 3 "kiwi" grandchildren. They travelled extensively throughout NZ visiting other Swiss, experiencing farm and city life, camping and Engelbert Snr even enjoyed some hunting in NZ bush. Then in March 1961 the parents, Bert and Josie and baby Belinda, spent a month

on board the Italian liner "Castlefelice" heading back to Switzerland.

"I was a regular customer on a Friday night during my dinner break."

The plan was to stay in Switzerland for 2 years so that Josie could spend some time in Bert's homeland and with his family. While living in Zürich, Bert worked for an engineering firm while Josie studied piano at the Conservatorium of music. Maybe it was the varied and interesting continental meals and the beautiful patisseries that they had while in Switzerland that were such a contrast to the NZ "steak and eggs" and "fish and chips" in the 1960s, that gave them the idea of opening a restaurant in NZ. Whatever it was, they began to seriously plan for this new venture. Josie learnt how to bake from her brother-in-law, an excellent Konditer and pastry chef, and she also gained some experience by helping out in another brother-in-law's restaurant and hotel in Arbon. Both of them did catering courses and Josie did a serving course - no mean feat in a second language in a climate when many Zürchers were not so welcoming of foreigners.

Armed with these new skills and a lot of stainless steel catering equipment plus decor (Swiss dolls, a miniature chalet, cuckoo clock, copper lamp, brass plant holders etc) they returned to NZ by boat in November 1962, arriving back in time for Christmas. To gain further catering experience, Bert worked at a continental restaurant in the afternoons and evenings and Josie worked in a bakery; both sharing parental duties. The plan was to open a coffee bar in Wellington but they couldn't find empty premises and it was difficult to get a mortgage. When close friends, Wally and Ricky Unternährer, told them about an empty building space in the "Dold's Building", Victoria Street, Hamilton, they decided to investigate this further.

"We used to call in for dinner on a Sunday night on our way back to Auckland after a weekend skiing at Mt. Ruapehu." After many trips from Wellington to Hamilton, their vision began to be realized. A fabulous budding young Wellington architect designed the restaurant as part of his portfolio and a very experienced builder created the interior. A joiner from Frankton made the tables and wooden chairs with hearts in them and Josie sewed red and white gingham table cloths, curtains and aprons. To finance it all, they sold their Karori home and property and moved to Hamilton in June 1963... ready for opening day.

Bert sourced all his vegetables from local markets, meat from Waikato butchers, coffee beans specially blended by the renowned Robert Harris himself and continental meats from "Bell's Small Goods" in Wellington. Josie made all the continental cakes, pastries and apple strudel herself at home, starting at 5am every morning. She also helped cook or serve in the restaurant while juggling the growing family of 3 children and her own piano playing. The restaurant also employed a large staff, amongst them many part-timers.

"The Swiss Chalet," was the only Continental restaurant in Hamilton back then. In the early years, it was open 7 days a week as a coffee bar and restaurant. Staff from the Waikato Times and Telecom and guests from Parklands and Riverview became regular midweek clientele; Thursday nights saw the hairdressers come in

"As a special holiday treat we used to come to the Swiss Chalet by bus from Morrinsville, arriving just before Ilam to partake of the delicious Continental cakes and in time to watch the cuckoo clock in action."

for their dinner break and Friday nights were two sittings for workers and shoppers. Sunday nights were the travellers. It was a busy, popular and "adventurous" eating place where you could order filet mignon, Hungarian goulash, Cordon bleu, spaghetti bolognaise, Bratwurst, Fleischkäse, Lamb's Fry (French style) and the most popular dish, Wiener Schnitzel.

On the 27th March 1976 the Waikato Times featured an article entitled "Auf wienersehen, Bert!" "The man who brought wiener schnitzel to Hamilton is retiring after 13 years as... probably the longest-serving restaurant owner in town". After 13 years of hard team

work, a dream realized and no regrets, Bert and Josie sold the restaurant. Bert returned to his former trade as a toolmaker and worked for Micro Engineering, training many apprentices until he retired. He then continued with a wide range of hobbies until he passed away in February 2014. His funeral was a joyous Swiss occasion and many past customers and employees of the Swiss Chalet attended. Josie became a full-time piano teacher and pianist and today still has her hand in music and good cooking!

Written by: Belinda Cooper-Flühler and Josie Flühler



Assistant Chef Josie Fluhler in kitchen



Josie F Swiss Chalet front of house

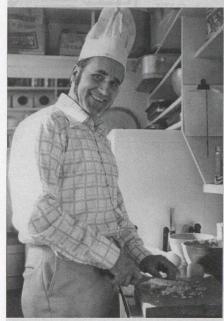


Swiss Chalet kitchen and Bert



Swiss Chalet Restaurant seating

# Auf wienersehen, Bert



The man who brought in 1 ye do u e d continental characteristics for Thirds models, induly wireer to be expected by the continent of the conti

Auf wienersehen Bert newspaper article 27 March 1976

Swiss Proverb:

Die Suppe wird nicht so heiss gegessen wie sie gekocht ist.

Margreth Meier

#### DEAR CUSTOMER

Fine foods require skilful preparation. Please allow the Chef enough time to do justice to your individual dish.

★ If your time is limited the waitress will be pleased to suggest dishes which can be prepared quickly.
We hope you will enjoy your meal and we look forward to serving you again.

ESTERIORS THE CHEF SEE

| CHILLED                                | FRUIT   | JUIC    | ES    |        |
|--|---------|---------|-------|--------|
| omato                                  |         |         |       | 250    |
| range, Pineapple                       |         |         |       | 250    |
| Grapefruit                             |         |         |       | 250    |
|  |         | - 1     | arge  | 40c    |
| со                                     | CKTAI   | LS      |       |        |
| Dyster Cocktail                        |         |         |       | 1.20   |
| eafood Cocktail                        |         |         |       | 1.10   |
| hrimp Cocktail                         |         |         |       | 1.10   |
| una Cocktail                           |         |         |       | 1.20   |
| E                                      | NTREES  | 5       |       |        |
| Aushrooms on Toas                      | 1       |         |       | 1.00   |
| sparagus au beur                       |         |         |       | 1.00   |
| rumbed Oysters w                       |         | are sai | uce   | 1.50   |
| rumbed Scallops v                      |         |         |       | 1.50   |
| callops Mornay                         |         |         |       | 1.75   |
|  | SOUP    |         |       |        |
| oup Du Jour                            |         |         |       | 400    |
| SE                                     | AFOO    | D       |       |        |
| resh fillet of Teraki                  |         |         | with  |        |
| salad and chips                        |         |         |       | 2.00   |
| erakihi Natural (c<br>deep fried) serv | oated i | n egg   | and   |        |
| chips                                  |         | Julia   |       | 2.20   |
| Crumbed fresh schni                    |         |         |       |        |
| sauce                                  | cbs (   | and It  |       | 2.20   |
| lounders — mediu                       | m and   | large   | 1.80  | - 2.20 |
| Dysters natural (1                     |         | -       |       | 2.20   |
| Dysters fried, salad                   |         | hips    | 1000  | 2.60   |
| rumbed Oysters, s                      | alad ar |         | s     |        |
| and tartare sau                        |         |         |       | 2.85   |
| Crumbed Scallops,                      |         | and     | chips |        |
| and tartare sau                        |         |         |       | 2.85   |
| Whitebait Fritters i                   | n seaso | on      |       | 0.00   |
| (Sept Nov.)                            | and a   |         |       | 3.00   |

| H                          | OURS OF                | BUSINESS  |
|----------------------------|------------------------|---|
| Monday<br>Friday<br>Sunday | - Thursday<br>Saturday | 9.30am - 4.30pm<br>9.30am - 8.30pm<br>5.00pm - 8.00pm<br>Closed |

## OUR MOST POPULAR MEAL WIENER SCHNITZEL HAVE YOU EVER TASTED IT?

| Salmon Salad and Mayonnaise                                 | 2.40 |
|---|------|
| N.Z. Tuna and Mayonnaise                                    | 2.50 |
| Prawn Salad with Cocktail Sauce                             | 2.60 |
| Vegetarian Salad, served with                               |      |
| cooked vegetables and rice                                  | 2.00 |
| Kalte Platte (Assorted Continental                          |      |
| cold meats and salad)                                       | 2.50 |
| SIDE SALAD BOWLS  |      |
| Mixed Salad   | 60   |
| Tomato Salad (in oil and vinegar)                           | 60   |
| Potato Salad  | 40   |
| Coleslaw  | 40   |
| Green Bean Salad  | 50   |
| 100000000000000000000000000000000000000                     |      |
| CHILDREN'S PORTION<br>(for children only)                   |      |
| Wiener Schnitzel, with rice and                             |      |
| salad or vegetables and chips                               | 1.20 |
| Fried Fish and Chips  | 1.00 |
| Filet Steak   | 1.50 |
|   |      |
| Frankfurters Saurages                                       |      |
| Frankfurters, Sausages<br>Chicken with vegetables and chips | 1.30 |

|                 | ADD    | ITION  | AL     |      |     |
|-----------------|--------|--------|--------|------|-----|
| 1 egg 15c       |        |        | 2      | eggs | 250 |
| Onions, Tomat   | oes (  | each p | ortion |      | 300 |
| Rice, Vegetable | es eac | h_     |        |      | 300 |
| Plate of Chips  |        |        |        |      | 400 |
| Mushrooms       |        |        |        |      | 600 |
| Tartare Sauce   |        |        |        |      | 250 |
| Mayonnaise      |        |        |        |      | 250 |

| All served with chips and vegetable  | es   |
|--|------|
| Sirloin Steak  | 2.50 |
| Filet Steak (prime cut and tender)   | 2.70 |
| Minute Steak (thinly cut choice filet<br>steak, specially for those who like<br>their steak well done) | 2.70 |
| Filet Mignon (prime filet steak grilled<br>to perfection wrapped in bacon<br>smothered with mushrooms  | 3.00 |
| Filet Hawaii, cooked with garlic and served with grilled pineapple                                     | 2.80 |
| Pepper Steak (seasoned with black pepper)  | 2.80 |
| Carpet Bag Steak, filled with raw  |      |
| oysters and shrimps  | 3.00 |
| Hamburger Steak  | 2.20 |
| Cheeseburger Steak   | 2.20 |
| Bacon, Eggs and Chips  | 2.00 |
| Ham, Eggs and Chips  | 2.00 |

RARE: Brown crust with cool red juicy ELL DONE: Outside black, very dry — tends to be tast

How do you like your Steak ?

Cheese and Onion

| CONTINENTAL MEALS   |      |
|---|------|
| Wiener Schnitzel with Rice and Salad or Vegetables<br>and Chips   | 2.00 |
| Wiener Schnitzel (smaller portion for the not-so-hungry)  | 1.70 |
| Fleischkase (grilled continental meat loaf specially made<br>for the Chalet) served with salad and chips              | 2.20 |
| Bratwurst (Continental veal sausage) grilled with salad and chips or vegetables and chips                             | 2.20 |
| Alpine Sticks (tasty Swiss sausages specially made and exclusive to us) served with salad and chips                   | 2.20 |
| Frankfurters with vegetables and chips or salad and chips   | 2.20 |
| Ruhr-Ei with Speck (poached eggs, bacon and chips)  | 2.40 |
| Wurst 'n' Eggs (A continental dish with a difference, Grilled<br>Swiss sausages, topped with 2 fried eggs, and served |      |
| with coleslaw and chips)  | 2.40 |
| Lamb's Fry with vegetables and rice (cooked French style) in butter and onions  | 2.00 |
| POULTRY   |      |
| Roast Chicken, served with salad, vegetables and chips  | 2.50 |
| Barbecued Chicken, Garni  | 2.40 |
| Quarter Roast Chicken for the not-so-hungry   | 2.00 |
| Maryland Chicken (tender chicken pieces, crumbed and deep fried to perfection)  | 2.60 |
| Curried Chicken (tender pieces of chicken cooked to<br>perfection in curry sauce served with rice and                 | . 71 |
| vegetables)   | 2.75 |
| Chicken a' la Creme (tender chicken pieces served with rich cream sauce, rice and vegetables)                         | 2.75 |

CONTINENTAL MEALS

Half portions for adults 25c off list price.

| LUNCHEON SPECIALS<br>(12 - 2.30 p.m. only)   |      |
|--|------|
| Soup and Toast   | 55   |
| Toasted Sandwiches (depending on fillings) from<br>Steak Toasted Sandwich served on toast with   | 65   |
| coleslaw and tomatoes  | 85   |
| Bacon, egg and chips   | 1.40 |
| Ham, egg and chips   | 1.40 |
| Mini Salad   | 70   |
| Russian Eggs   | 70   |
| Beef Curry (during winter months)  |      |
| Pancakes   |      |
| Pancakes Belinda (generous pieces of tender spring chicken in fresh mushroom sauce)  | 1.80 |
| Pancakes Prowns Mediterranean (a big helping of<br>succulent prawns in a coolly delectable cocktail  |      |
| sauce)   | 1.80 |
| Sweet Pancakes (pancakes, ice cream and cream,<br>with something simply superb to enhance the<br>flavour. Take your pick: Lemon and sugar,<br>cinnamon and sugar, honey, jam or golden |      |
| syrup),  | 80   |

| Fruit Salad                         |              |            | 1     |
|-------------------------------------|--------------|------------|-------|
| Peach Melba                         |              | All served | and.  |
| Coupe Denmark                       |              |            | -     |
| Boysenberries                       |              | with       | 140   |
| Strawberries (in se                 | eason)       | Ice Cream  | 100   |
| Pineapple or Band                   | ana Fritters | and Cream  | 1675  |
| Meringues Chantil Apfel Strudel and | Cream        |            | 1     |
|                                     | HOT DRIN     | IKS        |       |
| Coffee — 20c                        | Tea — 20c    | Choc       | olate |
|                                     |              |            |       |
|                                     | COLD DRIP    | NKS        |       |

### SPECIALTIES OF THE HOUSE

Recommended only to the connoisseur who is not in a hurry.

HAWAIIAN STEAK SPECIAL 2.85 Filet steak marinated in red wine, and soya sauce and served with grilled pineapple, vegetables, chips and salad.)

PORK FILLET CHARCUTIERE (Pan fried pork fillet pieces served with a tasty red wine sauce.)

HAWAIIAN HAM (Gami) (Thick slice of succulent ham marinated in pineapple juice and served with grilled pineapple.)

VEAL STEAK CORDON BLEU

RAHM SCHNITZEL

(Pan fried natural veal steak topped with delicious Cream Sauce, served with rice and salad, or vegetables and chips.)

BEEF STROGANOFF

(Finely sliced filet steak cooked to perfection with cream and mushrooms, served on rice. A delight to eat.)